

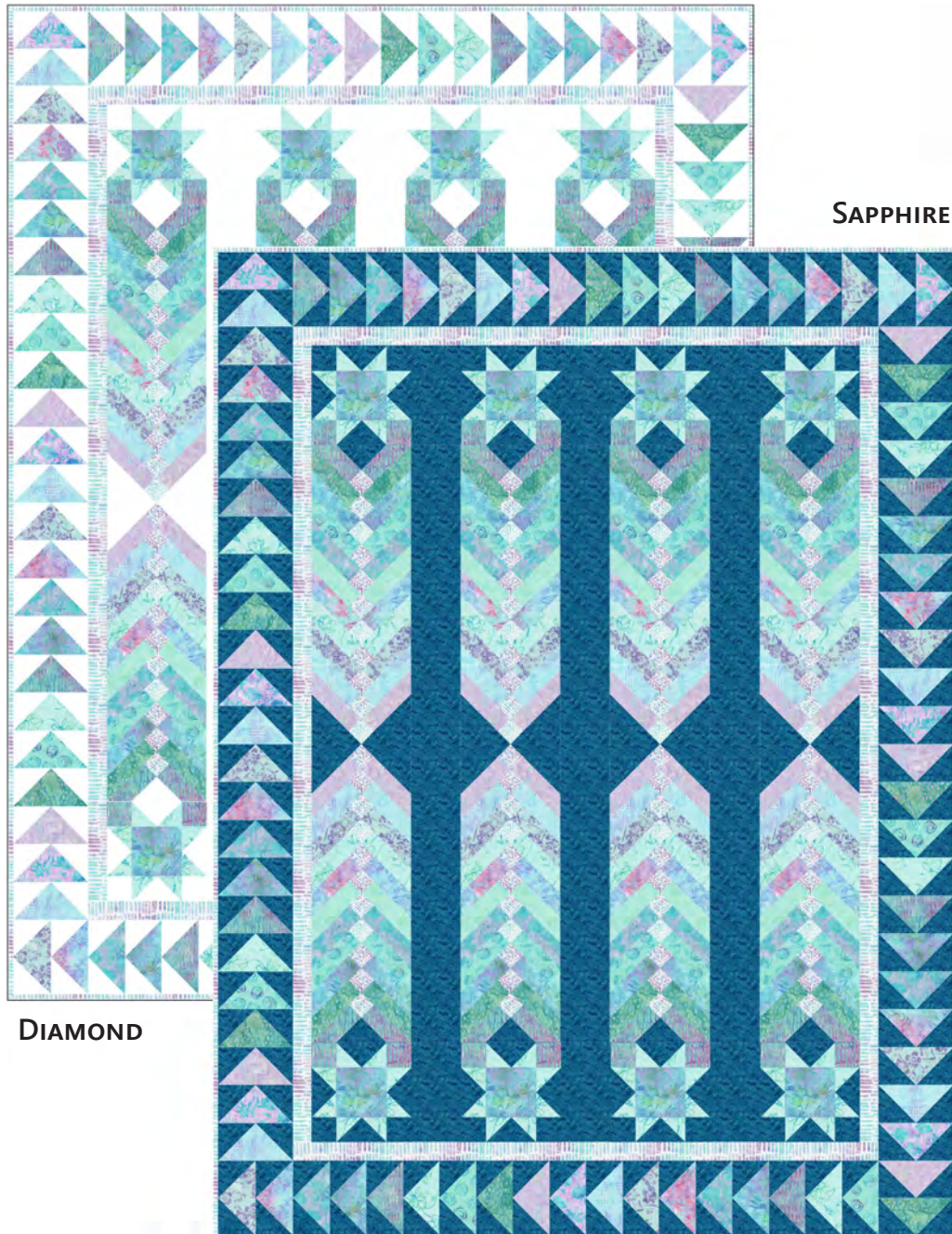
INTERMEDIATE  
SKILL

# Flying Braid

designed by Project House 360

featuring *Baliscapes - Breeze*

SIZE: 58" x 79"



SAPPHIRE

DIAMOND

THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

**PLEASE NOTE:** BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT [WINDHAMFABRICS.COM](http://WINDHAMFABRICS.COM)'S FREE PROJECTS SECTION.

FREE  
PROJECT



# Flying Braid

**PROJECT DISCLAIMER:** Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. Therefore, we assume no responsibility nor damages that may occur when referring to this pattern. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We suggest you check [windhamfabrics.com](http://windhamfabrics.com) for pattern updates and to test the pattern prior to making the project. Test templates first, before cutting all the pieces. Free projects are not for resale.

| KEY | FABRIC | SKU   | YD    | CUTTING INSTRUCTIONS WOF=WIDTH OF FABRIC  |
|-----|--------|---|-------|---|
| A   |        | 2635Q-X   | 3/4   | (1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 2 1/2" x WOF strip. Subcut: (16) 2 1/2" squares<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"  |
| B   |        | 100Q-1045 white<br><b>OR</b><br>100Q-1601<br>morroccan blue | 2 3/4 | (1) 9 1/4" x WOF strip. Subcut: (2) 9 1/4" squares<br>(2) 7 1/4" squares<br>(1) 5 3/4" square<br>(1) 5 3/4" x WOF strip. Subcut: (7) 5 3/4" squares<br>(1) 2 1/2" x WOF strip. Subcut: (16) 2 1/2" squares<br>(2) 3 1/8" x WOF strips. Subcut: (16) 3 1/8" squares<br>(8) 3 1/2" x WOF strips. Subcut: (88) 3 1/2" squares<br>(4) 4 1/2" x WOF strips.<br>(1) 8 1/2" x WOF strip. Subcut: (6) 4 1/2" x 8 1/2" |
| C   |        | 2649Q-X   | 5/8   | (1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"   |
| D   |        | 2636Q-X   | 2/3   | (1) 4 1/2" x WOF strip. Subcut: (8) 4 1/2" squares<br>(1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"   |
| E   |        | 2648Q-X   | 5/8   | (1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"   |
| F   |        | 2637Q-X   | 5/8   | (1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"   |
| G   |        | 2647Q-X   | 5/8   | (1) 6 3/4" x WOF strip. Subcut: (16) 1 7/8" x 6 3/4"<br>(1) 6 1/2" x WOF strip. Subcut: (2) 6 1/2" squares<br>(1) 3 1/8" x 5 3/4"   |



# Flying Braid

|   |  |         |                 |  |
|---|--|---------|-----------------|--|
| H |  | 2638Q-X | $\frac{5}{8}$   | (1) 6 $\frac{3}{4}$ " x WOF strip. Subcut: (16) 1 $\frac{7}{8}$ " x 6 $\frac{3}{4}$ "<br>(1) 6 $\frac{1}{2}$ " x WOF strip. Subcut: (2) 6 $\frac{1}{2}$ " squares<br>(1) 3 $\frac{1}{8}$ " x 5 $\frac{3}{4}$ "   |
| I |  | 2646Q-X | $\frac{2}{3}$   | (1) 6 $\frac{3}{4}$ " x WOF strip. Subcut: (16) 1 $\frac{7}{8}$ " x 6 $\frac{3}{4}$ "<br>(1) 6 $\frac{1}{2}$ " x WOF strip. Subcut: (2) 6 $\frac{1}{2}$ " squares<br>(1) 5 $\frac{3}{4}$ " square<br>(1) 3 $\frac{1}{8}$ " x 5 $\frac{3}{4}$ "<br>(3) 3 $\frac{3}{8}$ " x WOF strips. Subcut: (32) 3 $\frac{3}{8}$ " squares |
| J |  | 2639Q-X | $\frac{5}{8}$   | (1) 6 $\frac{3}{4}$ " x WOF strip. Subcut: (16) 1 $\frac{7}{8}$ " x 6 $\frac{3}{4}$ "<br>(1) 6 $\frac{1}{2}$ " x WOF strip. Subcut: (2) 6 $\frac{1}{2}$ " squares  |
| K |  | 2640Q-X | $\frac{5}{8}$   | (1) 6 $\frac{3}{4}$ " x WOF strip. Subcut: (16) 1 $\frac{7}{8}$ " x 6 $\frac{3}{4}$ "<br>(1) 6 $\frac{1}{2}$ " x WOF strip. Subcut: (2) 6 $\frac{1}{2}$ " squares  |
| L |  | 2642Q-X | $\frac{5}{8}$   | (1) 6 $\frac{3}{4}$ " x WOF strip. Subcut: (16) 1 $\frac{7}{8}$ " x 6 $\frac{3}{4}$ "<br>(1) 6 $\frac{1}{2}$ " x WOF strip. Subcut: (2) 6 $\frac{1}{2}$ " squares  |
| M |  | 2644Q-X | $\frac{1}{2}$   | (5) 1 $\frac{7}{8}$ " x WOF strips. Subcut: (88) 1 $\frac{7}{8}$ " squares   |
| N |  | 2643Q-X | 1 $\frac{1}{4}$ | (4) 1 $\frac{7}{8}$ " x WOF strips.<br>(3) 2 $\frac{5}{8}$ " x WOF strips.<br>(8) 2 $\frac{1}{2}$ " x WOF strips for binding.  |
|   |  | 2636Q-X | 5               | Backing  |
|   |  | Batting |                 | 66" x 87"  |

## 1/4" Seam Allowance Check

Even if you use a 1/4" foot, your seam allowance may not be accurate!

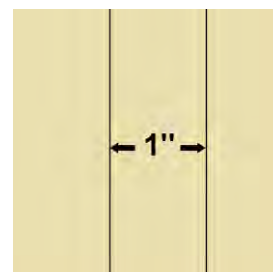
To check if your seam is accurate, cut three 1 1/2" x 3" pieces from scrap fabric.

Sew the pieces together along the 3" side, using what you believe is a 1/4" seam.

Press away from the center piece.

Measure.

The center piece should be exactly 1" wide.



If, when you measure, the center is less than 1", your seam allowance is too large.

If it's more than 1", your seam allowance is too small.

Refer to your machine owner's manual for instructions on changing your needle position.

Repeat the test until your center strip measures exactly 1".





# Flying Braid

## Braids:

Make 4

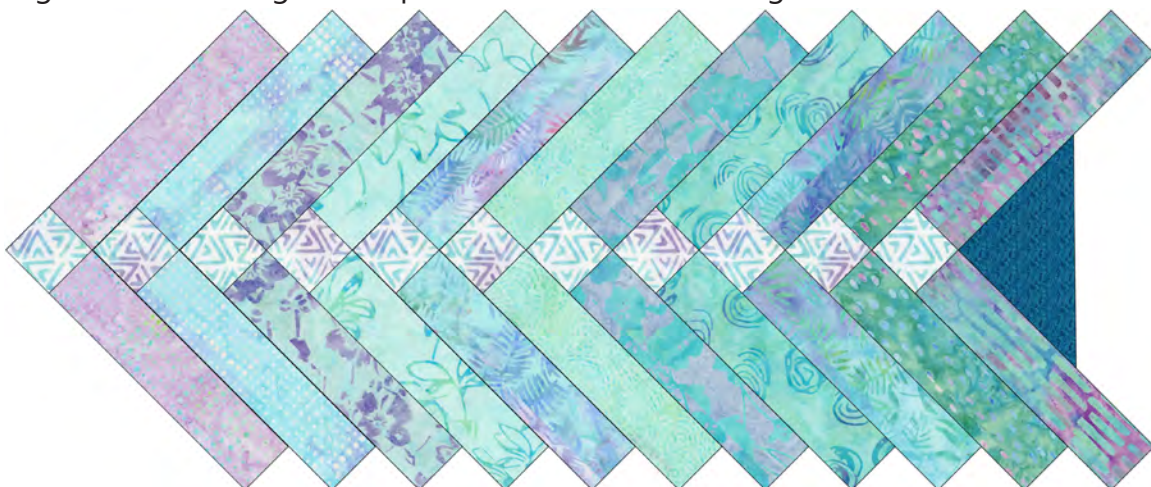
1. Cut two fabric B  $7\frac{1}{4}$ " squares twice diagonally. Cut two fabric A  $9\frac{1}{4}$ " squares twice diagonally.
2. Stitch one fabric A  $1\frac{7}{8}$ " x  $6\frac{3}{4}$ " rectangle to one fabric B  $7\frac{1}{4}$ " triangle. Make sure the top of the triangle and the rectangle are even. The bottom will not line up evenly. Press rectangle outward.
3. Stitch one fabric M  $1\frac{7}{8}$ " square to one fabric A  $1\frac{7}{8}$ " x  $6\frac{3}{4}$ " rectangle. Add to the unit, matching seams. Again, the bottom will not be even.



4. Stitch one fabric C  $1\frac{7}{8}$ " x  $6\frac{3}{4}$ " rectangle to the right-hand side of the unit.
5. Stitch one fabric M  $1\frac{7}{8}$ " square to the end of one fabric C  $1\frac{7}{8}$ " x  $6\frac{3}{4}$ " rectangle.
6. Add to the left-hand side of the unit, matching seams.



7. Repeat steps 4-6 using the fabric M  $1\frac{7}{8}$ " squares and the fabrics D through L  $1\frac{7}{8}$ " x  $6\frac{3}{4}$ " rectangles, adding fabrics D through L in alphabetical order. Make eight braid units.





# Flying Braid

8. Stitch two braid units together adding two fabric B  $9\frac{1}{4}$ " triangles as shown.
9. Trim the braid to  $8\frac{1}{2}$ " x  $48\frac{1}{2}$ " centering as shown. Make four braids.

Step 8



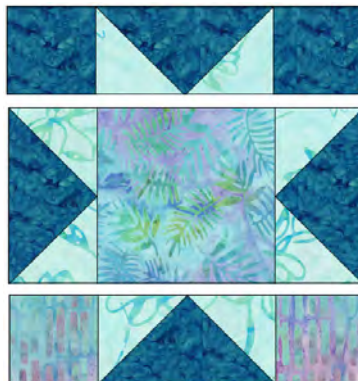
Step 9



## Star Blocks:

Make 8

10. Use the technique sheet on page 7 with one fabric B  $5\frac{3}{4}$ " square and four fabric I  $3\frac{3}{8}$ " squares to make four flying geese units. Trim to  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ ".
11. Combine the flying geese units with two fabric B  $2\frac{1}{2}$ " squares, two fabric A  $2\frac{1}{2}$ " squares and one fabric D  $4\frac{1}{2}$ " square as shown. Square block to  $8\frac{1}{2}$ ". Make eight blocks.





# Flying Braid

## Center Assembly:

12. Stitch four fabric B  $4\frac{1}{2}$ " x WOF strips together, end-to-end. Cut into three  $4\frac{1}{2}$ " x  $48\frac{1}{2}$ " pieces.
13. Use the assembly diagram on page 6 to stitch the fabric A strips together alternating with the braid strips.
14. Stitch the fabric B  $4\frac{1}{2}$ " x  $8\frac{1}{2}$ " rectangles together with the star blocks as shown on the assembly diagram. Add to the top and bottom of the braid strips.

## First Border:

15. Stitch four fabric N  $1\frac{7}{8}$ " x WOF strips together, end-to-end. Cut into two  $1\frac{7}{8}$ " x  $64\frac{1}{2}$ " strips. Add to the left and right sides of the quilt center.
16. Stitch three fabric N  $2\frac{5}{8}$ " x WOF strips together, end-to-end. Cut into two  $2\frac{5}{8}$ " x  $47\frac{3}{4}$ " strips. Add to the top and bottom of the quilt center.

## Flying Geese Border:

Make 96 assorted

Note: The geese units are placed in alphabetical order all around the perimeter of the quilt, so it'll be easier to keep each fabric in a separate pile.

17. Use the technique sheet on page 7 to make no-waste flying geese units using the  $6\frac{1}{2}$ " squares of fabric A and C-L with 88 fabric B  $3\frac{1}{2}$ " squares. Make eight of each color. Trim geese units to  $3\frac{1}{8}$ " x  $5\frac{3}{4}$ ".
18. Use the technique sheet on page 7 to make quick corner geese units using the  $3\frac{1}{8}$ " x  $5\frac{3}{4}$ " rectangles of fabric A and C-I along with the sixteen fabric B  $3\frac{1}{8}$ " squares. Trim geese units to  $3\frac{1}{8}$ " x  $5\frac{3}{4}$ ". Make eight units. You should now have a total of 96 flying geese units.
19. Stitch one geese unit from each of fabrics A and C-L in a strip in alphabetical order. Add one geese unit from fabrics A and C-H to the strip in alphabetical order. Stitch to the top of the quilt, referring to the assembly diagram on page 6 if necessary, noticing which way the geese are pointing.
20. Stitch one fabric I and one fabric J geese together. Stitch 28 geese units together in the following order: K, L, A, C-L, A, C-L, A, C-E. Add the I/J unit to the top of the strip as shown on the assembly diagram. This strip is for the right-hand side of the quilt.
21. Stitch eighteen geese together in the following order: F-L, A, C-L. Stitch to the bottom of the quilt, referring to the assembly diagram on page 6 to point the geese in the right direction.
22. Add the right-hand strip to the quilt.
23. For the left-hand strip, stitch one fabric A and one fabric C geese together. Stitch 28 geese units together in the following order: D-L, A, C-L, A, C-I. Add the A/C unit to the bottom of the strip, using the assembly diagram for placement. Add to the quilt, making sure the geese are pointing in the right direction.

## Finishing:

24. Layer, baste and quilt as desired.
25. Bind with eight fabric N  $2\frac{1}{2}$ " x WOF strips.





# Flying Braid

## Assembly Diagram







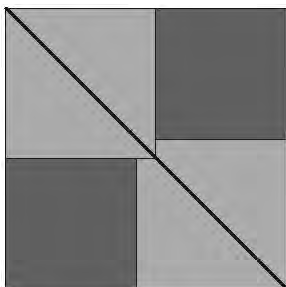
# Flying Braid

## Technique Sheet

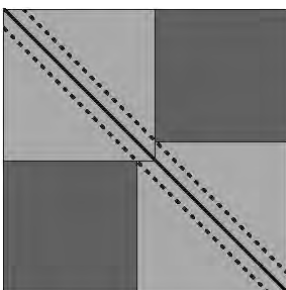
### No-Waste Flying Geese

Draw a diagonal line on the wrong side of the smaller squares.

Add two smaller squares to one larger square, right sides together, as shown.



Stitch a 1/4" seam on each side of the drawn line.

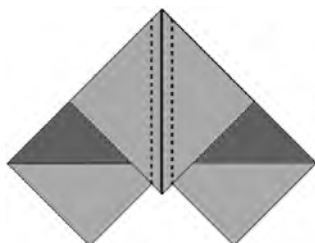


Cut on the drawn line and press small triangles outward.



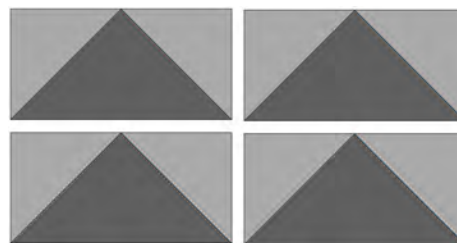
Add one small square, right sides together, as shown.

Stitch a 1/4" seam on each side of the drawn line.



Cut on the drawn line and press small triangles outward. Trim to the size indicated in the pattern.

Each set of one large square and four small squares makes four flying geese units.



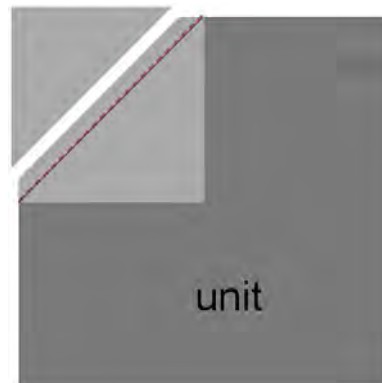
### Quick Corners

Draw a diagonal line on the wrong side of the small squares (black line).

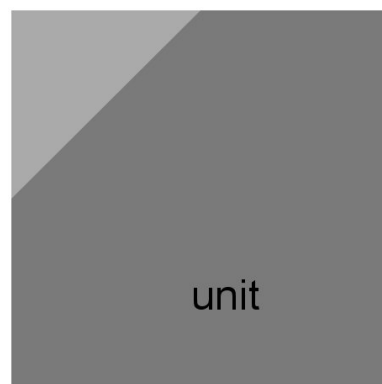
Layer one square, right sides together, on top of the unit, square or rectangle.

Stitch on the drawn line (red line).

Cut away excess, leaving a 1/4" seam allowance.



Press triangle outward.



Repeat as instructed in pattern.