

# “The Sophisticated Cow”

Designed by Jean Katherine Smith  
Featuring the Farm Chic Collection by Kate McRostie  
Size: 58" x 80"













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# “The Sophisticated Cow”

Designed by Jean Katherine Smith  
 Featuring the Farm Chic Collection by Kate McRostie  
 Size: 58" x 80" / Block size 13"

Fabric Picture	Quantity	Fabric Number	Placement of Fabric	Cutting
	1 1/4 yards	36390-X Multi	Squares	Cut 3 – 13 1/2" strips Cut into 7 – 13 1/2" squares
	2/3 yard	36394-3 Green	Inner Border and Sashing	Cut 9 – 2 1/2" strips
	3/8 yard	36394-1 Blue	Block	Cut 6 – 1 7/8" strips
	3/8 yard	36394-2 Black	Block	Cut 6 – 1 7/8" strips
	3/8 yard	36395-3 Green	Block	Cut 6 – 1 7/8" strips
	3/8 yard	36395-5 Blue	Block	Cut 6 – 1 7/8" strips
	3/8 yard	36396-1 Blue	Block	Cut 6 – 1 7/8" strips
	3/8 yard	36396-3 Green	Corners of Block	Cut 2 – 4 1/2" strips Cut into 16 – 4 1/2" squares Cut diagonally once 
	1 1/4 yards	36393-X Multi	Border	Cut 7 – 5 1/2" strips



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Yardage continued

	1/2 yard	36396-2 Black	Binding	Cut 7 – 2 1/4" strips
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Additional Material Needed:

- 64" x 86" Quilt Backing
- 64" x 86" Quilt Batting
- 45° Triangle Ruler

1. Sew Block Strips together in this order. Press seams in one direction. Make 6 units.



2. Using the 45° Triangle Ruler cut 12 triangles (6 light and 6 dark) from each unit. You need a total of 64 triangles (32 light and 32 dark). There will be extras.



3. Sew the 32 light triangles and the 32 dark triangles into pairs. Sew them all the same way. Press. Sew the pairs together to create half-blocks. Iron the seams to all go in the same direction. Iron the very center seam open and flat. Make 8 blocks.



4. Sew a green triangle to each dark triangle centering the long side of triangle to dark strip. Press and trim blocks.

The block should measure 13 1/2" square.



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5. For the first and last columns sew 3 pieced blocks to two cow blocks alternating blocks.

Press seams toward cow block. Make 2.



6. For the middle column sew 3 cow blocks to 2 pieced blocks alternating blocks.

Press seams toward cow block.



7. Sew green sashing strips together end to end. Sew between columns and on the sides. Press and trim. Sew sashing strips to top and bottom. Press and trim.



8. To make outer border measure top to bottom and then make two strips that length from 5 ½" fabric strips. Should be about 5 ½" x 69 1/2" for side borders. Sew to each side. Press and trim. Measure side to side and then make 2 strips. Should be 5 ½" x 58 1/2" for top and bottom border. Sew borders to top and bottom of quilt. Press.
9. Make quilt sandwich with batting and backing. Quilt and bind as desired.

**For questions or more information contact:  
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