

# State Panel NY - Quilt, Pillow & Tote

designed by Heidi Pridemore of The Whimsical Workshop  
featuring the State Panels fabric collection by Sara Franklin

QUILT SIZE: 43" x 65" | PILLOW SIZE: 18" x 18" | TOTE: 14" x 14"

FREE  
PROJECT







THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, PILLOW, AND TOTE, FABRIC MAY VARY.

**PLEASE NOTE:** BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT WINDHAMFABRICS.COM'S FREE PROJECTS SECTION.



# State Panel NY - Quilt


## New York Quilt

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51139-X multi	1 panel	<ul style="list-style-type: none"><li>• Fussy cut (1) 23" x 23" panel.</li></ul>
B		37098-16 cherry	2/3	<ul style="list-style-type: none"><li>• (1) 4-1/4" x Width of Fabric (WOF) strip. Sub-cut the strip into (8) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (32) 4-1/4 triangles.</li><li>• (2) 2" x 23" WOF strips.</li><li>• (2) 2" x 26" WOF strips.</li><li>• (2) 1-1/2" x 34-1/2" WOF strips.</li><li>• (2) 1-1/2" x 32-1/2" WOF strips.</li></ul>
C		37098-30 mediterranean	1	<ul style="list-style-type: none"><li>• (2) 4-7/8" x WOF strips. Sub-cut the strips into (12) 4-7/8" squares and (2) 4-1/4" squares. Cut the 4-7/8" squares across (1) diagonal to make (24) 4-7/8" triangles. Cut the 4-1/4" squares across both diagonals to make (8) 4-1/4" triangles.</li><li>• (4) 3-7/8" x WOF strips. Sub-cut the strips into (32) 3-7/8" squares. Cut (24) of the 3-7/8" squares across (1) diagonal to make (48) 3-7/8" triangles.</li></ul>
D		37098-34 spruce	1 1/8	<ul style="list-style-type: none"><li>• (1) 5-1/4" x WOF strip. Sub-cut the strip into (6) 5-1/4" squares. Cut the 5-1/4" squares across both diagonals to make (24) 5-1/4" triangles.</li><li>• (1) 4-1/4" x WOF strip. Sub-cut the strip into (8) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (32) 4-1/4" triangles.</li><li>• (2) 3-7/8" x WOF strips. Sub-cut the strips into (16) 3-7/8" squares. Cut (12) of the 3-7/8" squares across (1) diagonal to make (24) 3-7/8" triangles.</li></ul> <p><b>Binding</b></p> <ul style="list-style-type: none"><li>• (6) 2-1/2" x WOF strips for the binding.</li></ul>



# State Panel NY - Quilt

## New York Quilt - Continued

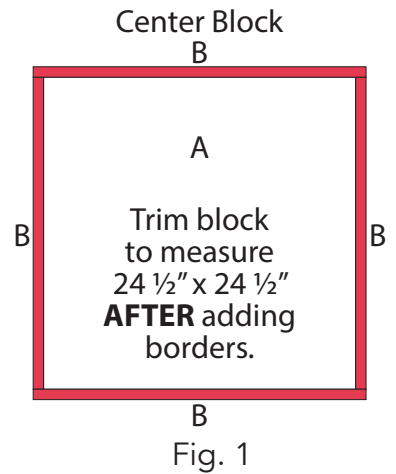
KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
E		37098-12 chalk	1	<ul style="list-style-type: none"><li>• (1) 5-1/4" x WOF strip. Sub-cut the strip into (6) 5-1/4" squares. Cut the 5-1/4" squares across both diagonals to make (24) 5-1/4" triangles.</li><li>• (1) 4-1/2" x WOF strip. Sub-cut the strip into (4) 4-1/2" squares.</li><li>• (2) 4-1/4" x WOF strips. Sub-cut the strips into (18) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (72) 4-1/4" triangles.</li><li>• (2) 3-7/8" x WOF strips. Sub-cut the strips into (12) 3-7/8" squares.</li></ul>
F		35370S optic white	1 1/8	<ul style="list-style-type: none"><li>• (2) 5" x 34-1/2" WOF strips.</li><li>• (3) 2-1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2-1/2" x 43-1/2" strips.</li><li>• (2) 2-1/2" x WOF strips. Sub-cut the strips into (4) 2-1/2" x 12-1/2" strips.</li><li>• (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 43-1/2" strips.</li><li>• (2) 2" x WOF strips. Sub-cut the strips into (4) 2" x 12-1/2" strips.</li></ul>
		Backing	3	<ul style="list-style-type: none"><li>• (2) 51" x WOF strips. Sew the strips together and trim to 51" x 73" for the pieced back.</li></ul>
				Batting 51" x 73"



# State Panel NY - Quilt

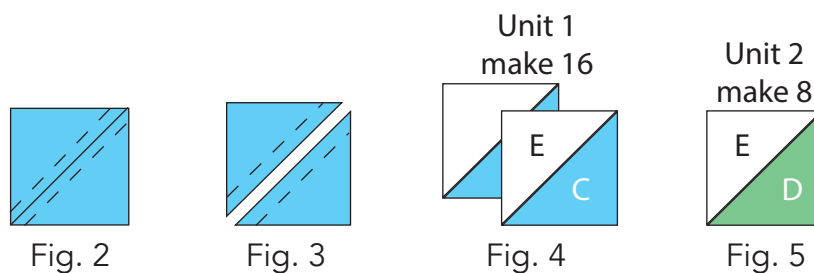
## Quilt Block Assembly

1. Sew (1) **B** 2" x 23" strip to each side of the **A** 23" x 23" panel. Sew (1) **B** 2" x 26" strip to the top and to the bottom of the **A** panel. Trim the block to measure 24-1/2" square to make the **Center Block** (Fig. 1).



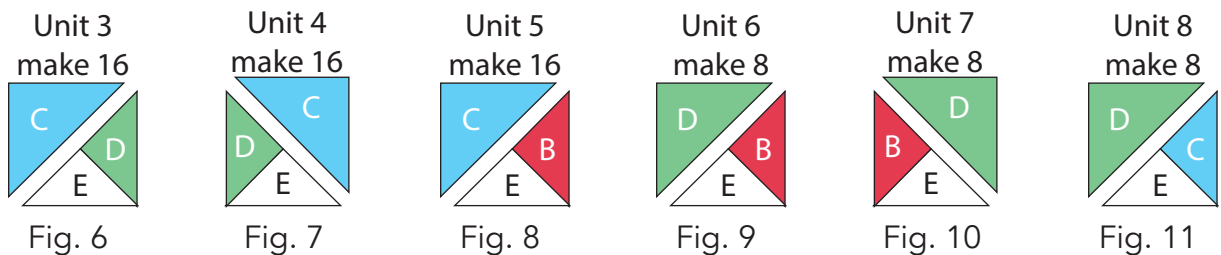
2. Place (1) **C** 3-7/8" square on top of (1) **E** 3-7/8" square, right sides together. Draw a line across the diagonal of the top square (Fig. 2). Sew 1/4" away from each side of the drawn diagonal line (Fig. 2). Cut the (2) squares apart on the drawn diagonal line (Fig. 3) to make (2) half-square triangles. Trim the half-square triangles to measure 3-1/2" to make (2) **Unit 1** squares (Fig. 4). Repeat to make (16) **Unit 1** squares total.

3. Repeat Step 2 and use (4) **E** 3-7/8" squares and (4) **D** 3-7/8" squares to make (8) 3-1/2" **Unit 2** squares (Fig. 5).



4. Sew (1) **C** 3-7/8" triangle, (1) **D** 4-1/4" triangle and (1) **E** 4-1/4" triangle together as shown in Figure 6 to make (1) **Unit 3** square. Trim unit to measure 3-1/2" square. Repeat to make (16) **Unit 3** squares total.

5. Repeat Step 4 and refer to Figures 7-11 for fabric identification and placement to make (16) **Unit 4** squares, (16) **Unit 5** squares, (8) **Unit 6** squares, (8) **Unit 7** squares and (8) **Unit 8** squares.





# State Panel NY - Quilt

**Pay attention to the orientation of the units when constructing Block One and Block Two.**

**6.** Follow Figure 12 and sew (4) **Unit 1** squares, (4) **Unit 3** squares, (4) **Unit 4** squares and (4) **Unit 5** squares together into a 4 x 4 matrix to make (1) **Block One** square. Repeat to make (4) **Block One** squares total.

**7.** Repeat Step 6 and refer to Figure 13 for component identification, placement and orientation to make (2) **Block Two** squares.

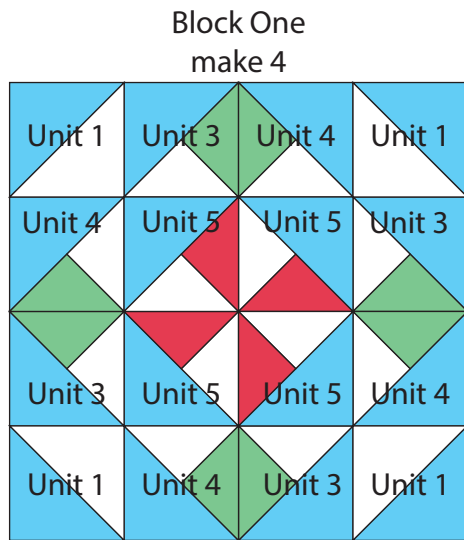


Fig. 12

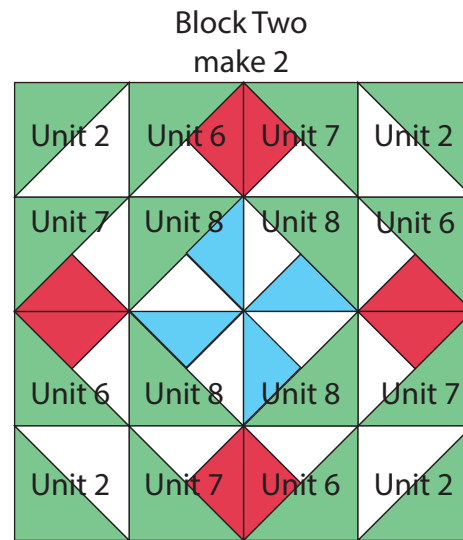


Fig. 13

**8.** Sew (1) **C** 4-7/8" triangle, (1) **E** 5-1/4" triangle and (1) **D** 5-1/4" triangle together to make (1) **Unit 9** square (Fig. 14). Trim unit to measure 4-1/2" square. Repeat to make (12) **Unit 9** squares total.

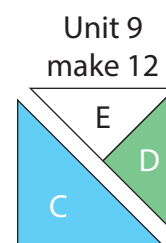


Fig. 14

**9.** Sew (1) **D** 5-1/4" triangle, (1) **E** 5-1/4" triangle and (1) **C** 4-7/8" triangle together to make (1) **Unit 10** square (Fig. 15). Trim unit to measure 4-1/2" square. Repeat to make (12) **Unit 10** squares total.

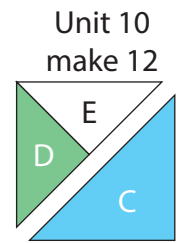


Fig. 15

**10.** Sew (3) **Unit 9** squares and (3) **Unit 10** squares together in that order to make (1) **Side Border** (Fig. 16). Repeat to make a second **Side Border**.

Side Border  
make 2

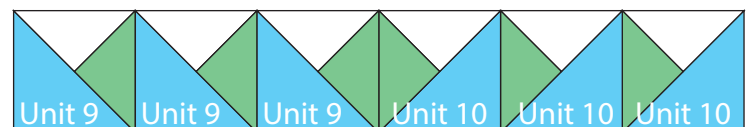


Fig. 16

**11.** Sew (3) **Unit 9** squares and (3) **Unit 10** squares together in that order. Sew (1) **E** 4-1/2" square to each end of the new strip to make (1) **Top Border** (Fig. 17). Repeat to make (1) **Bottom Border**.

Top/Bottom Border  
make 2

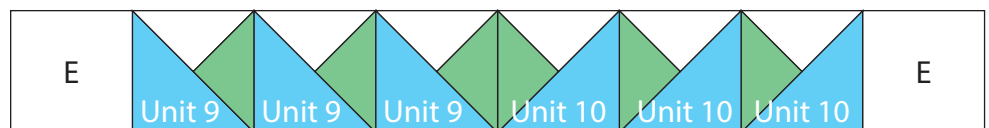


Fig. 17



# State Panel NY - Quilt

## Quilt Top Assembly

*(Refer to the Quilt Diagram while assembling the quilt top.)*

**12.** Sew together (1) **F** 2" x 12-1/2" strip, (1) **Block One** square, (1) **F** 2-1/2" x 12-1/2" strip, (1) **Block Two** square, (1) **F** 2-1/2" x 12-1/2" strip, (1) **Block One** square and (1) **F** 2" x 12-1/2" strip in that order. Sew (1) **F** 2" x 43-1/2" strip to the top of the sewn strip. Sew (1) **F** 2-1/2" x 43-1/2" strip to the bottom of the sewn strip to make the **Top Row**.

**13.** Sew the **Sides, Top Border** and **Bottom Border** onto the **Center Block**. Sew (1) **B** 1-1/2" x 32-1/2" strip to each side of the **Center Block**. Sew (1) **B** 1-1/2" x 34-1/2" strip to the top and to the bottom of the **Center Block**. Sew (1) **F** 5" x 34-1/2" strip to each side of the **Center Block** to make the **Middle Row**.

**14.** Sew together (1) **F** 2" x 12-1/2" strip, (1) **Block One** square, (1) **F** 2-1/2" x 12-1/2" strip, (1) **Block Two** square, (1) **F** 2-1/2" x 12-1/2" strip, (1) **Block One** square and (1) **F** 2" x 12-1/2" strip in that order. Sew (1) **F** 2-1/2" x 43-1/2" strip to the top of the sewn strip. Sew (1) **F** 2" x 43-1/2" strip to the bottom of the sewn strip to make the **Bottom Row**.

**15.** Sew the (3) **Rows** together in order to make the quilt top.

## Quilt Finishing

**16.** Layer and quilt as desired.

**17.** Sew the (6) **D** 2-1/2" x WOF strips together end-to-end with 45-degree seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

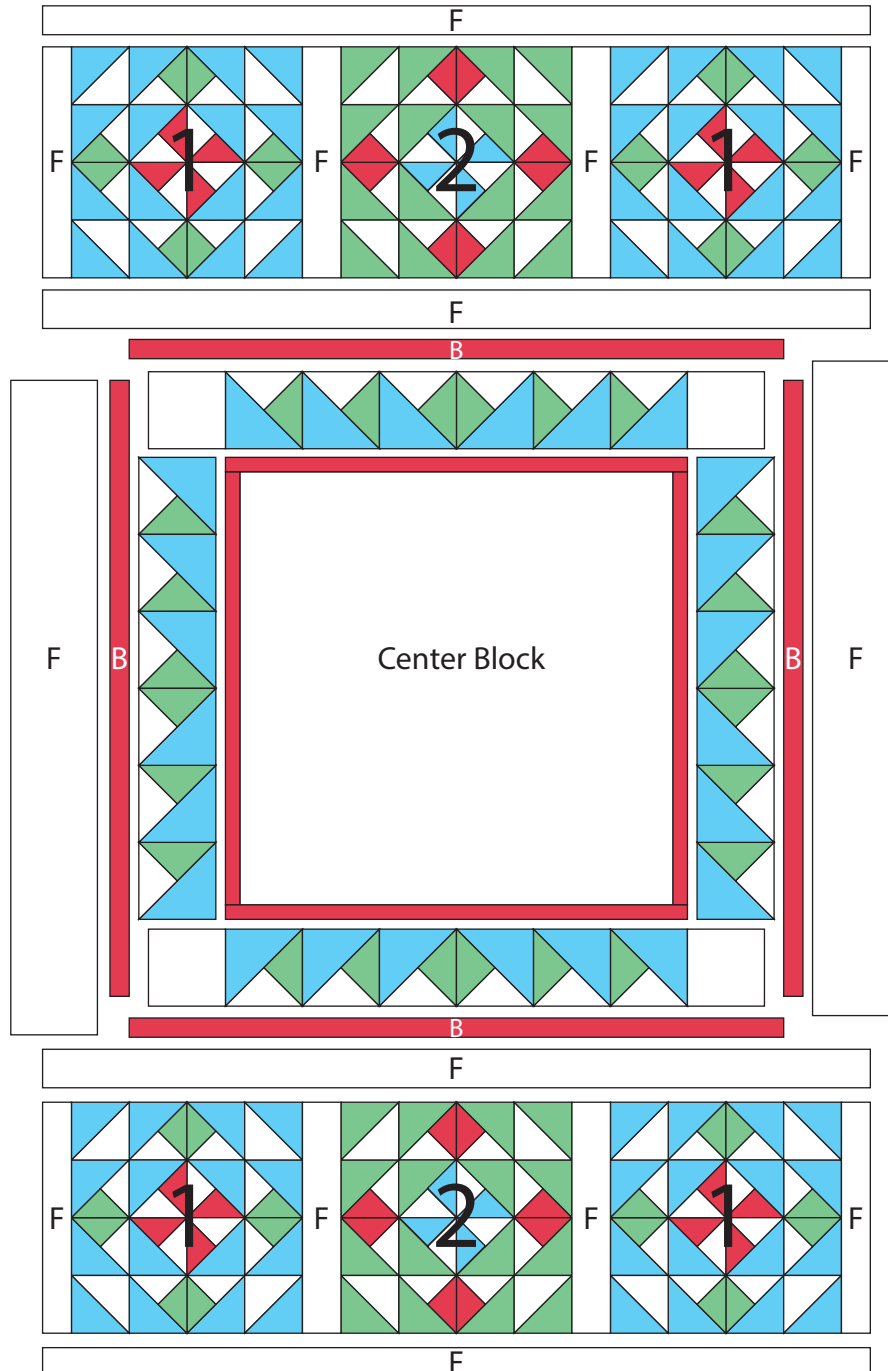
**18.** Bind as desired.



# State Panel NY - Quilt

SIZE: 43" X 65"




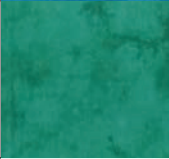
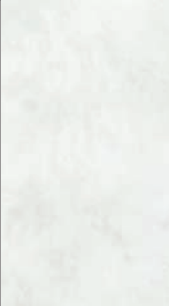
## Quilt Diagram





# State Panel NY - Pillow & Tote

## New York Pillow

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51139-X multi	1 panel	<ul style="list-style-type: none"><li>• Fussy cut (1) 11-1/4" x 11-1/4" panel.</li></ul> <i>Note: One state panel is enough fabric to make (1) Pillow and (1) Tote per the following instructions.</i>
B		37098-16 cherry	1/8	<ul style="list-style-type: none"><li>• (1) 1-1/2" x Width of Fabric (WOF) strip. Sub-cut the strip into (2) 1-1/2" x 11-1/4" strips.</li><li>• (1) 1-1/2" x WOF strip. Sub-cut the strip into (2) 1-1/2" x 13-1/4" strips.</li></ul>
C		37098-30 mediterranean	1/4	<ul style="list-style-type: none"><li>• (1) 3-7/8" x WOF strip. Sub-cut the strip into (8) 3-7/8" squares. Cut the 3-7/8" squares across (1) diagonal to make (16) 3-7/8" triangles.</li></ul>
D		37098-34 spruce	1/4	<ul style="list-style-type: none"><li>• (1) 4-1/4" x WOF strip. Sub-cut the strip into (4) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (16) 4-1/4" triangles.</li></ul>
E		37098-12 chalk	2/3	<ul style="list-style-type: none"><li>• (1) 12-1/2" x WOF strip. Sub-cut the strip into (2) 12-1/2" x 18-1/2" strips.</li><li>• (1) 4-1/4" x WOF strip. Sub-cut the strip into (4) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (16) 4-1/4" triangles.</li><li>• (1) 3-1/2" x WOF strip. Sub-cut the strip into (4) 3-1/2" squares.</li></ul>

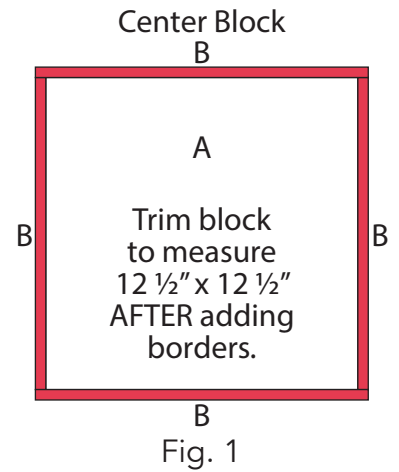




# State Panel NY - Pillow & Tote

## Pillow Block Assembly

1. Sew (1) **B** 1-1/2" x 11-1/4" strip to each side of the **A** 11-1/4" x 11-1/4" panel. Sew (1) **B** 1-1/2" x 13-1/4" strip to the top and to the bottom of the **A** panel to make the **Center Block** (Fig. 1). Trim the block to measure 12-1/2" square.



2. Sew (1) **C** 3-7/8" triangle, (1) **E** 4-1/4" triangle and (1) **D** 4-1/4" triangle together as shown in Figure 2 to make (1) **Unit 1** square. Trim the unit to measure 3-1/2" square. Repeat to make (8) **Unit 1** squares total.

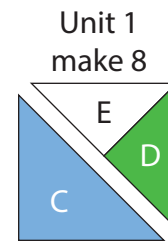


Fig. 2

3. Sew (1) **D** 4-1/4" triangle, (1) **E** 4-1/4" triangle and (1) **C** 3-7/8" triangle together as shown in Figure 3 to make (1) **Unit 2** square. Trim the unit to measure 3-1/2" square. Repeat to make (8) **Unit 2** squares total.

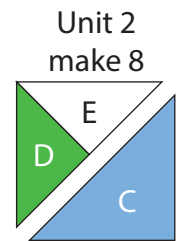


Fig. 3

**Pay attention to the orientation of the units when constructing the borders.**

4. Sew (2) **Unit 1** squares and (2) **Unit 2** squares together in that order to make (1) **Side Border** (Fig. 4). Repeat to make a second **Side Border**.

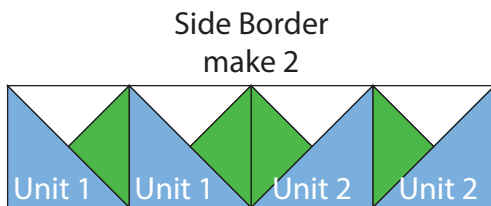


Fig. 4

5. Sew (2) **Unit 1** squares and (2) **Unit 2** squares together in that order. Sew (1) **E** 3-1/2" square to each end of the new strip to make (1) **Top Border** (Fig. 5). Repeat to make (1) **Bottom Border**.

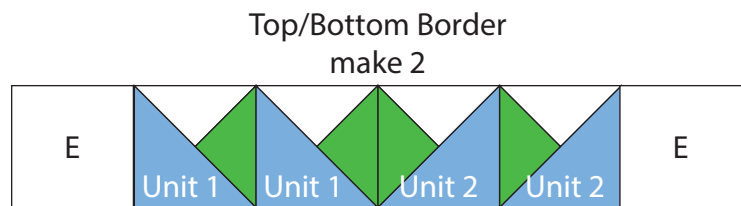


Fig. 5



# State Panel NY - Pillow & Tote

## Pillow Top Assembly

6. Sew the **Side Borders**, **Top Border** and **Bottom Border** onto the **Center Block** to make the pillow top (Fig. 6). Pay attention to the orientation of the borders.

7. Layer and quilt as desired.

8. Turn under the **E** 18-1/2" edge approximately 1/4", press and repeat to make a finished edge on one edge of the **E** 12-1/2" x 18-1/2" piece. Repeat with the second **E** 12-1/2" x 18-1/2" piece.

9. Position and pin each back envelope flap, right sides together with the pillow front, overlapping the finished edges in the middle and aligning the raw edges with the pillow front (Fig. 7). Stitch around the pillow front and back to complete the pillow.

10. Turn the pillow right side out.

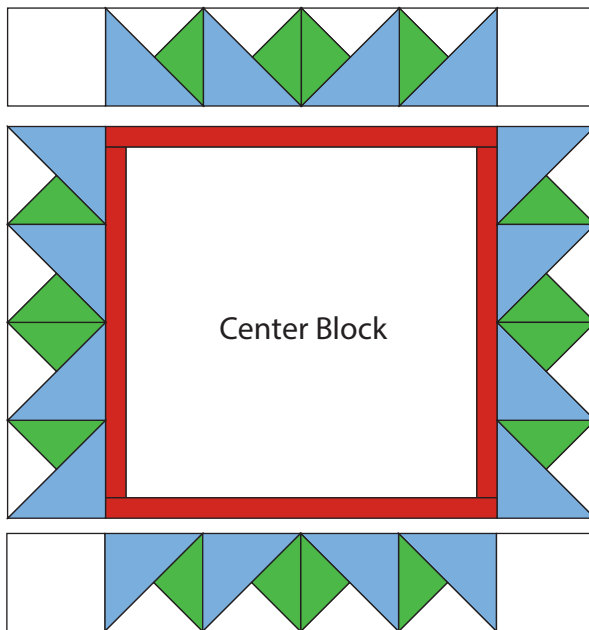


Fig. 6

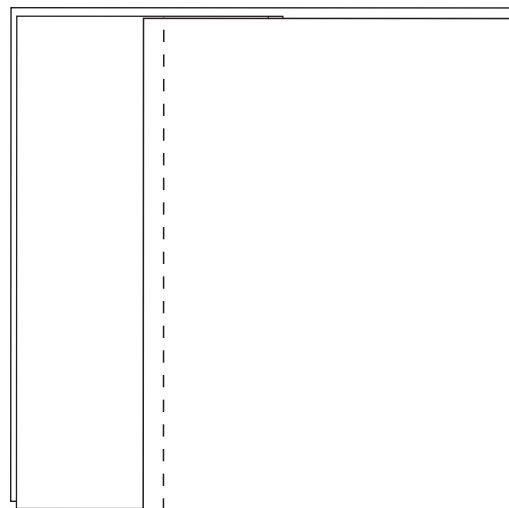

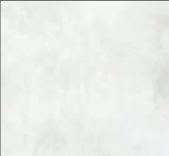



Fig. 7



# State Panel NY - Pillow & Tote

## New York Tote

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51139-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (1) 11 1/4" x 11 1/4" small panel.</li> <li>Note: One state panel is enough fabric to make (1) Pillow and (1) Tote per the following instructions.</li> </ul>
B		37098-12 chalk	2/3	<ul style="list-style-type: none"> <li>(2) 14 1/2" x 14 1/2" squares.</li> <li>(2) 1 1/2" x 13 1/4" Width of Fabric (WOF) strips.</li> <li>(2) 1 1/2" x 11 1/4" WOF strips.</li> </ul>
C		37098-30 mediterranean	3/4	<ul style="list-style-type: none"> <li>(1) 14 1/2" x 14 1/2" square.</li> <li>(2) 4" x WOF strips.</li> <li>(2) 1 1/2" x 14 1/2" WOF strips.</li> <li>(2) 1 1/2" x 12 1/2" WOF strips.</li> </ul>

## Tote Assembly

**11.** Sew (1) **B** 1 1/2" x 11 1/4" strip to each side of (1) **A** 11 1/4" square. Sew (1) **B** 1 1/2" x 13 1/4" strip to the top and bottom of the **A** 11 1/4" square (Fig. 8). Trim the block with borders to measure 12 1/2" x 12 1/2" square to make (1) **Unit 1** square.

**12.** Sew (1) **C** 1 1/2" x 12 1/2" strip to each side of the **Unit 1** square. Sew (1) **C** 1 1/2" x 14 1/2" strip to the top and bottom of the **Unit 1** square to make the bag front (Fig. 9).

**13.** Place the bag front and (1) **C** 14 1/2" square, right sides together. Stitch down the two sides and across the bottom to make the outer bag.

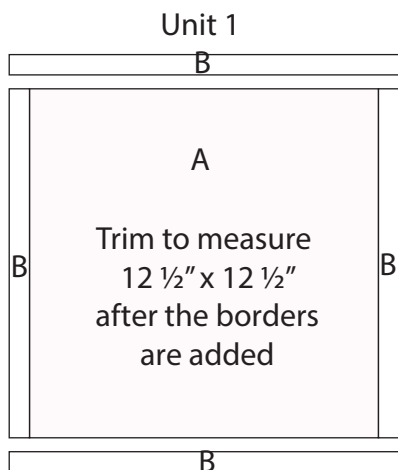


Fig. 8

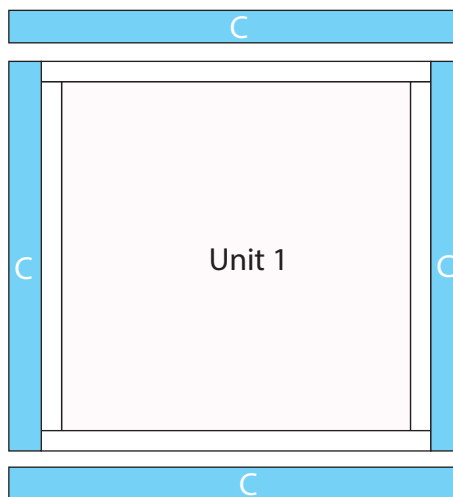


Fig. 9



# State Panel NY - Pillow & Tote

- 14.** Place (1) **B** 14 ½" square on top of (1) **B** 14 ½" square, right sides together. Stitch down the two sides and across the bottom to make the lining, leaving a 3" opening for turning.
- 15.** Fold (1) **C** 4" x WOF strip in half lengthwise and press (Fig. 10). Open the folded fabric and fold each long edge to the creased centerline and press (Fig. 11).
- 16.** Fold the pressed fabric in half again and press to make one 1" x WOF strip (Fig. 12) Top stitch down both long sides 1/8" in from the edge (Fig. 13).

Note the strip will be ¼ of the width of strip you start with.

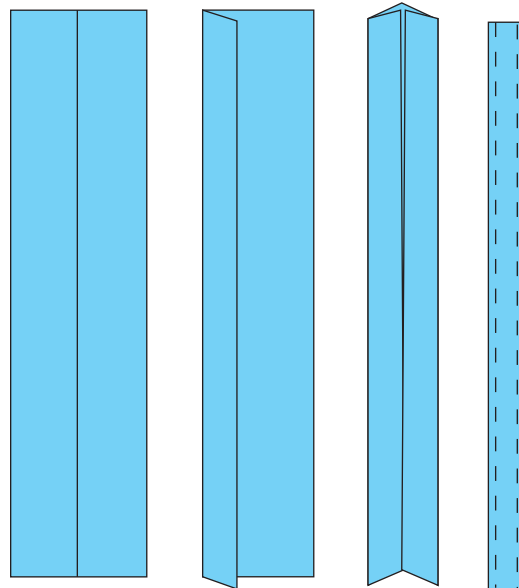


Fig. 10

Fig. 11

Fig. 12

Fig. 13

- 17.** Repeat Steps 15-16 to make a second strap. Trim each strap to the desired length.
- 18.** Pin (1) strap to the bag front about 3" in from each side edge of the bag front. Repeat to pin the second strap to the bag back.
- 19.** Place the outer bag, right sides together with the lining, aligning the top raw edges of the bag and lining, with straps tucked in between the layers and pin together.
- 20.** Sew the lining and bag together around the top edge.
- 21.** Turn the bag and lining right side out through the opening in the lining. Press as needed and top stitch the opening closed. Put the lining into the bag.