

# State Panel MO - Quilt, Pillow & Tote

designed by Heidi Pridemore of The Whimsical Workshop  
featuring the State Panels fabric collection by Sara Franklin

QUILT SIZE: 40" x 40" | PILLOW SIZE: 18" x 18" | TOTE SIZE: 14" x 14"



FREE  
PROJECT







THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

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# State Panel MO - Quilt

## QUILT

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51662P-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (1) 23" x 23" square centered on a large block. <i>Note: One state panel is enough fabric to make (1) Quilt, (1) Pillow and (1) Tote per the following instructions.</i></li> </ul>
B		37098-77 tangerine palette collection	3/8	<ul style="list-style-type: none"> <li>(2) 4-7/8" x width of fabric (WOF) strips. Sub-cut the strips into (14) 4-7/8" squares.</li> </ul>
C		37098-69 cornflower blue palette collection includes binding	1-1/8	<ul style="list-style-type: none"> <li>(2) 2-1/2" x 36-1/2" WOF strips.</li> <li>(2) 2-1/2" x 32-1/2" WOF strips.</li> <li>(2) 2-1/2" x WOF strips. Sub-cut the strips into (28) 2-1/2" squares.</li> <li>(2) 2" x 23" WOF strips.</li> <li>(2) 2" x 26" WOF strips.</li> <li><b>Binding</b></li> <li>(5) 2-1/2" x WOF strips.</li> </ul>
D		37098-26 lavender palette collection	5/8	<ul style="list-style-type: none"> <li>(2) 4-7/8" x WOF strips. Sub-cut the strips into (14) 4-7/8" squares.</li> <li>(2) 3" x WOF strips. Sub-cut the strips into (28) 3" squares.</li> </ul>
E		37098-13 saffron palette collection	3/8	<ul style="list-style-type: none"> <li>(4) 2-1/2" x WOF strips. Sub-cut the strips into (36) 2-1/2" x 4-1/2" strips.</li> </ul>
F		37098-56 cloud palette collection	1/2	<ul style="list-style-type: none"> <li>(5) 2-1/2" x WOF strips. Sub-cut the strips into (76) 2-1/2" squares.</li> </ul>
		Backing	2-3/4	<ul style="list-style-type: none"> <li>(2) 48" x WOF strips. Sew the strips together and trim to 48" x 48" for the pieced back.</li> </ul>
				Batting 48" x 48"



# State Panel MO - Quilt

## Block Assembly

**Note: Pay attention to the unit orientations when assembling the various components.**

1. Sew (1) **C** 2" x 23" strip to each side of the **A** 23" square. Sew (1) **C** 2" x 26" strip to the top and to the bottom of the **A** square. Trim the block to measure 24-1/2" square to make the **Quilt Center Block (Fig. 1)**.

2. Place (1) **F** 2-1/2" square on the left side of (1) **E** 2-1/2" x 4-1/2" strip, right sides together (**Fig. 2**). Sew across the diagonal of the square from the upper right corner to the lower left corner (**Fig. 2**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press (**Fig. 3**).

3. Place another **F** 2-1/2" square on the right side of the **E** 2-1/2" x 4-1/2" strip, right sides together (**Fig. 4**). Sew across the diagonal of the square from the upper left corner to the lower right corner (**Fig. 4**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press to make (1) **Unit 1 strip (Fig. 5)**.

4. Repeat **Steps 2-3** to make (36) **Unit 1** strips total.

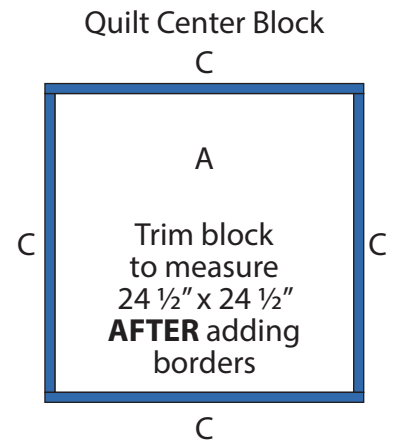


Fig. 1

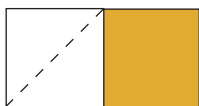


Fig. 2

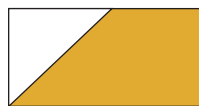


Fig. 3

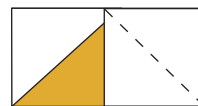


Fig. 4

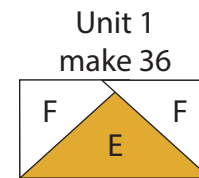


Fig. 5

5. Place (1) **D** 4-7/8" square on top of (1) **B** 4-7/8" square, right sides together. Draw a line across the diagonal of the top square (**Fig. 6**). Sew 1/4" away from each side of the drawn diagonal line (**Fig. 6**). Cut the (2) squares apart on the drawn diagonal line (**Fig. 7**) to make (2) half-square triangles. Trim the half-square triangles to measure 4-1/2" square to make (2) **Unit 2** squares (**Fig. 8**). Repeat to make (28) **Unit 2** squares total.

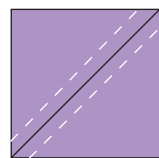


Fig. 6

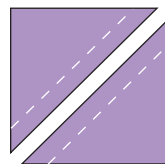


Fig. 7

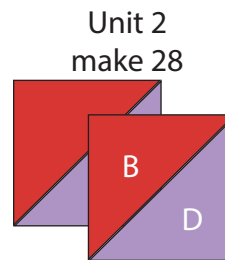


Fig. 8



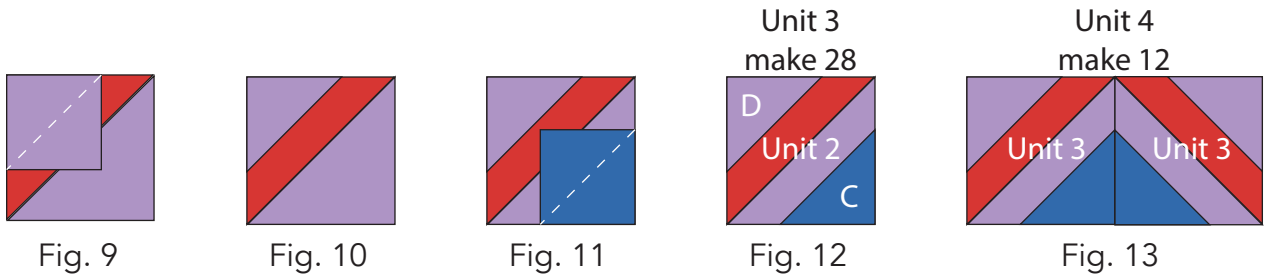
# State Panel MO - Quilt

6. Place (1) **D** 3" square on the top left corner of (1) **Unit 2** square, right sides together (**Fig. 9**). Sew across the diagonal of the small square from the upper right corner to the lower left corner (**Fig. 9**). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam. Flip open the triangle formed and press (**Fig. 10**).

7. Follow **Figure 11** for the seam direction to add a **C** 2-1/2" square to the lower right corner of the **Unit 2** square to make (1) **Unit 3** square (**Fig. 12**).

8. Repeat **Steps 6-7** to make (28) **Unit 3** squares total.

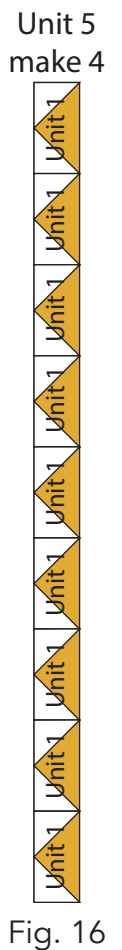
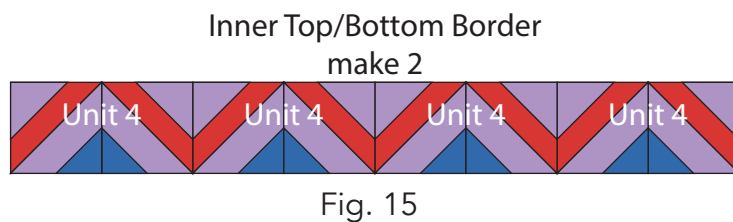
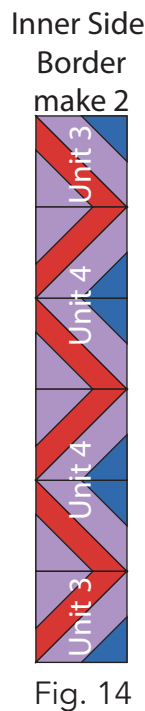
9. Sew (2) **Unit 3** squares together to make (1) **Unit 4** strip (**Fig. 13**). Repeat to make (12) **Unit 4** strips total.



10. Sew (2) **Unit 4** strips together end to end. Sew (1) **Unit 3** square to each end of the newly sewn strip to make (1) **Inner Side Border** (**Fig. 14**). Repeat to make a second **Inner Side Border**.

11. Sew (4) **Unit 4** strips together, end to end, to make (1) **Inner Top Border** (**Fig. 15**). Repeat to make (1) **Inner Bottom Border**.

12. Sew (9) **Unit 1** strips together, end to end, to make (1) **Unit 5** strip (**Fig. 16**). Repeat to make (4) **Unit 5** strips total.





# State Panel MO - Quilt

## Quilt Top Assembly

*(Refer to the Quilt Diagram while assembling the quilt top.)*

**13.** Sew (1) **Inner Side Border** to each side of the **Quilt Center Block**. Sew the **Inner Top Border** and the **Inner Bottom Border** to the top and to the bottom of the **Quilt Center Block**.

**14.** Sew (1) **C** 2-1/2" x 32-1/2" strip to each side of the **Quilt Center Block**. Sew (1) **C** 2-1/2" x 36-1/2" strip to the top and to the bottom of the **Quilt Center Block**.

**15.** Sew (1) **Unit 5** strip to each side of the **Quilt Center Block**. Sew (1) **F** 2 1/2" square to each end of (1) **Unit 5** strip. Repeat to make a second strip. Sew the resulting strips to the top and to the bottom of the **Quilt Center Block** to make the quilt top.

## Quilt Finishing

**16.** Layer and quilt as desired.

**17.** Sew the (5) **C** 2-1/2" x WOF strips together end-to-end with 45-degree seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

**18.** Bind as desired.



# State Panel MO - Quilt

SIZE: 40" X 40"






## Quilt Diagram





# State Panel MO - Pillow

## PILLOW

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51662P-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (1) 11-1/4" x 11-1/4" panel. <i>Note: One state panel is enough fabric to make (1) Quilt, (1) Pillow and (1) Tote per the following instructions.</i></li> </ul>
B		37098-77 tangerine palette collection	1/4	<ul style="list-style-type: none"> <li>(1) 2" x Width of Fabric (WOF) strip. Sub-cut the strip into (2) 2" x 11-1/4" strips.</li> <li>(1) 2" x WOF strip. Sub-cut the strip into (2) 2" x 14-1/4" strips.</li> </ul>
C		37098-69 cornflower blue palette collection	1/4	<ul style="list-style-type: none"> <li>(1) 3-7/8" x WOF strip. Sub-cut the strip into (8) 3-7/8" squares. Cut the 3-7/8" squares across (1) diagonal to make (16) 3-7/8" triangles.</li> </ul>
D		37098-13 saffron palette collection	1/4	<ul style="list-style-type: none"> <li>(1) 4-1/4" x WOF strip. Sub-cut the strip into (4) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (16) 4-1/4" triangles.</li> </ul>
E		37098-56 cloud palette collection	2/3	<ul style="list-style-type: none"> <li>(1) 12-1/2" x WOF strip. Sub-cut the strip into (2) 12-1/2" x 18-1/2" strips.</li> <li>(1) 4-1/4" x WOF strip. Sub-cut the strip into (4) 4-1/4" squares. Cut the 4-1/4" squares across both diagonals to make (16) 4-1/4" triangles.</li> <li>(1) 3-1/2" x WOF strip. Sub-cut the strip into (4) 3-1/2" squares.</li> </ul>
		You will also need:		<ul style="list-style-type: none"> <li>18" pillow form</li> </ul>

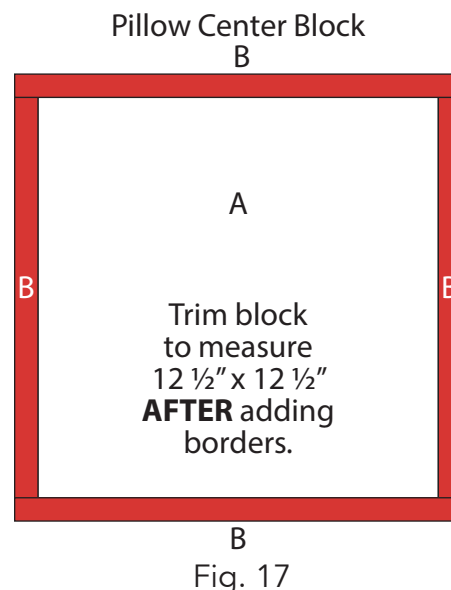


# State Panel MO - Pillow

## Pillow Block Assembly

**Note: Pay attention to the unit orientations when assembling the various components of the pillow top.)**

**19.** Sew (1) **B** 2" x 11-1/4" strip to each side of the **A** 11-1/4" square. Sew (1) **B** 2" x 14-1/4" strip to the top and to the bottom of the **A** square to make the **Pillow Center Block** (Fig. 17). Trim the block to measure 12-1/2" square.



**20.** Sew (1) **E** 4-1/4" triangle and (1) **D** 4-1/4" triangle together. Sew (1) **C** 3-7/8" triangle to the long side of the sewn strip to make (1) **Unit 6** square (Fig. 18). Trim the unit to measure 3-1/2" square. Repeat to make (8) **Unit 6** squares total.

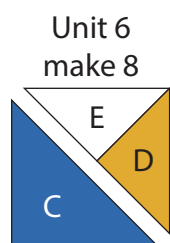


Fig. 18

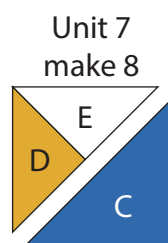


Fig. 19

**21.** Sew (1) **D** 4-1/4" triangle and (1) **E** 4-1/4" triangle together. Sew (1) **C** 3-7/8" triangle to the long side of the sewn strip to make (1) **Unit 7** square (Fig. 19). Trim the unit to measure 3-1/2" square. Repeat to make (8) **Unit 7** squares total.

**22.** Sew (2) **Unit 6** squares and (2) **Unit 7** squares together, end to end and in that order, to make (1) **Pillow Side Border** (Fig. 20). Repeat to make a second **Pillow Side Border**.

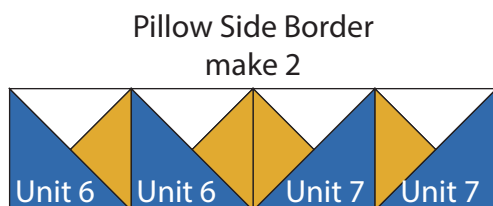


Fig. 20

**23.** Sew (2) **Unit 6** squares and (2) **Unit 7** squares together end to end. Sew (1) **E** 3-1/2" square to each end of the newly sewn strip to make the **Pillow Top Border** (Fig. 21). Repeat to make the **Pillow Bottom Border**.

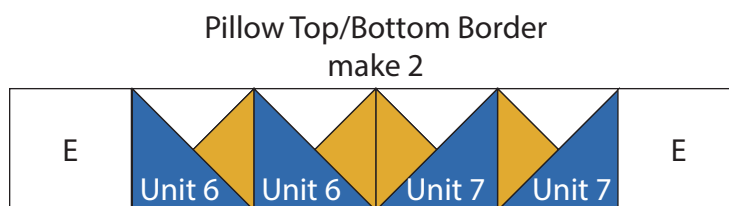


Fig. 21





# State Panel MO - Pillow

## Pillow Top Assembly

24. Sew (1) **Pillow Side Border** to each side of the **Pillow Center Block**. Sew the **Pillow Top Border** and **Pillow Bottom Border** to the top and to the bottom of the **Pillow Center Block** to make the pillow top (**Fig. 22**). Pay attention to the orientation of the borders.
25. Layer and quilt as desired.
26. Turn under the **E** 18-1/2" edge approximately 1/4", press and repeat then stitch to make a finished edge on one edge of the **E** 12-1/2" x 18-1/2" piece. Repeat with the second **E** 12-1/2" x 18-1/2" piece.
27. Position and pin each back envelope flap, right sides together with the pillow front, overlapping the finished edges in the middle and aligning the raw edges with the pillow front (**Fig. 23**). Stitch around the pillow front and back to complete the pillow.
28. Turn the pillow right side out.
29. Add the pillow form to complete the pillow.

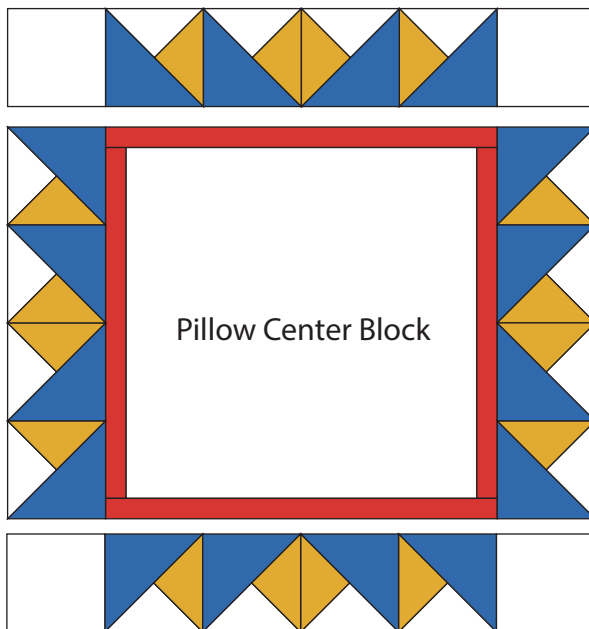


Fig. 22

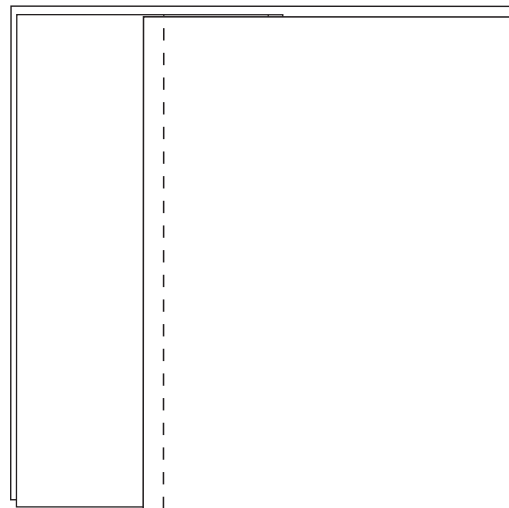





Fig. 23



# State Panel MO - Tote

## TOTE

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51662P-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (1) 11-1/4" x 11-1/4" small panel.</li> <li>Note: One state panel is enough fabric to make (1) Quilt, (1) Pillow and (1) Tote per the following instructions.</li> </ul>
B		37098-56 cloud palette collection	2/3	<ul style="list-style-type: none"> <li>(2) 14-1/2" x 14-1/2" squares.</li> <li>(2) 2" x 14-1/4" Width of Fabric (WOF) strips.</li> <li>(2) 2" x 11-1/4" WOF strips.</li> </ul>
C		37098-69 cornflower blue palette collection	3/4	<ul style="list-style-type: none"> <li>(1) 14-1/2" x 14-1/2" square.</li> <li>(2) 4" x WOF strips.</li> <li>(2) 1-1/2" x 14-1/2" WOF strips.</li> <li>(2) 1-1/2" x 12-1/2" WOF strips.</li> </ul>

### Tote Assembly

**30.** Sew (1) **B** 2" x 11-1/4" strip to each side of (1) **A** 11-1/4" square. Sew (1) **B** 2" x 14-1/4" strip to the top and bottom of the **A** 11-1/4" square. Trim the block with borders to measure 12-1/2" square to make (1) **Unit 8** square (**Fig. 24**).

**31.** Sew (1) **C** 1-1/2" x 12-1/2" strip to each side of the **Unit 8** square. Sew (1) **C** 1-1/2" x 14-1/2" strip to the top and bottom of the **Unit 8** square to make the bag front (**Fig. 25**).

**32.** Place the bag front and (1) **C** 14-1/2" square, right sides together. Stitch down the two sides and across the bottom to make the outer bag.

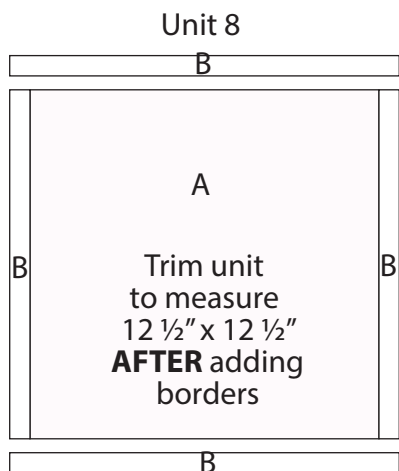


Fig. 24

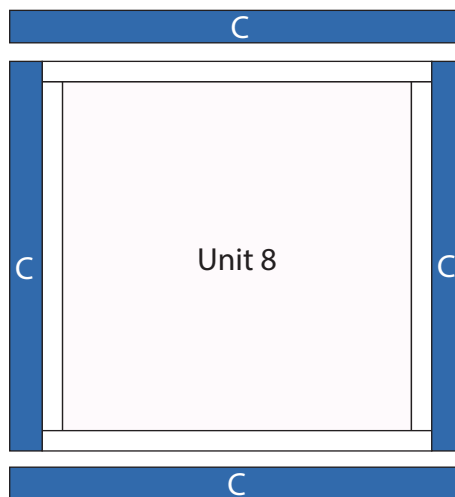
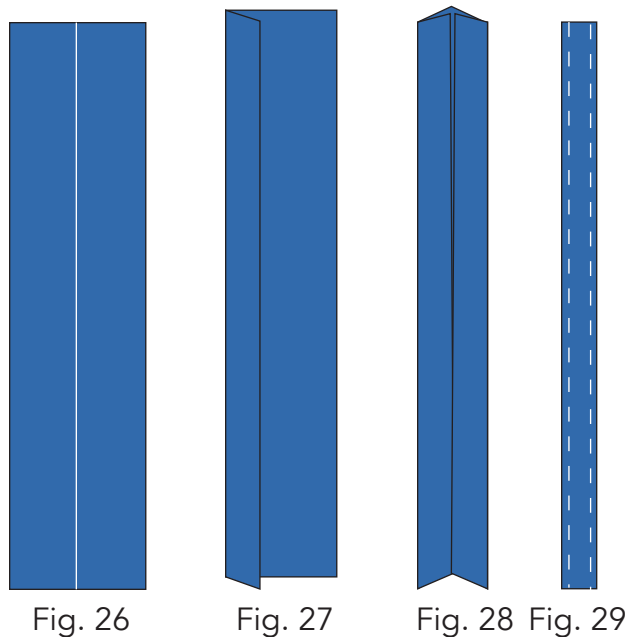


Fig. 25



# State Panel MO - Tote

- 33.** Place (1) **B** 14-1/2" square on top of (1) **B** 14-1/2" square, right sides together. Stitch down the two sides and across the bottom to make the lining, leaving a 3" opening for turning.
- 34.** Fold (1) **C** 4" x WOF strip in half lengthwise and press (**Fig. 26**). Open the folded fabric and fold each long edge to the creased centerline and press (**Fig. 27**).
- 35.** Fold the pressed fabric in half again and press to make (1) 1" x WOF strip (**Fig. 28**). Top stitch down both long sides 1/8" in from the edge to make (1) strap (**Fig. 29**).



- 36.** Repeat **Steps 34-35** to make a second strap. Trim each strap to the desired length.
- 37.** Pin (1) strap to the bag front about 3" in from each side edge of the bag front. Repeat to pin the second strap to the bag back.
- 38.** Place the outer bag, right sides together with the lining, aligning the top raw edges of the bag and lining, with straps tucked in between the layers and pin together.
- 39.** Sew the lining and bag together around the top edge.
- 40.** Turn the bag and lining right side out through the opening in the lining. Press as needed and top stitch the opening closed. Put the lining into the bag.