

# Journey to Nature

Designed by Natalie Crabtree

Featuring *Love the Earth* by Virginia Kraljevic

QUILT: 68" x 69" | PILLOW: 24" x 24"



QUILT

PILLOW




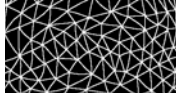
**THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.**

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# Journey to Nature - Quilt

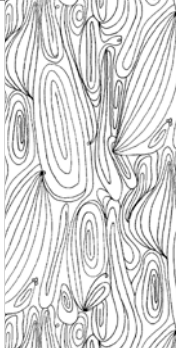


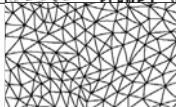




**Cutting Notes:** Mark and store your cutting pieces according to the block they have been assigned to, as this will make it much easier when you start piecing. Be sure to read the entire pattern before you begin.

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		35370S-1 Optic White WINDHAM SOLIDS	1 $\frac{3}{4}$	(3) 4" x WOF strips. Subcut (30) 4" squares; cut squares diagonally once to create (60) HST. (1) 10 $\frac{1}{4}$ " x WOF strip. Subcut (3) 10 $\frac{1}{4}$ " squares; cut squares diagonally twice to create (12) QST. (2) 5" x WOF strips. Subcut (12) 5" squares. Save the remaining yardage for Step 14.
B		51496DP-1 White	1 Panel	Choose (6) Panel Images to use in your quilt. Fussy cut each image from the panel. Panel Images will be referred to as P1, P2, P3, P4, P5 and P6. To plan which images you want placed in Sections 1, 2 and 3, reference diagrams in Section Assembly. Directions for how to add <b>Fabric A</b> strips to bring Panel Images to the correct size are listed in Piecing Instructions. (Panel Images vary in size, therefore exact measurements are not given. <b>Fabric A</b> strips will be added to each Panel Image to create the correct size for each Section.)
C		51500-2 Black	$\frac{5}{8}$	(1) 7 $\frac{1}{4}$ " x WOF strip. Subcut (3) 7 $\frac{1}{4}$ " squares; cut squares diagonally twice to create (12) QST. (2 QST will be unused). (1) 5 $\frac{1}{2}$ " x WOF strip. Subcut (1) 5 $\frac{1}{2}$ " x 22 $\frac{1}{2}$ " strip and (1) 3 $\frac{1}{2}$ " x 18 $\frac{1}{2}$ " strip. (1) 2 $\frac{1}{2}$ " x WOF strip. Subcut (2) 2 $\frac{1}{2}$ " x 11 $\frac{1}{2}$ " strips and (1) 2 $\frac{1}{2}$ " x 18 $\frac{1}{2}$ " strip. (1) 3 $\frac{1}{2}$ " x WOF strip. Subcut (1) 3 $\frac{1}{2}$ " x 22 $\frac{1}{2}$ " strip.
D		51498-2 Black	$\frac{3}{8}$	(1) 3 $\frac{1}{2}$ " x WOF strip. Subcut (1) 2 $\frac{1}{2}$ " x 18 $\frac{1}{2}$ " strip and (1) 3 $\frac{1}{2}$ " x 20 $\frac{1}{2}$ " strip. (1) 7 $\frac{1}{2}$ " x WOF strip. Subcut (1) 7 $\frac{1}{2}$ " x 11 $\frac{1}{2}$ " strip, (1) 6" x 11 $\frac{1}{2}$ " strip and (1) 3 $\frac{1}{2}$ " x 24 $\frac{1}{2}$ " strip.
E		51499-2 Black	$\frac{3}{8}$	(2) 5 $\frac{1}{2}$ " x WOF strip. Subcut (12) 5 $\frac{1}{2}$ " squares; cut squares diagonally once to create (24) HST.

**PROJECT DISCLAIMER:** Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. Therefore, we assume no responsibility nor damages that may occur when referring to this pattern. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We suggest you check [windhamfabrics.com](http://windhamfabrics.com) for pattern updates and to test the pattern prior to making the project. Test templates first, before cutting all the pieces. Free projects are not for resale.



# Journey to Nature - Quilt

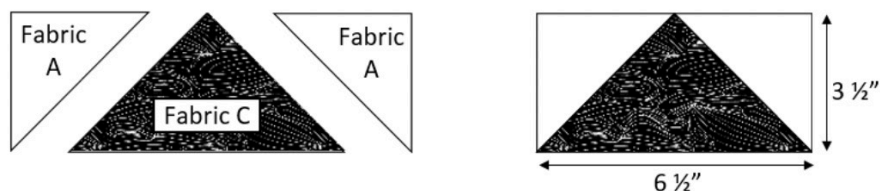
KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
F		51500-1 White	1	<p>(1) 6<sup>3</sup>/<sub>4</sub>" x WOF strip. Subcut (3) 6<sup>3</sup>/<sub>4</sub>" squares; cut squares diagonally twice to create (12) QST.</p> <p>(1) 5<sup>3</sup>/<sub>4</sub>" x WOF strip. Subcut (3) 5<sup>3</sup>/<sub>4</sub>" squares; cut squares diagonally twice to create (12) QST. Cut the remainder of the 5<sup>3</sup>/<sub>4</sub>" strip into (2) 2<sup>3</sup>/<sub>4</sub>" x WOF strips. Then, subcut (12) 2<sup>3</sup>/<sub>4</sub>" squares.</p> <p>(1) 5" x WOF strip. Subcut (3) 5" squares.</p> <p>(1) 10<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (1) 10<sup>1</sup>/<sub>2</sub>" x 18<sup>1</sup>/<sub>2</sub>" strip, (1) 3<sup>1</sup>/<sub>2</sub>" x 13<sup>1</sup>/<sub>2</sub>" strip and (2) 2<sup>1</sup>/<sub>2</sub>" x 18<sup>1</sup>/<sub>2</sub>" strips.</p>
G		51497-1 White	1/2	<p>(1) 6<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (1) 6<sup>1</sup>/<sub>2</sub>" x 14<sup>1</sup>/<sub>2</sub>" strip and (1) 5<sup>1</sup>/<sub>2</sub>" x 22<sup>1</sup>/<sub>2</sub>" strip.</p> <p>(2) 3<sup>1</sup>/<sub>2</sub>" x WOF strips. Subcut (1) 3<sup>1</sup>/<sub>2</sub>" x 12<sup>1</sup>/<sub>2</sub>" strip, (1) 3<sup>1</sup>/<sub>2</sub>" x 13<sup>1</sup>/<sub>2</sub>" strip, (1) 3<sup>1</sup>/<sub>2</sub>" x 18<sup>1</sup>/<sub>2</sub>" strip, and from the remainder of the strip cut (1) 3" x 13<sup>1</sup>/<sub>2</sub>" strip.</p>
H		51498-1 White	1/2	<p>(1) 6" x WOF strip. Subcut (1) 6" x 11<sup>1</sup>/<sub>2</sub>" strip.</p> <p>(1) 6<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (2) 6<sup>1</sup>/<sub>2</sub>" x 18<sup>1</sup>/<sub>2</sub>" strips and (1) 6<sup>1</sup>/<sub>2</sub>" square.</p>
I		51499-1 White	3/8	<p>(1) 11<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (1) 11<sup>1</sup>/<sub>2</sub>" square and (1) 5<sup>1</sup>/<sub>2</sub>" x 18<sup>1</sup>/<sub>2</sub>" strip.</p>
J		40171-42 Yellow/Grey ARTISAN COTTON; INCLUDES BINDING	1 1/8	<p>(8) 2<sup>1</sup>/<sub>4</sub>" x WOF strips for binding.</p> <p>(1) 7<sup>1</sup>/<sub>4</sub>" x WOF strip. Subcut (3) 7<sup>1</sup>/<sub>4</sub>" squares; cut squares diagonally twice to create (12) QST. (2 QST will be unused).</p> <p>(1) 6<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (2) 6<sup>1</sup>/<sub>2</sub>" squares; cut squares diagonally once to create (4) HST. From the remainder of the 6<sup>1</sup>/<sub>2</sub>" strip, subcut (2) 6" squares.</p> <p>(1) 3<sup>1</sup>/<sub>4</sub>" x WOF strip. Subcut (12) 3<sup>1</sup>/<sub>4</sub>" squares; cut squares diagonally once to create (24) HST.</p>
K		40171-29 Yellow/Copper ARTISAN COTTON	1/4	<p>(1) 6<sup>1</sup>/<sub>2</sub>" x WOF strip. Subcut (4) 6<sup>1</sup>/<sub>2</sub>" squares; cut squares diagonally once to create (8) HST. From the remainder of the 6<sup>1</sup>/<sub>2</sub>" strip, subcut (1) 6" square.</p>
L		40171-31 Turquoise/Copper ARTISAN COTTON	3/8	<p>(1) 7<sup>1</sup>/<sub>4</sub>" x WOF strip. Subcut (3) 7<sup>1</sup>/<sub>4</sub>" squares; cut squares diagonally twice to create (12) QST. (2 QST will be unused).</p>
		Backing	4 1/4	
				74" x 74" piece of batting.



# Journey to Nature - Quilt

## Piecing Instructions

1. Begin flying geese assembly by aligning the edges of (1) 4" **A** HST and (1) 7¼" **C** QST with RST. Sew fabrics together using a ¼" seam. Press seams outward toward the corner. Use diagrams for accurate fabric placement.
2. Repeat the same process on the remaining side of the triangle to complete the flying geese.

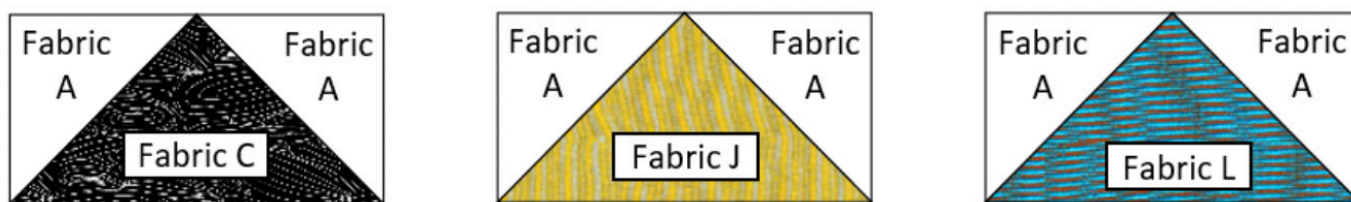


3. Use the following color guide to create the correct quantity of flying geese. Trim all flying geese to measure 6½" x 3½" unfinished.

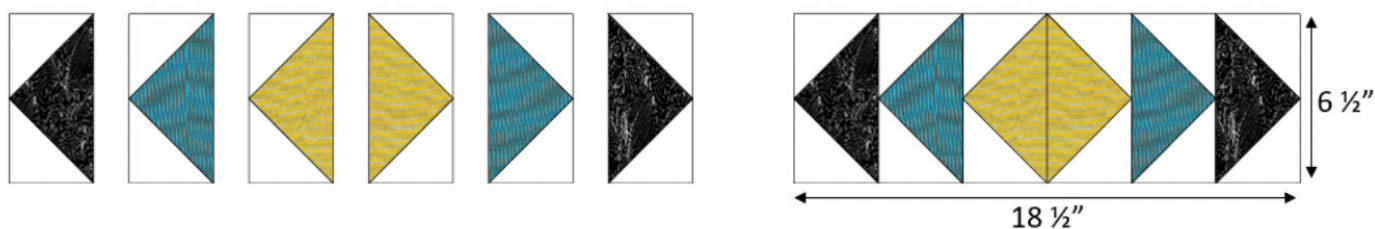
**3a.** Create (10) flying geese using (10) 7¼" **C** QST and (20) 4" **A** HST.

**3b.** Create (10) flying geese using (10) 7¼" **J** QST and (20) 4" **A** HST.

**3c.** Create (10) flying geese using (10) 7¼" **L** QST and (20) 4" **A** HST.

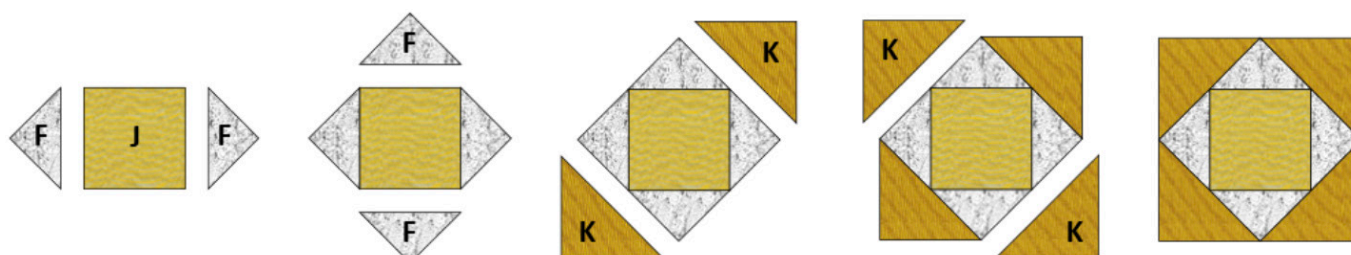


4. Sew (2) flying geese from each colorway together (totaling 6 flying geese) as shown in the diagram. When sewn together, flying geese rows should measure 6½" x 18½" unfinished. Press all seams open to eliminate bulk. Make (5) units.



5. Begin economy patch block assembly by sewing the longest edges of (4) 6¾" **F** QST onto each side of (1) 6" **J** square. Press seams outward toward **Fabric F**.

6. Sew (4) 6½" **K** HST onto each side of the unit created in Step 5. Press seams outward toward **Fabric K** to complete the economy patch. Trim block to measure 11½" unfinished.



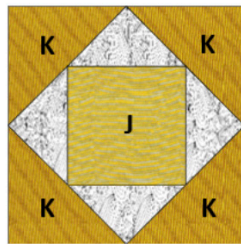


# Journey to Nature - Quilt

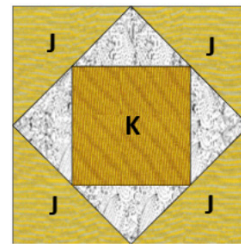
7. Use the following color guide, combined with economy patch instructions listed in Steps 5-6, to create the correct quantity of economy patch blocks:

7a. Create (2) economy patch blocks using (2) 6" J square, (8) 6¾" F QST and (8) 6½" K HST.

7b. Create (1) economy patch block using (1) 6" K square, (4) 6¾" F QST and (4) 6½" J HST.



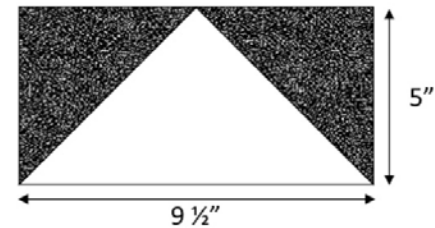
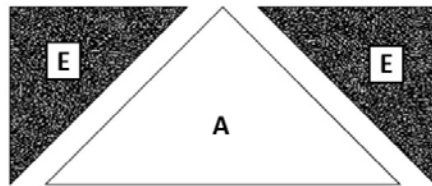
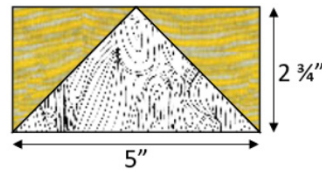
Create (2) Blocks



Create (1) Block

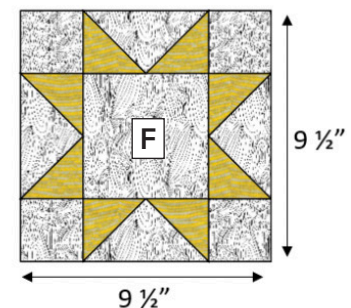
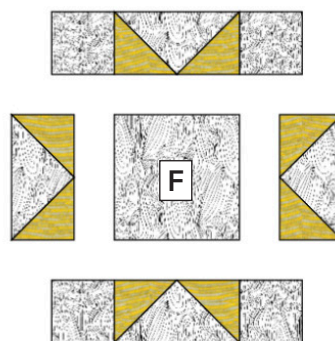
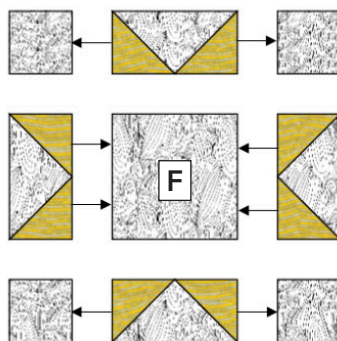
8. Begin star block assembly using flying geese piecing methods described in Steps 1-2 using the following fabric and size combinations:

8a. (2) 3¼" J HST and (1) 5¾" F QST. Repeat to create (12). Trim flying geese using **Fabrics J and F** to 2¾" x 5" unfinished.



9. Begin piecing the center of the star blocks using (4) 2¾" x 5" flying geese using **Fabrics F and J**, (1) 5" F square and (4) 2¾" F squares. Use diagrams for accurate unit placement. Arrows indicate pressing instructions.

10. Repeat to create (3) star block centers. Trim centers to measure 9½" x 9½" unfinished.

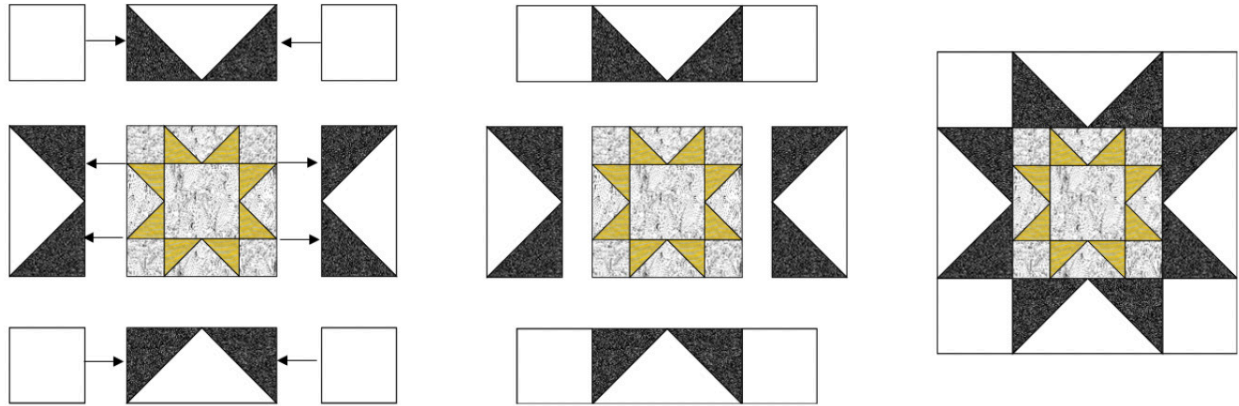




# Journey to Nature - Quilt

11. Complete the star block using (1) star block center, (4) 5" x 9½" flying geese using **Fabrics A and E** and (4) 5" **A** squares. Use diagrams for accurate unit placement. Arrows indicate pressing instructions.

12. Repeat to create (3) star blocks. Star blocks should measure 18½" x 18½" unfinished.



## Panel Image Assembly

13. From the remaining **Fabric A** yardage, cut an assortment of 2½", 3½" & 5½" x WOF strips.

14. Use the following guide for the correct Panel Images sizes (P1, P2, P3, P4, P5 and P6). Panel Images and sizes are separated by section. Simply sew **Fabric A** strips onto each Panel Image to bring each image to the correct size. If the 2½" x 3½" & 5½" strips do not give you the exact measurement, simply trim the excess fabric evenly from all sides of the Panel Image.

14a. Section 1:

P1 – 11½" x 11½" unfinished

P2 – 12½" x 11½" unfinished

14b. Section 2:

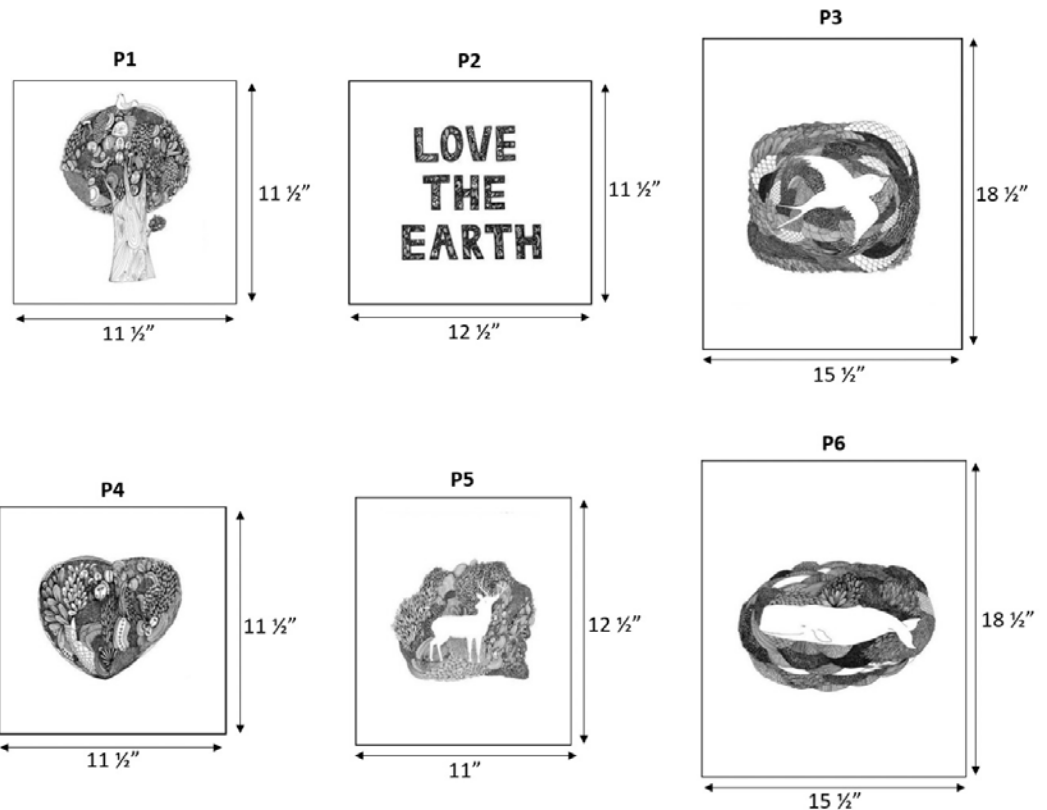
P3 – 15½" x 18½" unfinished

14c. Section 3:

P4 – 11½" x 11½" unfinished

P5 – 11" x 12½" unfinished

P6 – 15½" x 18½" unfinished



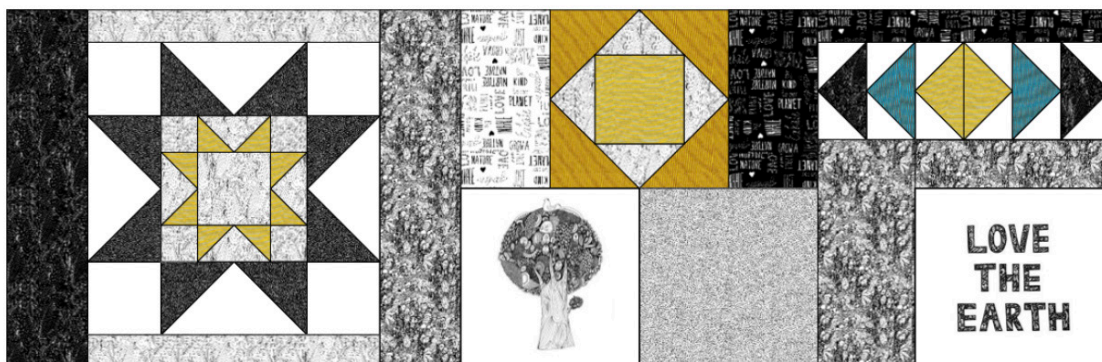
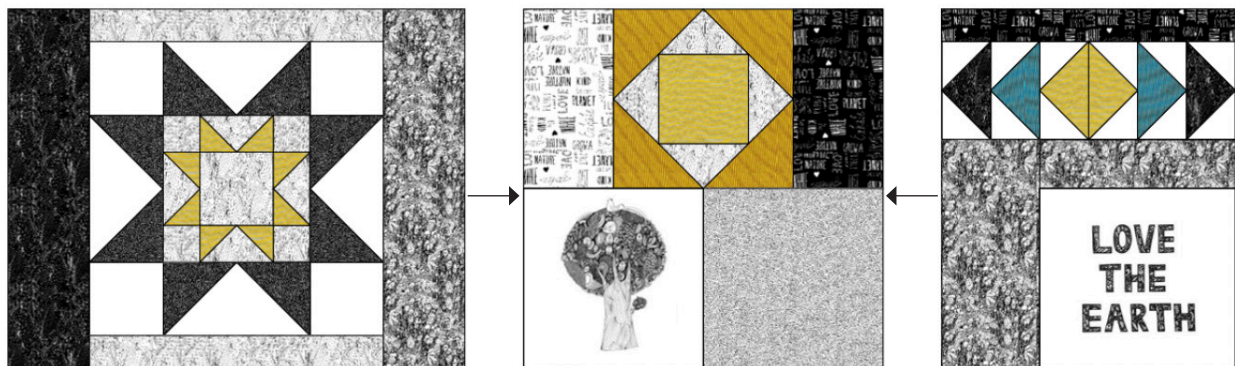
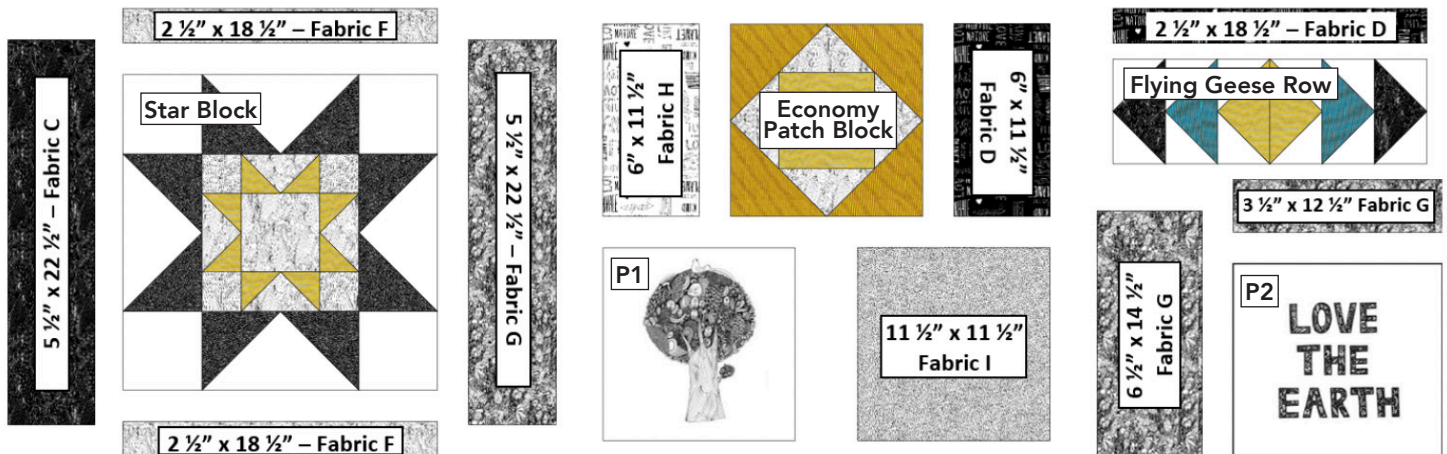


# Journey to Nature - Quilt

## Quilt Assembly - Section 1

15. Begin assembling Section 1 using (1) star block, (1) economy patch block & (1) flying geese row. P1 and P2 are also used. Use the following fabric/size guide and diagrams for accurate fabric & size placement. Fabric pieces cut from **Fabrics C, D, F, G, H and I** will fill in Section 1. Diagrams show accurate order in which to sew Section 1.

- 15a. (1) Fabric C 5½" x 22½"
- 15b. (1) Fabric D 6" x 11½"
- 15c. (1) Fabric D 2½" x 18½"
- 15d. (2) Fabric F 2½" x 18½"
- 15e. (1) Fabric G 5½" x 22½"
- 15f. (1) Fabric G 6½" x 14½"
- 15g. (1) Fabric G 3½" x 12½"
- 15h. (1) Fabric H 6" x 11½"
- 15i. (1) Fabric I 11½" square



Section 1 – 22½" x 68½" unfinished

16. Sew to complete Section 1. Section 1 should measure 22½" x 68½" unfinished.



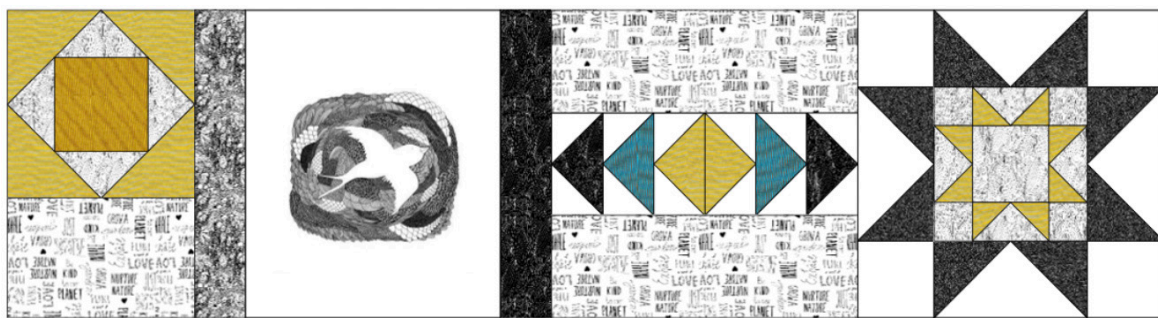
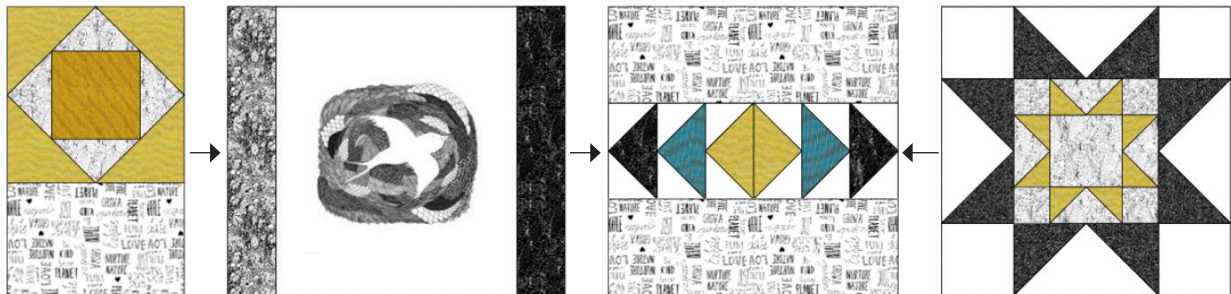
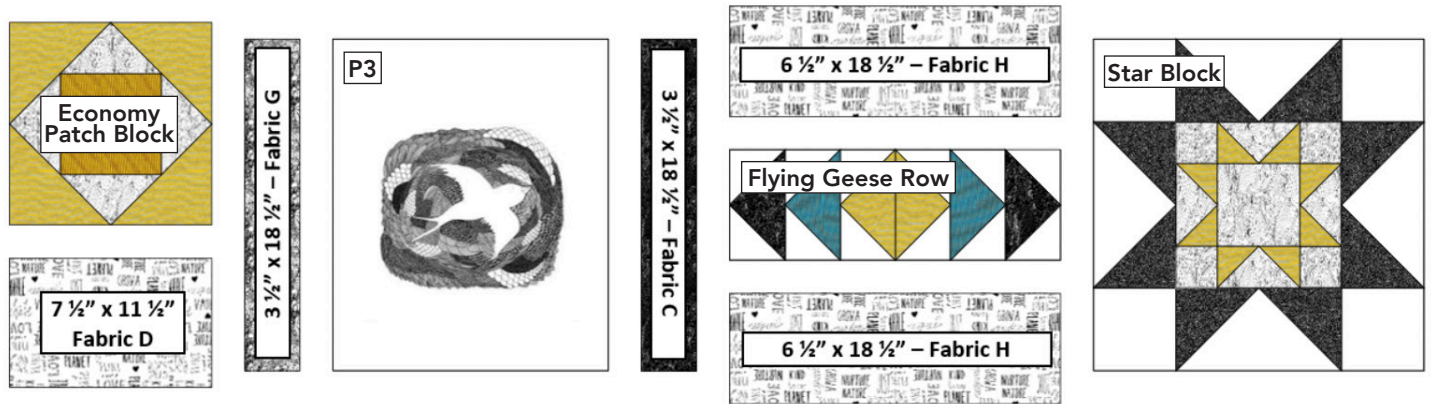
# Journey to Nature - Quilt

## Quilt Assembly - Section 2

17. Begin assembling Section 2 using (1) star block, (1) economy patch block & (1) flying geese row. P3 is also used. Use the following fabric/size guide and diagrams for accurate fabric & size placement. Fabric pieces cut from **Fabrics C, D, G and H** will fill in Section 2. Diagrams show accurate order in which to sew Section 2.

17a. (1) **Fabric C** 3½" x 18½"      17c. (1) **Fabric G** 3½" x 18½"

17b. (1) **Fabric D** 7½" x 11½"      17d. (2) **Fabric H** 6½" x 18½"



**Section 2 – 18 ½" x 68 ½" unfinished**

18. Sew to complete Section 2. Section 2 should measure 18½" x 68½" unfinished.



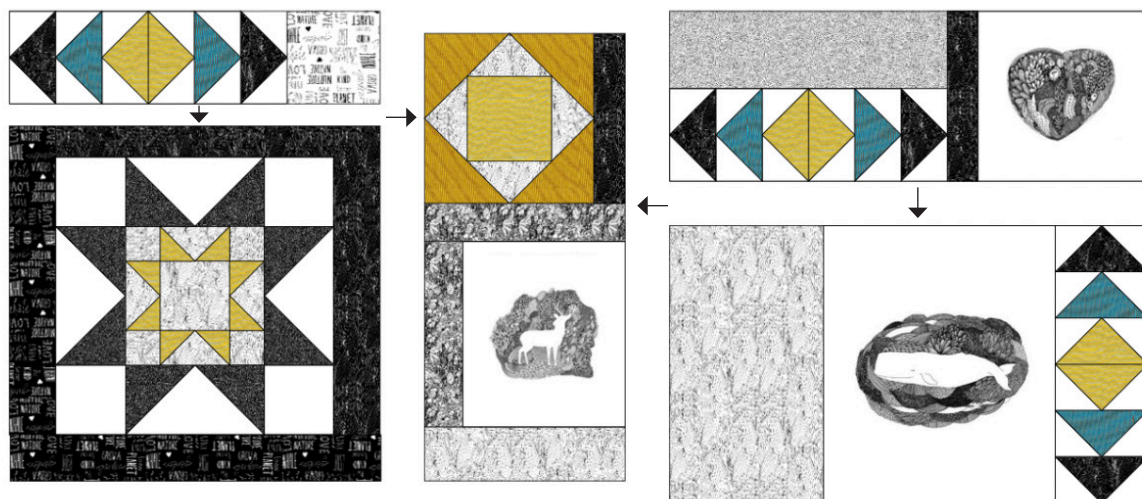
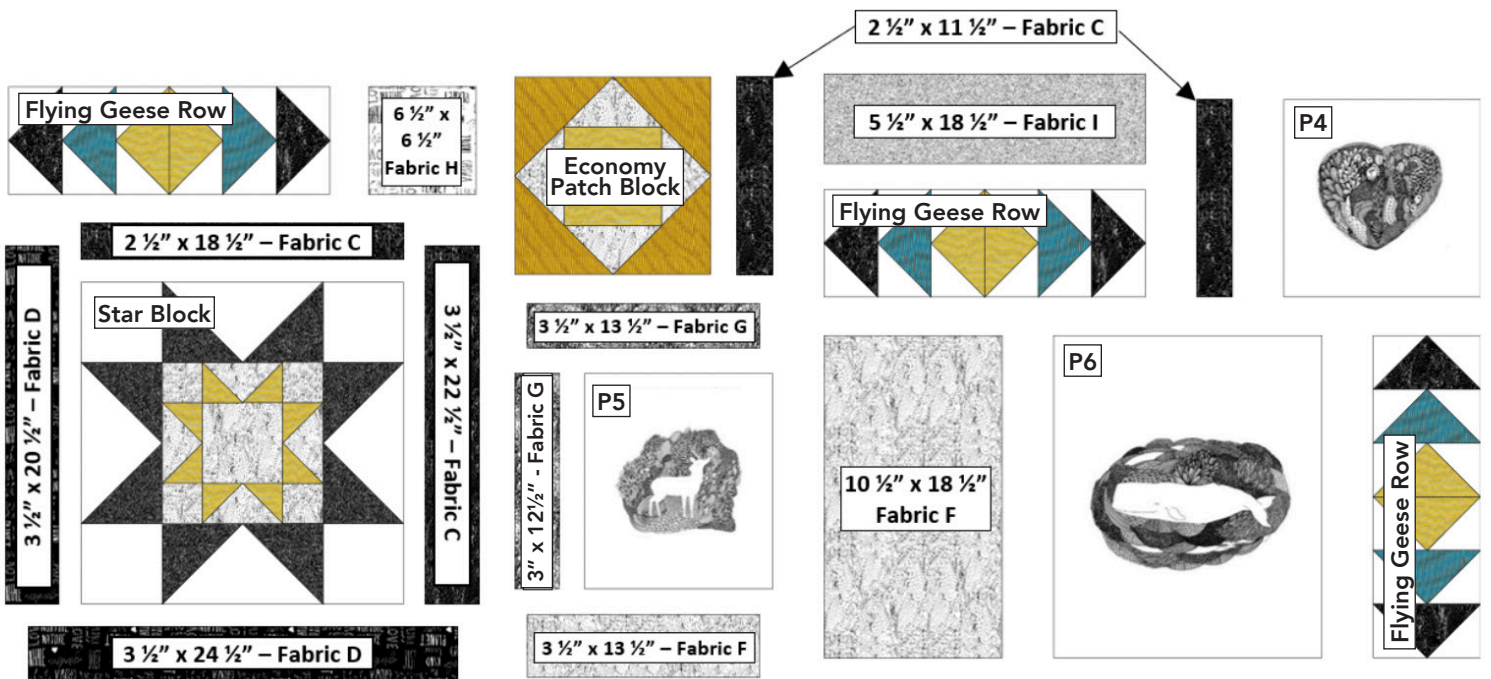


# Journey to Nature - Quilt

## Quilt Assembly - Section 3

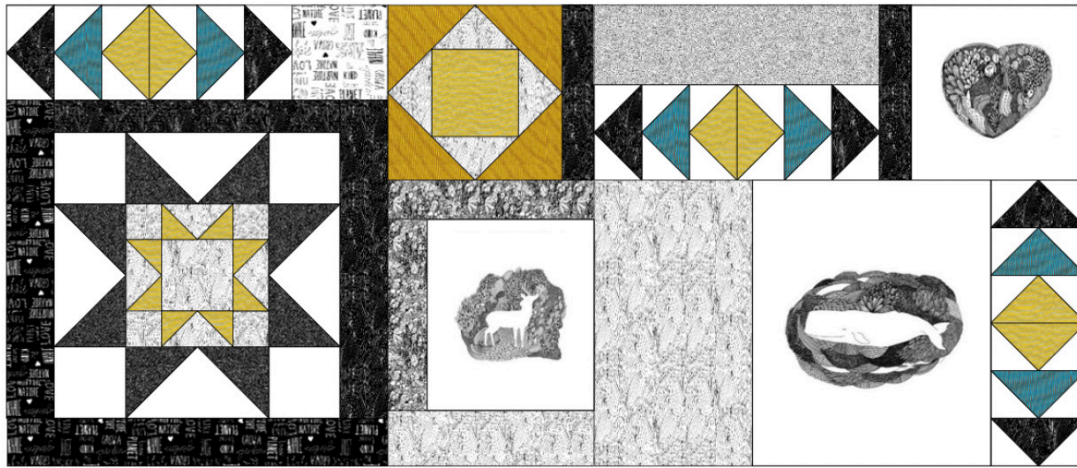
19. Begin assembling Section 3 using (1) star block, (1) economy patch block & (3) flying geese rows. P4, P5 and P6 are also used. Use the following fabric/size guide and diagrams for accurate fabric & size placement. Fabric pieces cut from **Fabrics C, D, F, G, H and I** will fill in Section 3. Diagrams show accurate order in which to sew Section 3.

- 19a. (1) Fabric C 2½" x 18½"
- 19b. (1) Fabric C 3½" x 22½"
- 19c. (2) Fabric C 2½" x 11½"
- 19d. (1) Fabric D 3½" x 20½"
- 19e. (1) Fabric D 3½" x 24½"
- 19f. (1) Fabric F 3½" x 13½"
- 19g. (1) Fabric F 10½" x 18½"
- 19h. (1) Fabric G 3" x 12½"
- 19i. (1) Fabric G 3½" x 13½"
- 19j. (1) Fabric H 6½" square
- 19k. (1) Fabric I 5½" x 18½"





# Journey to Nature - Quilt



**Section 3 – 29 ½" x 68 ½" unfinished**

**20.** Sew to complete Section 3. Section 3 should measure 29½" x 68½" unfinished.

**21.** Sew Sections 1, 2 and 3 together as shown in the Quilt Assembly Diagram on Page 10. Completed quilt top should measure 68½" x 69½" unfinished.

## Finishing

**22.** With the backing fabric laying taut, place batting and then quilt top to form quilt sandwich.

**23.** Baste sandwich. Quilt as desired.

**24.** Bind with **Fabric J** to finish quilt.



# Journey to Nature - Quilt



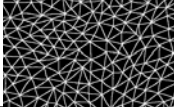


## QUILT ASSEMBLY DIAGRAM





# Journey to Nature - Pillow

**Cutting Notes:** Mark and store your cutting pieces according to the block they have been assigned to, as this will make it much easier when you start piecing. Be sure to read the entire pattern before you begin.

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		35370S-1 Optic White WINDHAM SOLIDS; INCLUDES PILLOW BACKING	2	(1) 8 $\frac{3}{4}$ " x WOF strips. Subcut (1) 8 $\frac{3}{4}$ " squares; cut squares diagonally twice to create (4) QST. From the remaining 8 $\frac{3}{4}$ " strip, cut (4) 1 $\frac{1}{4}$ " x WOF strips. Then, subcut (2) 1 $\frac{1}{4}$ " x 18 $\frac{1}{2}$ " strips and (2) 1 $\frac{1}{4}$ " x 20" strips. (1) 28" x WOF strips. Subcut (1) 28" square. (1) 4 $\frac{1}{4}$ " x WOF strip. Subcut (4) 4 $\frac{1}{4}$ " squares. (1) 24 $\frac{1}{2}$ " x WOF strip. Subcut (2) 24 $\frac{1}{2}$ " x 15 $\frac{1}{2}$ " strips.
B		51496DP-1 White USING LEFTOVER FROM QUILT	1 Panel	Fussy cut (1) 8" square centering the image in the square.
C		40171-42 Yellow/Grey ARTISAN COTTON	$\frac{1}{4}$	(1) 5" x WOF strip. Subcut (2) 5" squares; cut squares diagonally twice to create (8) QST. From the remainder of the strip, subcut (4) 2 $\frac{3}{4}$ " squares.
D		51499-2 Black	$\frac{1}{4}$	(2) 2" x WOF strips. Keep (1) strip whole for piecing. From the remaining strip, subcut (1) 2" square.
E		51500-1 White	$\frac{1}{4}$	(2) 2" x WOF strips. Keep (1) strip whole for piecing. From the remaining strip, subcut (1) 2" square.
F		51497-1 White	$\frac{3}{8}$	(1) 5" x WOF strip. Subcut (2) 5" squares; cut squares diagonally twice to create (8) QST. (2) 2 $\frac{3}{4}$ " x WOF strips. Subcut (4) 2 $\frac{3}{4}$ " x 20" strips.
				28" x 28" piece of batting.

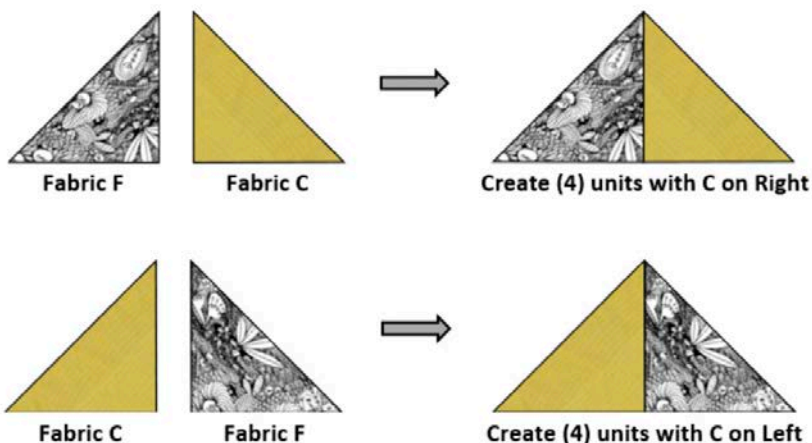
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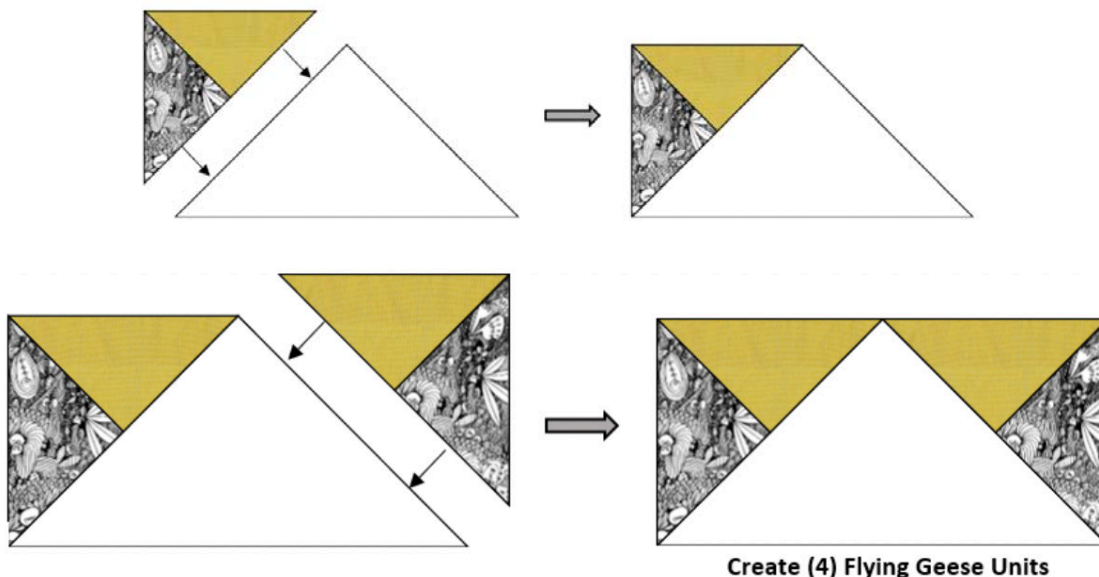
# Journey to Nature - Pillow

## Piecing Instructions

1. Sew (1) 5" QST from **Fabrics C and F** together as shown in the diagrams. The longest edges of each QST should create the corner of an QST unit.
2. Repeat to create (4) QST units with **Fabric C** on the right and an additional (4) QST units with **Fabric F** on the right.



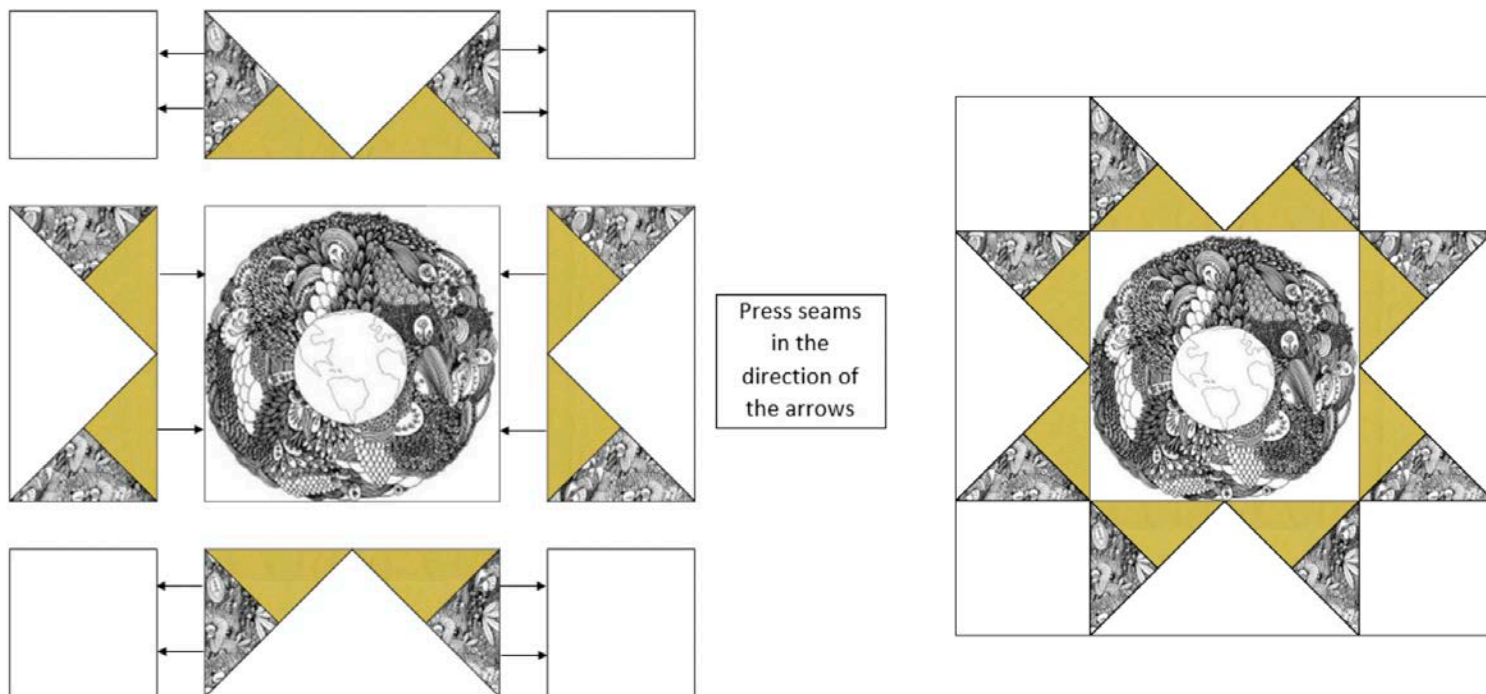
3. Use the QST units and (1) 8 $\frac{3}{4}$ " **A** QST to lay out a flying geese block in which **Fabric C** is towards the point of the flying geese and **Fabric F** is toward the bottom of the flying geese.
4. Repeat to create (4) flying geese. Flying geese should measure 4 $\frac{1}{4}$ " x 8" unfinished.



5. Using (4) 4 $\frac{1}{4}$ " **A** squares, (4) flying geese units created in Steps 3-4 and (1) 8" panel square, piece together the pillow's center block as shown in the diagram. Arrows on the diagrams show the direction in which you press the seams in each row.
6. Block should measure 15 $\frac{1}{2}$ " x 15 $\frac{1}{2}$ " unfinished.

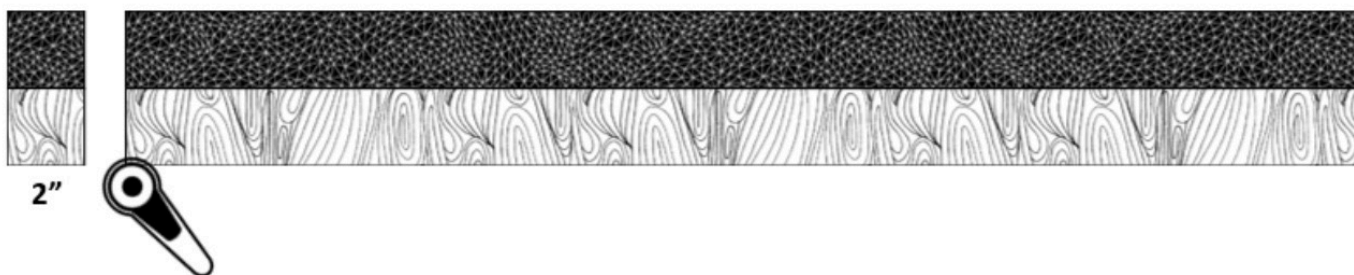


# Journey to Nature - Pillow



7. Create a strip set by sewing (1) 2" x WOF strip from **Fabrics D and E** together lengthwise to create a 3½" x WOF strip set. Press seams toward **Fabric D**.

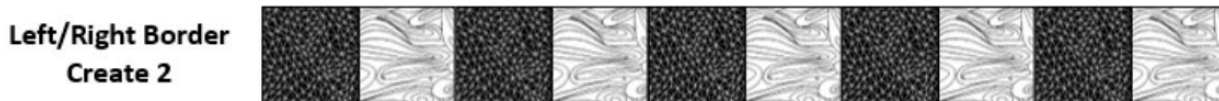
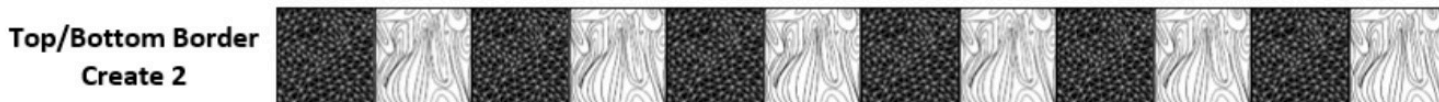
8. Subcut (21) 2" units from the strip set as shown in the diagram. Units should measure 2" x 3½" unfinished.



9. Sew (1) 2" square from **Fabrics D and E** together to create another 2" x 3½" unit. Press seam toward **Fabric D**.

10. Sew (6) subcut units together, alternating the colors as you sew. Repeat twice to create (2) 2" x 18½" unfinished strips.

11. Sew (5) subcut units together, alternating the colors as you sew. Repeat twice to create (2) 2" x 15½" unfinished strips.

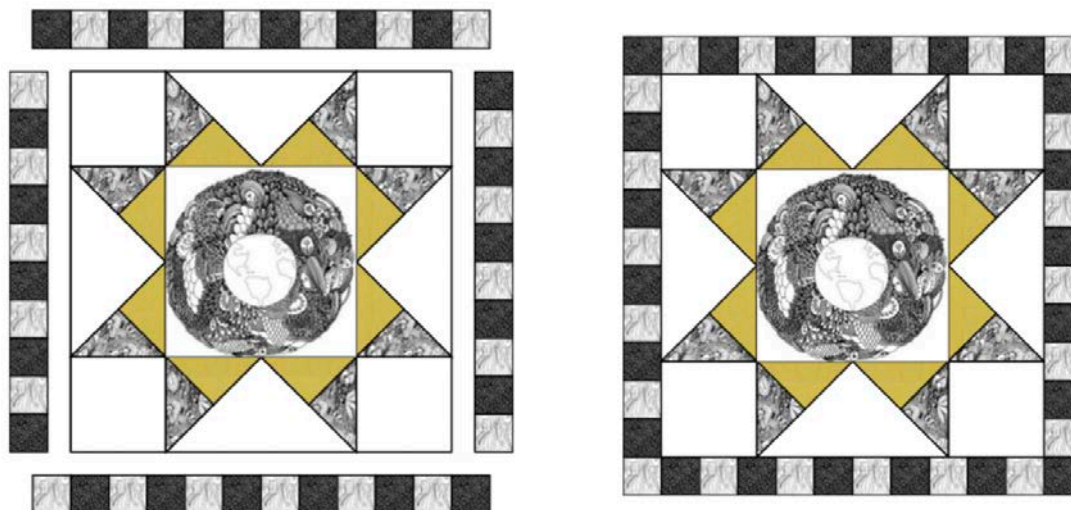




# Journey to Nature - Pillow

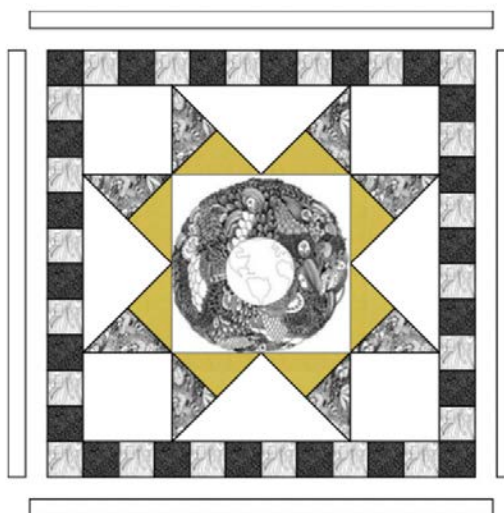
**12.** Sew both units created in Step 11 to the side of the pillow's center block. Please note the orientation of both strips in the diagrams in order to continue to alternate colors.

**13.** Sew both units created in Step 10 to the top/bottom of the pillow's center block. Please note the orientation of both strips in the diagrams in order to continue to alternate colors.



**14.** Sew (1)  $1\frac{1}{4}$ " x  $18\frac{1}{2}$ " **A** strip onto both sides of the pillow. Press seams toward **Fabric A**.

**15.** Sew (1)  $1\frac{1}{4}$ " x 20" **A** strip onto both sides of the pillow. Press seams toward **Fabric A**.



**16.** Sew (1)  $2\frac{3}{4}$ " **C** square onto both sides of (1)  $2\frac{3}{4}$ " x 20" **F** strip. Press seams toward **Fabric F**. Create (2) complete strips.

**17.** Sew (2)  $2\frac{3}{4}$ " x 20" **F** strips on the sides of the pillow as shown. Press seams toward **Fabric F**.

**18.** Sew both units created in Step 16 onto the top/bottom of the pillow. Press seams toward **Fabrics C and F** to complete the pillow front.



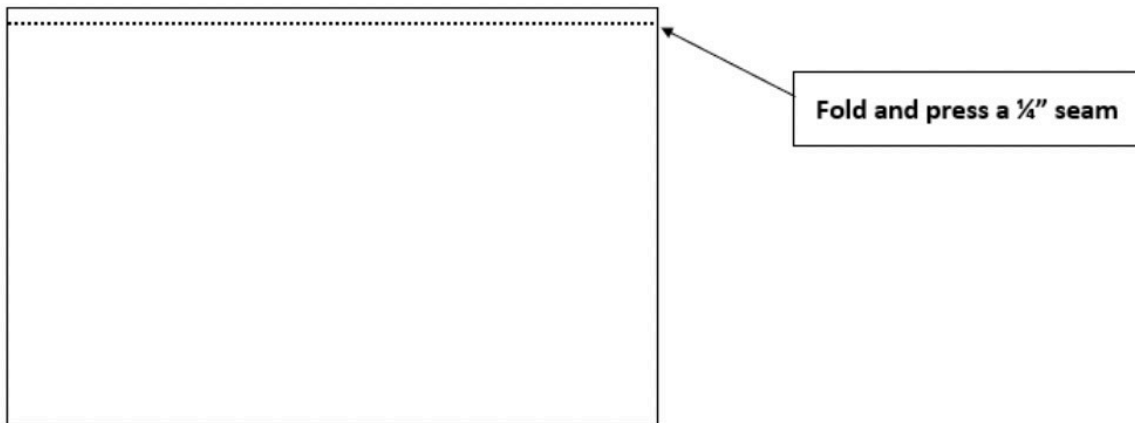
# Journey to Nature - Pillow

## Completing the Pillow

19. Layer the pillow front with (1) 28" square piece of thin batting and (1) 28" **A** square. Quilt the pillow front as desired.

20. When quilting is complete, trim the excess batting and backing from the pillow front. The pillow front should measure 24½" x 24½" unfinished at this stage.

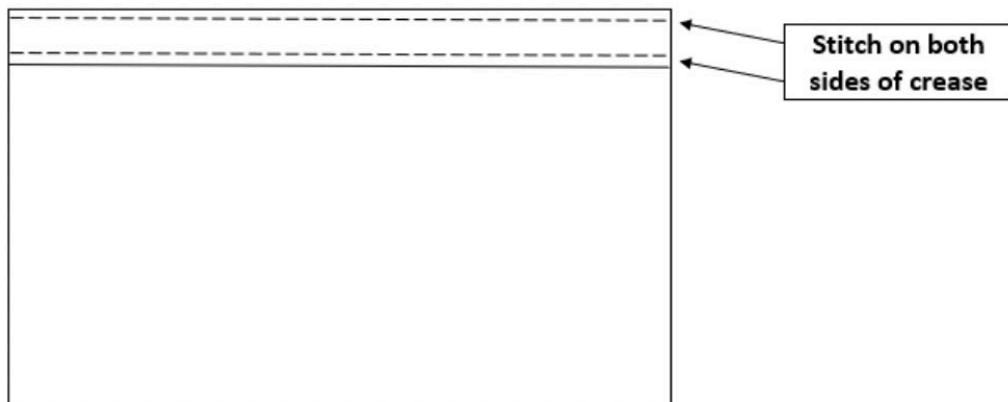
21. Begin the pillow back assembly by folding and pressing a ¼" crease on the long edge of (2) 24½" x 15½" **A** pieces as shown.



22. Fold and press one more crease measuring ½" on the same edge of (2) 24½" x 15½" **A** pieces as shown.



23. Use white thread to stitch on both sides of the crease, backstitching at the beginning and ends of both stitches. This will secure both the ¼" and ½" crease in place. Repeat on both **Fabric A** pieces.

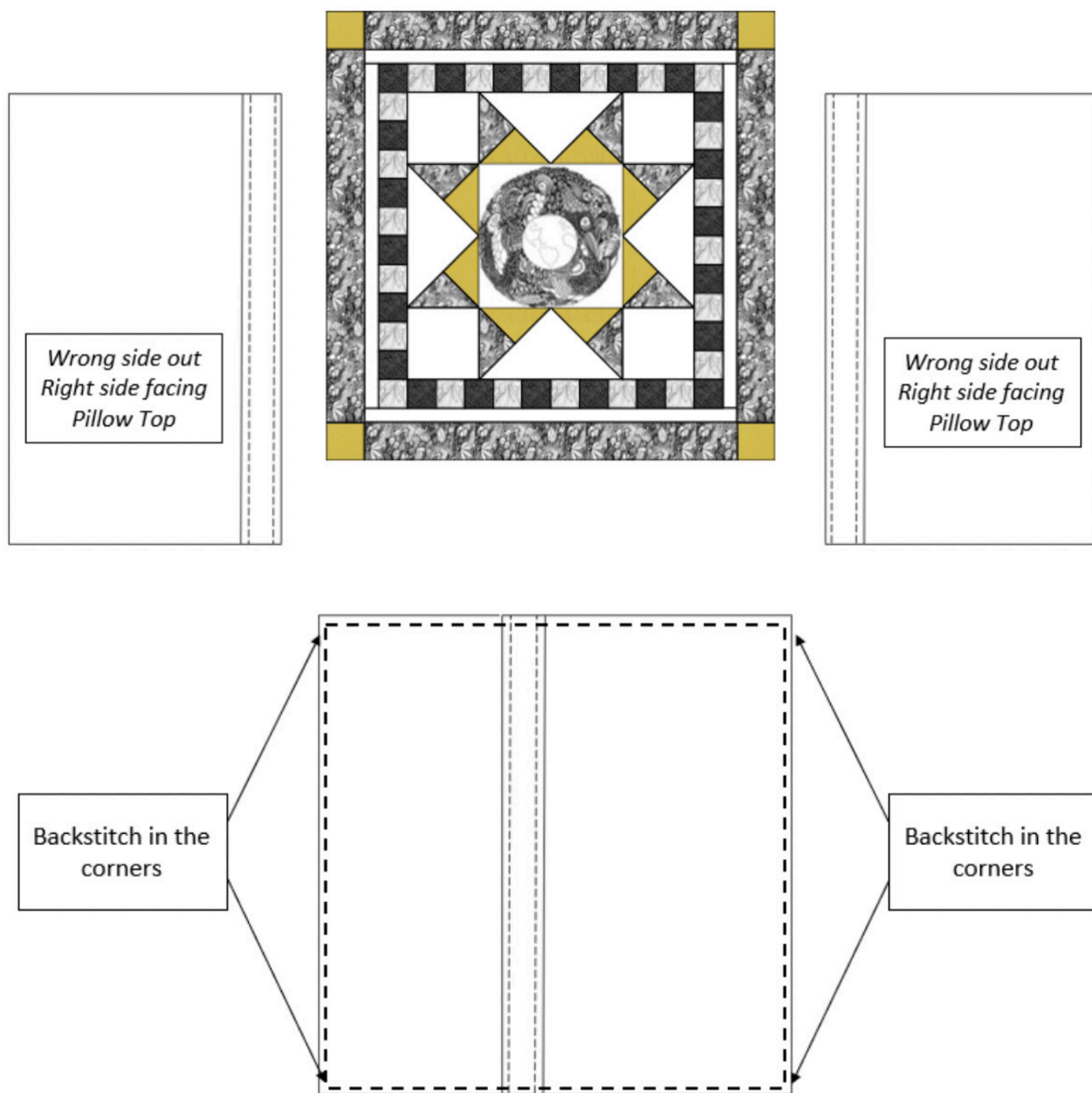






# Journey to Nature - Pillow

24. Place the pillow front RST and edges aligned with the **Fabric A** pillow backs. Both **Fabric A** pillow backs will overlap in the center by approximately 5". **Fabric A** pillow back edges should be aligned with the pillow front edges.
25. Pin pieces in place to keep them secure.
26. Sew  $\frac{1}{2}$ " around all edges of the pillow, backstitching at the corners to further secure the corners.



27. Press to set seams. Flip the pillow right side out to expose the pillow front.
28. Use your fingers to poke out the corners of the pillow to complete the pillow.