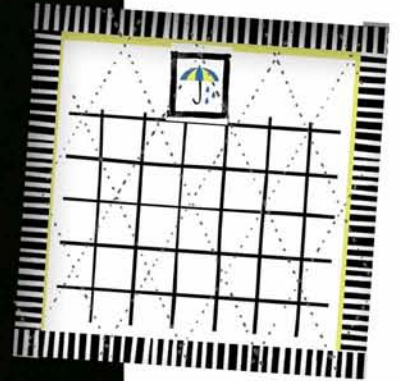


# Kitchen Pals

Designed by Whistler Studios  
Featuring the 8 Days a Week Collection by Ampersand



Trivet



Oven Mitt



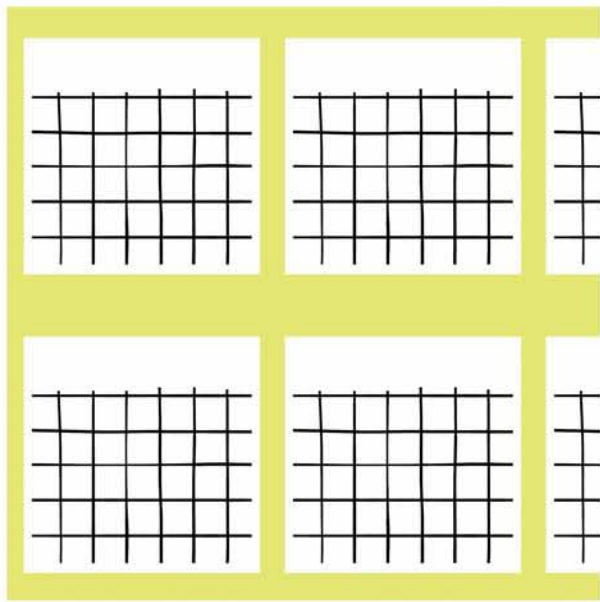
Check [www.windhamfabrics.com](http://www.windhamfabrics.com) Free Project section to see if there are any pattern updates before you start your quilt project

**WINDHAM FABRICS**

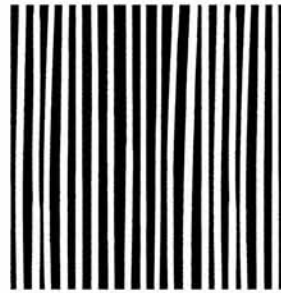
812 Jersey Ave ~ Jersey City, NJ 07310 ~ 201.659.0444 ~ FAX: 201.659.9719  
[www.windhamfabrics.com](http://www.windhamfabrics.com) email: [retail@windhamfabrics.com](mailto:retail@windhamfabrics.com)

# Kitchen Pals

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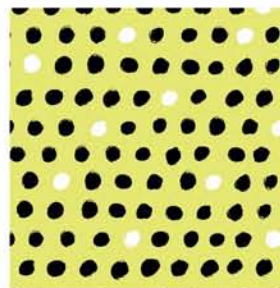
37459-X



37463-2



37462-X



37464- 5



35370-1

## Fabric Requirements:

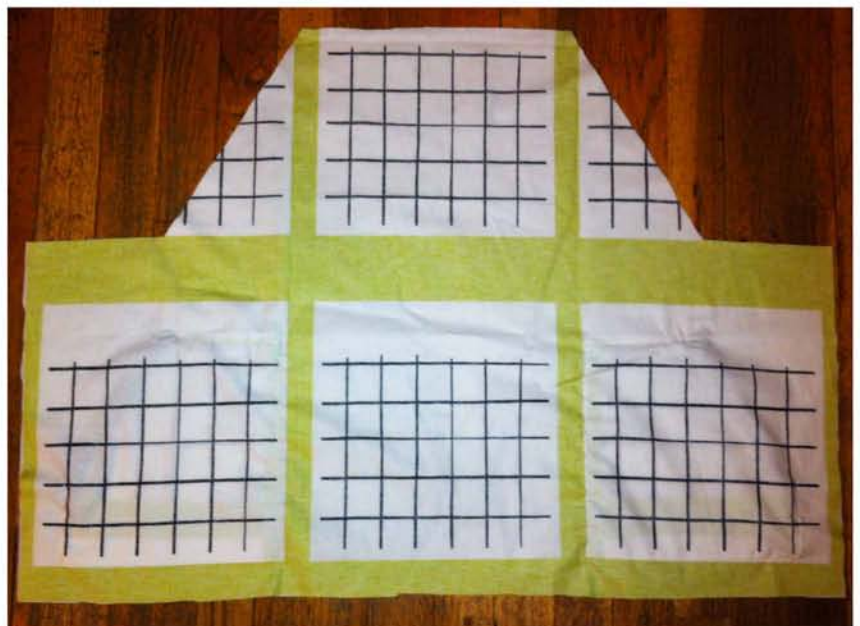
2/3 yard 37459-X Multi Grid blocks or the width of 2 panel blocks  
3/4 yard 37463-2 Black Stripe  
Fat Eighth 37462-X Icon Print  
Fat Quarter 37464-5 Lime Dot  
7/8 yard 35370-1 White Solid for Apron Lining  
(1) pack of Insul-Bright ® needle punched insulated lining  
1/2 yard batting

## Cutting:

37459-X Multi for Apron top

Cut out the apron shape for the top following the picture at right. Save the portions of the grid blocks you cut from the top as they are to be used for the pockets.

**Note:** The top is about 11 1/2" wide. Based on your size, you might want to cut it narrower at the top especially if you have a small body frame.



# Kitchen Pals

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## 37463-2 Black Stripe

Cut (6) 1 3/4" x width of fabric (WOF) strips for bindings and apron ties.

Cut (1) 31" X 7" rectangle for bottom of apron

Cut (2) Oven Mitt pieces using template

## 37462-X Multi Icon Print

Cut (3) icon patches of choice (or as many as you want to applique on your apron)

## 37464-5 Lime Dot

Cut (1) 2 1/4" x WOF strip for binding of oven mitt

Cut (2) 10" x 10" square for back of Trivet

## 35370-1 White Solid

Cut (1) lining - see instruction further into assembly

Insul-Bright® needle punched insulated lining

Cut (2) Oven Mitt lining pieces using template

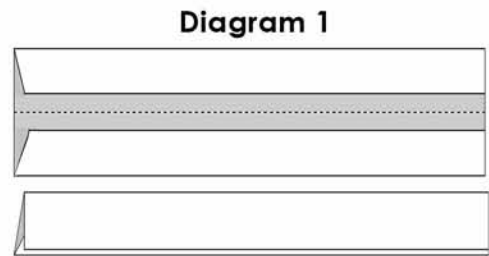
Batting

Cut (2) 10" x 10" square for Trivet

## Apron Assembly:

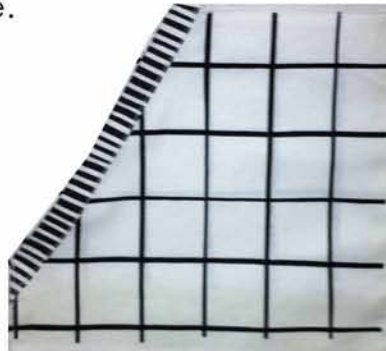
**Note:** All seam allowances are 1/4" wide.

1. Take (1) of the the 1 3/4" black stripe strips and fold long edges towards the middle with wrong sides together as shown in Diagram 1.



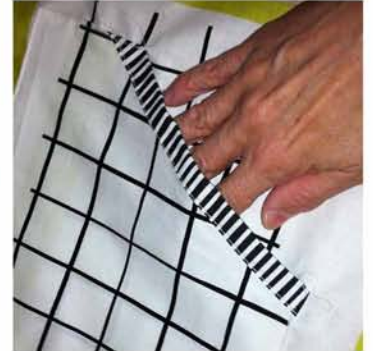
2. Cut length to match angled side of the pocket blocks and bind off the edge. Diagram 2

Diagram 2



3. Take pocket block on top of the apron on the outside bottom grid squares of the apron. Match the grid at the opening side and edge stitch around the 3 sides of the pocket leaving the bound edge side open. Diagram 3

Diagram 3



4. Take the 31" x 7" rectangle of the black stripe and sew it onto the bottom of the apron. Press the seam allowance up toward the apron, press flat and 1/4" topstitch.

5. At this point, you should applique the 3 icon patches to the bib of the apron using your favorite applique method. Diagram 4

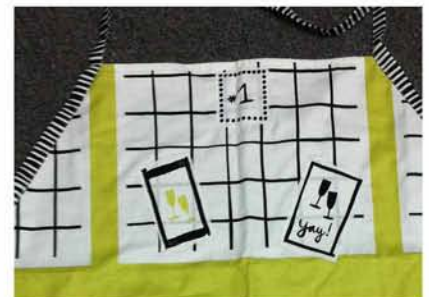


Diagram 4

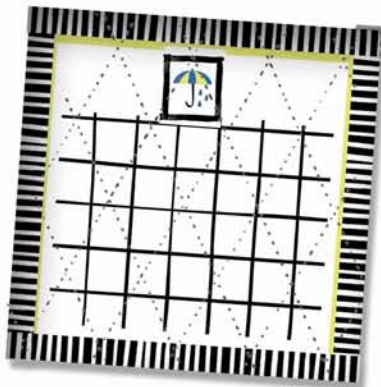
# Kitchen Pals

Page 3

6. Take the lining fabric and lay the apron on top. Using the apron as your template, trace the outline of the apron onto the lining fabric and cut out the lining piece. Trim off 1/2" of fabric from bottom of lining. This will ensure the lining will not hang longer than the apron top.
7. Make a 1/4" wide hem on the apron by folding back 1/4" and fold 1/4" again, then topstitch. Repeat the same step on the lining.
8. With wrong sides together, stitch the the top edge of the apron bib and each side of the apron. Turn and press flat.
9. Take 2 pieces of the 1 3/4" black stripe strips and join them together. Fold as instructed for the pocket binding in Step 1. Fold as instructed for the pocket binding in Step 1.
10. Starting at a point 26" from the end, pin or baste the binding to the curved portion of apron starting at the top.
11. Edge stitch the binding starting at one end and sew through to the other end.
12. Repeat binding on the other side.

## Trivet Assembly:

1. Take the 10" grid square from 37459-X Multi Grid and applique one icon image of choice at top.
2. Layer top, batting and one 37464-5 Lime Dot square and quilt using your favorite quilt design.
3. Bind off edges with the black stripe fabric. Repeat for the other trivet.



# Kitchen Pals

Page 4

Oven Mitt Assembly:

See attached instructions for the oven mitt assembly and template supplied by Insul-Bright®. You can also visit the website: [www.warmcompany.com](http://www.warmcompany.com)

Add a loop and bind off top edge with 37464-5 Lime Dot.



## Insul-Bright®

Needlepunched Insulated Lining

The shiny side of your Insul~Bright should face the hot or cold item allowing it to reflect the energy back to its source. The polyester protects your hands, while the cotton batting absorbs condensation. No pre-wash is necessary. Machine wash warm & tumble dry finished oven mitt and pot holder.

### Oven Mitt Instructions

- 1) Cut two 9" x 12" pieces from each fabric - cover fabric, Insul~Bright, Warm & Natural batting & the lining fabric.
- 2) Trace enlarged oven mitt pattern on right side of one 9" x 12" piece of cover fabric. Trace a reversed mitt on the right side of the other piece of cover fabric.
- 3) Layer and baste oven mitt fabrics together in this order: cover fabric, Insul~Bright, Warm & Natural cotton batting, lining fabric. Zig-zag stitch through all fabrics around the cuff edge of the oven mitt. Trim away excess fabric from cuff edge. Make a reversed set.
- 4) Bind entire cuff edge with bias binding. If desired, add a hanging loop by stitching the ends of a 4" length of ribbon under the binding.
- 5) Lay the sets of fabric together with lining fabrics facing out. Zig-zag stitch around all edges EXCEPT the cuff edge. Trim away excess fabric from zig-zagged edge. Turn right side out.

**Enlarge by  
60%**

\*Make a matching pot holder by cutting two 6" squares of cover fabric & sandwich a layer of Insul~Bright between layers of Warm & Natural. Add 1/4" binding around.

#### Insul~Bright Recommendations

Use with at least one layer of cotton batting, such as Warm & Natural or Warm & White, to absorb condensation.

Made In USA • Satisfaction Guaranteed!  
Not Intended for Microwave Use

**The Warm Company**  
(800) 234-9276  
[www.warmcompany.com](http://www.warmcompany.com)

Be sure to visit [www.windhamfabrics.com](http://www.windhamfabrics.com) to see the complete collection and to download other Free Projects

WINDHAM FABRICS