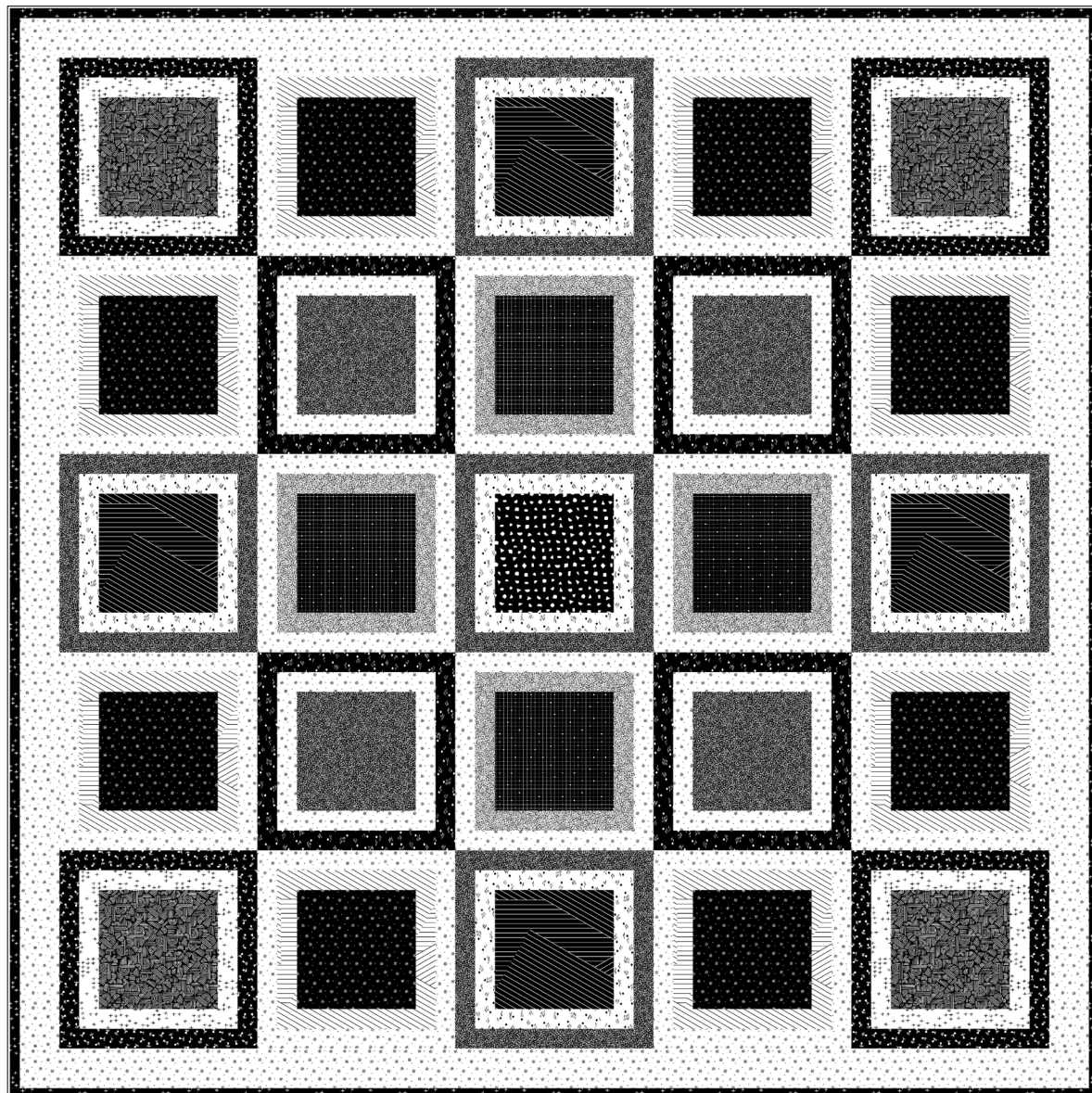


BEGINNER  
SKILL

# Frame of Mind

Designed by *Natalie Crabtree*Featuring the *Pen & Ink* collection by Whistler Studios

SIZE: 54" x 54"

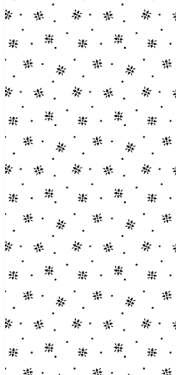

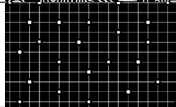
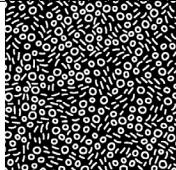

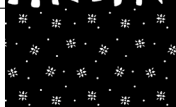

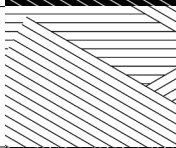

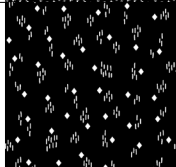
FREE  
PROJECT

THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

**PLEASE NOTE:** BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT [WINDHAMFABRICS.COM](http://WINDHAMFABRICS.COM) FREE PROJECTS SECTION.



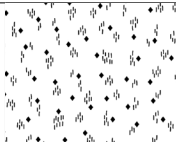
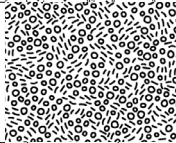
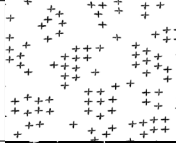
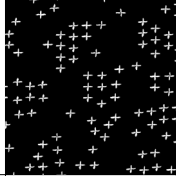
# Frame of Mind

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		53568-1 White	1 ¼	(6) 2 ½" x WOF strips. Piece strips for length using diagonal seams. From the long strip, subcut the following: (2) 2 ½" x 50 ½" Side Border strips. (2) 2 ½" x 54 ½" Top/Bottom Border strips. (14) 1 ½" x WOF strips. Subcut the following ( <i>Cut the largest rectangles first. Then, use the remainder of the WOF strips to cut the smallest rectangles.</i> ): (24) 1 ½" x 10 ½" rectangles. (32) 1 ½" x 8 ½" rectangles. (8) 1 ½" x 6 ½" rectangles.
B		53565-2 Black	¼	(1) 6 ½" x WOF strip. Subcut (4) 6 ½" squares.
C		53571-2 Black	¼	(1) 6 ½" x WOF strip. Subcut (4) 6 ½" squares.
D		53561-2 Black	½	(1) 6 ½" x WOF strip. Subcut (4) 6 ½" squares. (5) 1 ½" x WOF strips. Subcut the following: (10) 1 ½" x 8 ½" rectangles. (10) 1 ½" x 10 ½" rectangles.
E		53562-2 Black	¼	(1) 6 ½" x WOF strip. Subcut (1) 6 ½" square.
F		53568-2 Black	½	(2) 6 ½" x WOF strips. Subcut (8) 6 ½" squares.
G		53563-2 Black	¼	(1) 6 ½" x WOF strip. Subcut (4) 6 ½" squares.
H		53563-1 White	¾	(7) 1 ½" x WOF strips. Subcut the following: (16) 1 ½" x 6 ½" rectangles. (16) 1 ½" x 8 ½" rectangles.
I		53566-2 Black	¼	(4) 1 ½" x WOF strips. Subcut the following: (8) 1 ½" x 8 ½" rectangles. (8) 1 ½" x 10 ½" rectangles.
J		53567-2 Black	¼	(4) 1 ½" x WOF strips. Subcut the following: (8) 1 ½" x 8 ½" rectangles. (8) 1 ½" x 10 ½" rectangles.

WOF = WIDTH OF FABRIC



# Frame of Mind

<b>K</b>		53567-1 White	$\frac{3}{8}$	(5) 1 ½" x WOF strips. Subcut the following: (10) 1 ½" x 6 ½" rectangles. (10) 1 ½" x 8 ½" rectangles.
<b>L</b>		53561-1 White	$\frac{1}{4}$	(4) 1 ½" x WOF strips. Subcut the following: (8) 1 ½" x 6 ½" rectangles. (8) 1 ½" x 8 ½" rectangles.
<b>M</b>		53570-1 White	$\frac{1}{4}$	(4) 1 ½" x WOF strips. Subcut the following: (8) 1 ½" x 6 ½" rectangles. (8) 1 ½" x 8 ½" rectangles.
<b>N</b>		53570-2 Black BINDING	$\frac{1}{2}$	(6) 2 ¼" x WOF strips for binding.
		Backing	3 ½	Batting 62" x 62"

WOF = WIDTH OF FABRIC

**PROJECT DISCLAIMER:** Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. Therefore, we assume no responsibility nor damages that may occur when referring to this pattern. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We suggest you check [windhamfabrics.com](http://windhamfabrics.com) for pattern updates and to test the pattern prior to making the project. Test templates first, before cutting all the pieces. Free projects are not for resale.

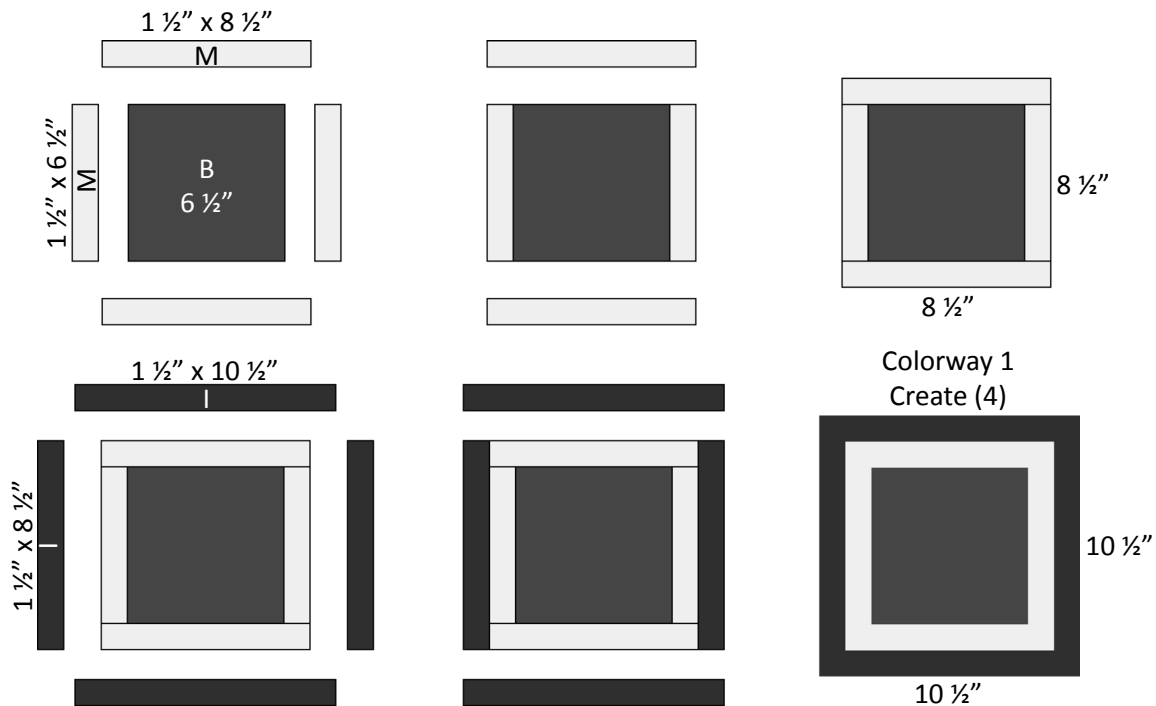


# Frame of Mind

## BLOCK ASSEMBLY:

*Designer Note: Blocks are pieced using the Courthouse Steps Method. Sew the rectangles onto the center square in the order written. The quilt features blocks in (6) Colorways. Diagrams indicate piecing methods using Colorway 1. A written guide and diagrams show accurate fabric combinations for each additional colorway.*

1. Create Block Colorway 1. Sew (1)  $1\frac{1}{2}'' \times 6\frac{1}{2}''$  **Fabric M** rectangle to both sides of (1)  $6\frac{1}{2}''$  **Fabric B** square. Press outward.
2. Sew (1)  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  **Fabric M** rectangle to the top and bottom of the same **Fabric B** square. Press outward. The block should measure  $8\frac{1}{2}'' \times 8\frac{1}{2}''$  unfinished at this step.
3. Sew (1)  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  **Fabric I** rectangle to both sides of the block. Press outward.
4. Sew (1)  $1\frac{1}{2}'' \times 10\frac{1}{2}''$  **Fabric I** rectangle to the top and bottom of the same block. Press outward to complete assembly. The block should measure  $10\frac{1}{2}'' \times 10\frac{1}{2}''$  unfinished.
5. Repeat to create (4) identical Block Colorway 1.



6. Repeat the assembly methods described in Steps 1-5 to create Block Colorways 2-6. Use the fabric combinations, diagrams and quantities listed and shown below and on Page 4.

a. Colorway 2: Create (4)

**Fabric G:**  $6\frac{1}{2}''$  square.

**Fabric K:**  $1\frac{1}{2}'' \times 6\frac{1}{2}''$  and  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  rectangles.

**Fabric D:**  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  and  $1\frac{1}{2}'' \times 10\frac{1}{2}''$  rectangles.

b. Colorway 3: Create (8)

**Fabric F:**  $6\frac{1}{2}''$  square.

**Fabric H:**  $1\frac{1}{2}'' \times 6\frac{1}{2}''$  and  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  rectangles.

**Fabric A:**  $1\frac{1}{2}'' \times 8\frac{1}{2}''$  and  $1\frac{1}{2}'' \times 10\frac{1}{2}''$  rectangles.



# Frame of Mind

c. Colorway 4: Create (4)

**Fabric D:** 6 1/2" square.

**Fabric A:** 1 1/2" x 6 1/2" and 1 1/2" x 8 1/2" rectangles.

**Fabric J:** 1 1/2" x 8 1/2" and 1 1/2" x 10 1/2" rectangles.

d. Colorway 5: Create (4)

**Fabric C:** 6 1/2" square.

**Fabric L:** 1 1/2" x 6 1/2" and 1 1/2" x 8 1/2" rectangles.

**Fabric A:** 1 1/2" x 8 1/2" and 1 1/2" x 10 1/2" rectangles.

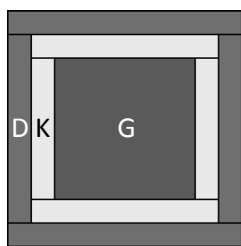
e. Colorway 6: Create (1)

**Fabric E:** 6 1/2" square.

**Fabric K:** 1 1/2" x 6 1/2" and 1 1/2" x 8 1/2" rectangles.

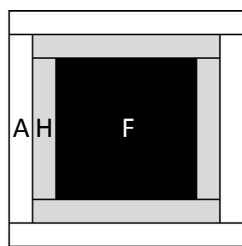
**Fabric D:** 1 1/2" x 8 1/2" and 1 1/2" x 10 1/2" rectangles.

Colorway 2  
Create (4)



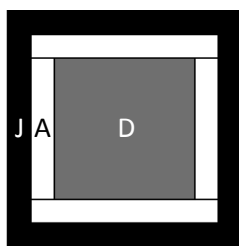
Fabrics G, K & D

Colorway 3  
Create (8)



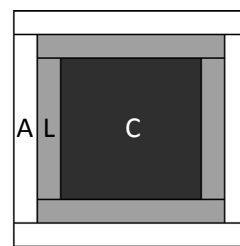
Fabrics F, H & A

Colorway 4  
Create (4)



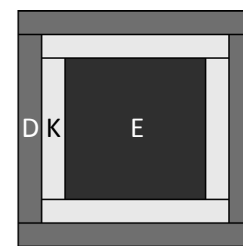
Fabrics D, A & J

Colorway 5  
Create (4)



Fabrics C, L & A

Colorway 6  
Create (1)



Fabrics E, K & D

## QUILT ASSEMBLY:

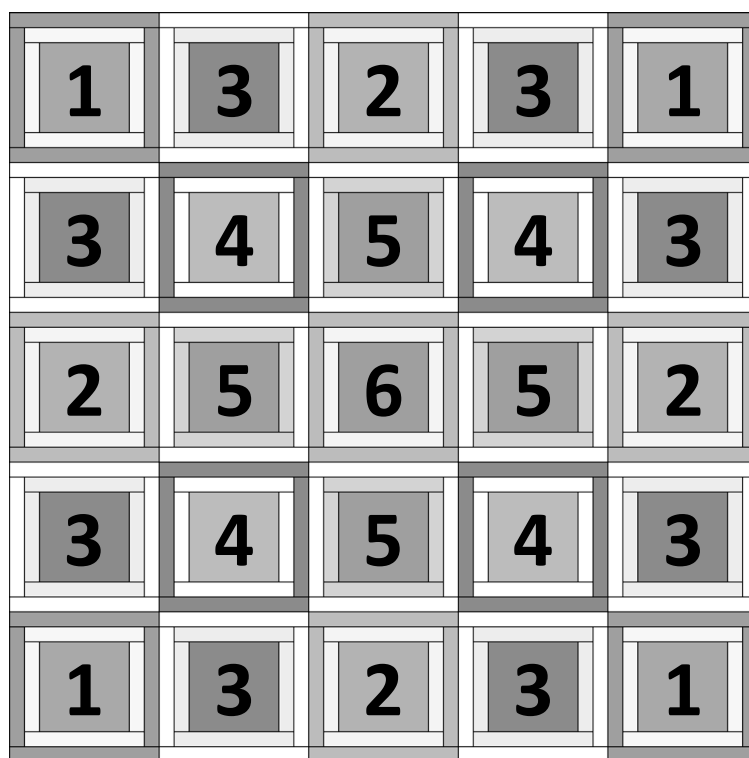
7. Lay out the blocks in a 5 x 5 grid as shown in the diagrams to the right and on Page 5. Note the placement of Colorways 1-6 in the small opaque diagram to the right.

8. Sew blocks into horizontal block rows first, alternating the direction in which you press the seams in each row.

9. Sew horizontal block rows together, using pins to align and nestle seams. Press seams downward. The quilt top should measure 50 1/2" x 50 1/2" unfinished at this step.

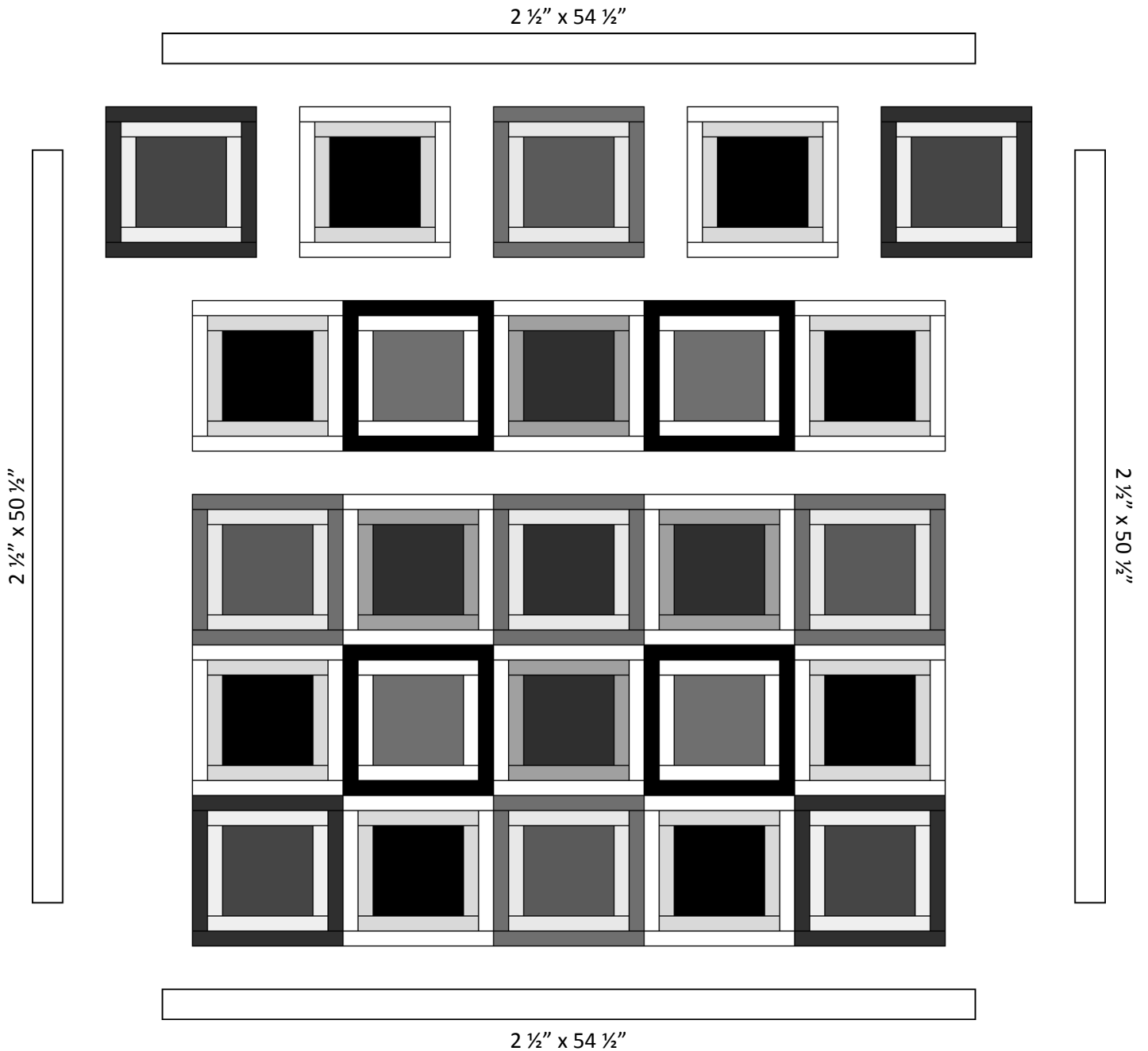
10. Sew (1) 2 1/2" x 50 1/2" **Fabric A** Side Border to both sides of the quilt top. When attaching each border, it is recommended to use pins to avoid stretching or shifting. Press outward.

11. Sew (1) 2 1/2" x 54 1/2" **Fabric A** Top/Bottom Border to the top and bottom of the quilt top. Press outward to complete assembly. The quilt top should measure 54 1/2" x 54 1/2" unfinished.





# Frame of Mind



## FINISHING THE QUILT:

12. Sandwich the quilt top with batting and backing. Baste quilt layers together using your preferred method.
13. Quilt as desired.
14. Bind quilt using (6) 2 ¼" x WOF **Fabric N** strips.