

# Flourish

Featuring the Flourish Collection by Mia Whittemore  
Quilt Design by Heidi Pridemore  
Pattern by Heidi Pridemore of The Whimsical Workshop  
Quilt Size: 49" x 61"



Please Note: Quilt Image shown is a digital representation, fabric look may vary on your project. Check [www.windhamfabrics.com](http://www.windhamfabrics.com) Free Project section online to see if there are any pattern updates before you start your quilt project.



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## Estimated Fabric Requirements:

- ¼ yard – 43509-4 Blue
- ⅛ yard – 43511-5 Green
- ¼ yard – 37098-62 Marion Berry
- ⅓ yard – 43512-3 Berry
- ¼ yard – 43512-2 Yellow
- ¼ yard – 43513-5 Green
- ¼ yard – 43510-5 Green
- ¼ yard – 37098-66 Petal Pink
- 1 ½ yards – 43507-X Multi
- ¼ yard – 43508-2 Yellow
- ⅝ yard – 43510-3 Berry
- ½ yard – 43509-5 Green
- ¾ yard – 43513-4 Blue
- ⅝ yard – 35370S-1 Optic White
- ¾ yard – 37098-32 Blue Bird
- 3 ¼ yards – 43508-1 White



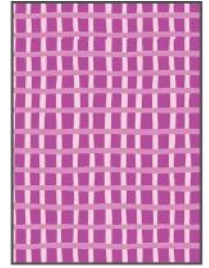
43509-4  
Blue (A)



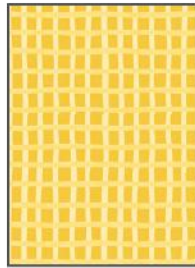
43511-5  
Green (B)



37098-62  
Marion Berry (C)



43512-3  
Berry (D)



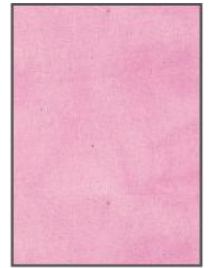
43512-2  
Yellow (E)



43513-5  
Green (F)



43510-5  
Green (G)



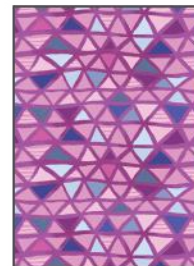
37098-66  
Petal Pink (H)



43507-X  
Multi (I)



43508-2  
Yellow (J)



43510-3  
Berry (K)



43509-5  
Green (L)



43513-4  
Blue (M)



35370S-1  
Optic White (N)



37098-32  
Blue Bird (O)



43508-1  
White (Backing)



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## Cutting Instructions:

Fabric A: Floral – Blue

- See instructions to cut two Vase #1 pieces.
- See instructions to cut two Vase Bands #2 pieces.

Fabric B: Drops – Green

- Cut one 2 ½" x Width of Fabric (WOF) strip. Sub-cut the strip into two 2 ½" x 12 ½" strips.

Fabric C: Palette – Marion Berry

- See instructions to cut two Plant #1 pieces.
- See instructions to cut four Plant #3 pieces.

Fabric D: Grid – Berry

- Cut one 2 ½" x WOF strip. Sub-cut the strip into two 2 ½" x 12 ½" strips.
- See instructions to cut two Vase #2 pieces.

Fabric E: Grid – Yellow

- Cut one 2 ½" x WOF strip. Sub-cut the strip into two 2 ½" x 12 ½" strips.
- See instructions to cut two Vase #3 Top Band pieces, two Vase #3 Middle Band pieces and two Vase #3 Bottom Band pieces.

Fabric F: Leaves Stripe – Green

- See instructions to cut two Plant #2 pieces.

Fabric G: Triangles – Green

- See instructions to cut two Vase #3 pieces.

Fabric H: Palette – Petal Pink

- See instructions to cut six Plant #3 pieces.

Fabric I: Large Succulents – Multi

- Cut two 5 ½" x 51 ½" Length of Fabric (LOF) strips.
- Cut four 5 ½" x WOF strips from the remaining fabric. Sew the strips together end to end and sub-cut two 5 ½" x 49 ½" strips.

Fabric J: Small Succulents – Yellow

- Cut one 5 ½" x WOF strip. Sub-cut the strip into six 5 ½" squares.

Fabric K: Triangles – Berry

- Cut one 6 ½" x WOF strip. Sub-cut the strip into twelve 1" x 6 ½" strips and twelve 1" x 5 ½" strips.
- Cut three 2" x WOF strips. Sew the strips together end to end with diagonal seams and sub-cut two 2" x 48 ½" strips.
- Cut two 2" x 39 ½" strips.



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## Cutting Instructions - Continued:

Fabric L: Floral – Green

- Cut four 3" x WOF strip. Sub-cut the strip into twenty-four 3" x 6 ½" strips.

Fabric M: Leaves Stripe – Blue

- Cut four 1" x WOF strips. Sub-cut the strips into twelve 1" x 12 ½" strips.
- Cut four 1" x WOF strips. Sub-cut the strips into twelve 1" x 11 ½" strips.
- Cut six 2 ½" x WOF strips for the binding.

Fabric N: Optic White

- Cut six 3" x WOF strips. Sub-cut the strips into seventy-two 3" squares.

Fabric O: Palette – Blue Bird

- Cut two 10 ½" x WOF strips. Sub-cut the strips into six 10 ½" x 12 ½" strips.

Backing: Small Succulents – White

- Cut two 57" x WOF strips. Sew the strips together and trim to 57" x 69" for the pieced back.

## Block Assembly:

1. Sew one 2 ½" x 12 ½" Fabric B strip to the bottom of one 10 ½" x 12 ½" Fabric O strip to make one Unit 1 square (Fig. 1). Repeat to make a second Unit 1 square.
2. Following the manufacturer's instructions, trace the listed number of each template onto the paper side of the fusible web. Roughly cut out each template about ⅛" outside the drawn lines.
3. Press each template onto the wrong side of the fabrics as listed on the templates. Cut out each template on the drawn lines.
4. Refer to Figure 2 to arrange and press the Plant #1 and Vase #1 onto the Unit 1 square to make one Block One. Repeat to make a second Block One.
5. Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch.

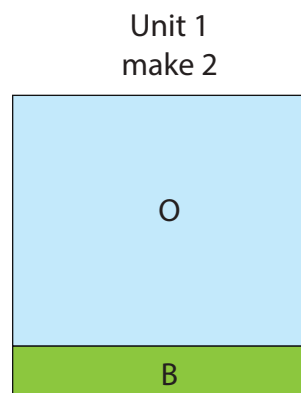


Fig. 1

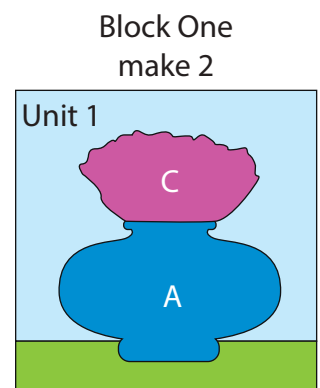


Fig. 2



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6. Sew one 2 1/2" x 12 1/2" Fabric E strip to the bottom of one 10 1/2" x 12 1/2" Fabric O strip to make one Unit 2 square (Fig. 3). Repeat to make a second Unit 2 square.

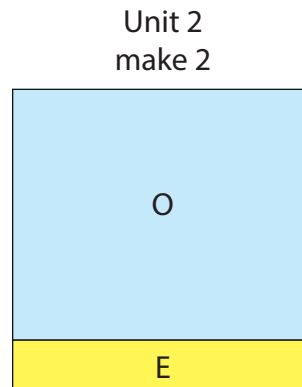


Fig. 3

7. Refer to Figure 4 to arrange and press the Plant #2, Vase #2 and Vase #2 Band onto the Unit 2 square to make one Block Two. Repeat to make a second Block Two.

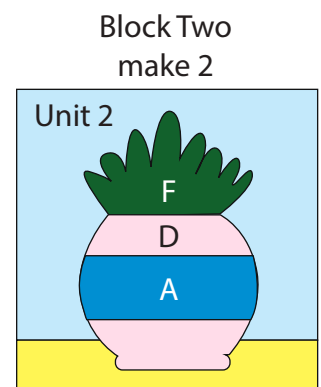


Fig. 4

8. Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch.

9. Sew one 2 1/2" x 12 1/2" Fabric D strip to the bottom of one 10 1/2" x 12 1/2" Fabric O strip to make one Unit 3 square (Fig. 5). Repeat to make a second Unit 3 square.

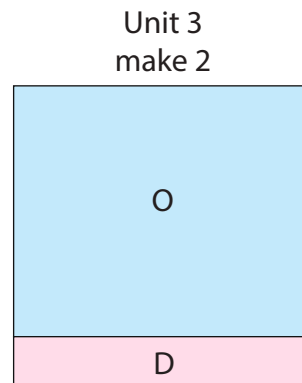


Fig. 5

10. Refer to Figure 6 to arrange and press the Plant #3's, Vase #3 and Vase #3 Bands onto the Unit 3 square to make one Block Three. Repeat to make a second Block Three.

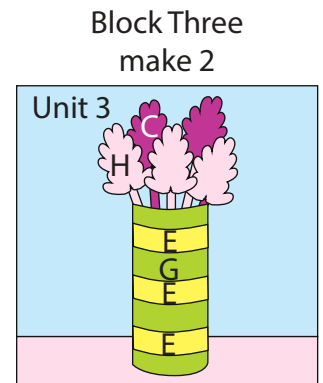


Fig. 6

11. Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch.

12. Sew one 1" x 5 1/2" Fabric K strip to each side of one 5 1/2" Fabric J square. Sew one 1" x 6 1/2" Fabric K strip to the top and to the bottom of the Fabric J square to make one Unit 4 (Fig. 7). Repeat to make six Unit four squares total.

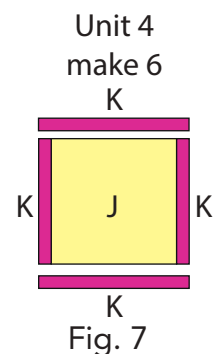


Fig. 7

13. Place one 3" Fabric N square on the left side of one 3" x 6 1/2" Fabric L strip, right sides together (Fig. 8). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 8). Flip open the triangle formed and press (Fig. 9). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.



Fig. 8



Fig. 9

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14. Place another 3" Fabric N square on the right side of the 3" x 6 1/2" Fabric L strip, right sides together (Fig. 10). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 10). Flip open the triangle formed and press (Fig. 11). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make one Unit 5 strip. Repeat to make twenty-four Unit 5 strips total.

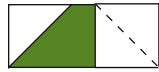


Fig. 10

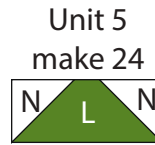


Fig. 11

15. Sew one Unit 5 to each side of one Unit 4 square. Pay attention to orientation of the Unit 5 strips. Sew one 3" fabric N square to each end of one Unit 5 strip to make one top strip. Repeat to make one bottom strip. Sew the top and bottom strips to the Unit 4 square, paying attention to the orientation of the strips, to make one Unit 6 square (Fig. 12). Repeat to make six Unit 6 squares total.
16. Sew one 1" x 11 1/2" Fabric M strip to each side of one Unit 6 square. Sew one 1" x 12 1/2" Fabric M strip to the top and to the bottom of the Unit 6 square to make one Block Four (Fig. 13). Repeat to make six Block Four's total.

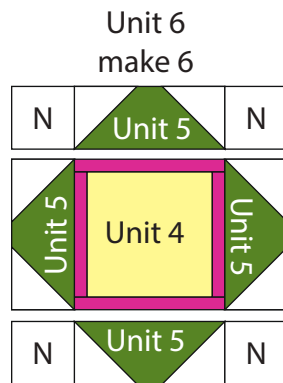


Fig. 12

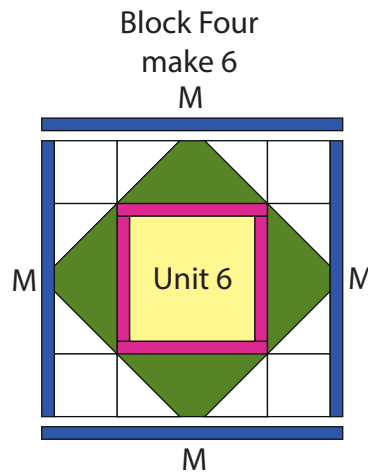


Fig. 13

## Quilt Top Assembly – Refer to the Quilt Layout while assembling the quilt top:

17. Sew one Block One, one Block Four and one Block Three together in that order to make Row One.
18. Sew one Block Four, one Block Two and one Block Four together in that order to make Row Two. Repeat to make Row Four.



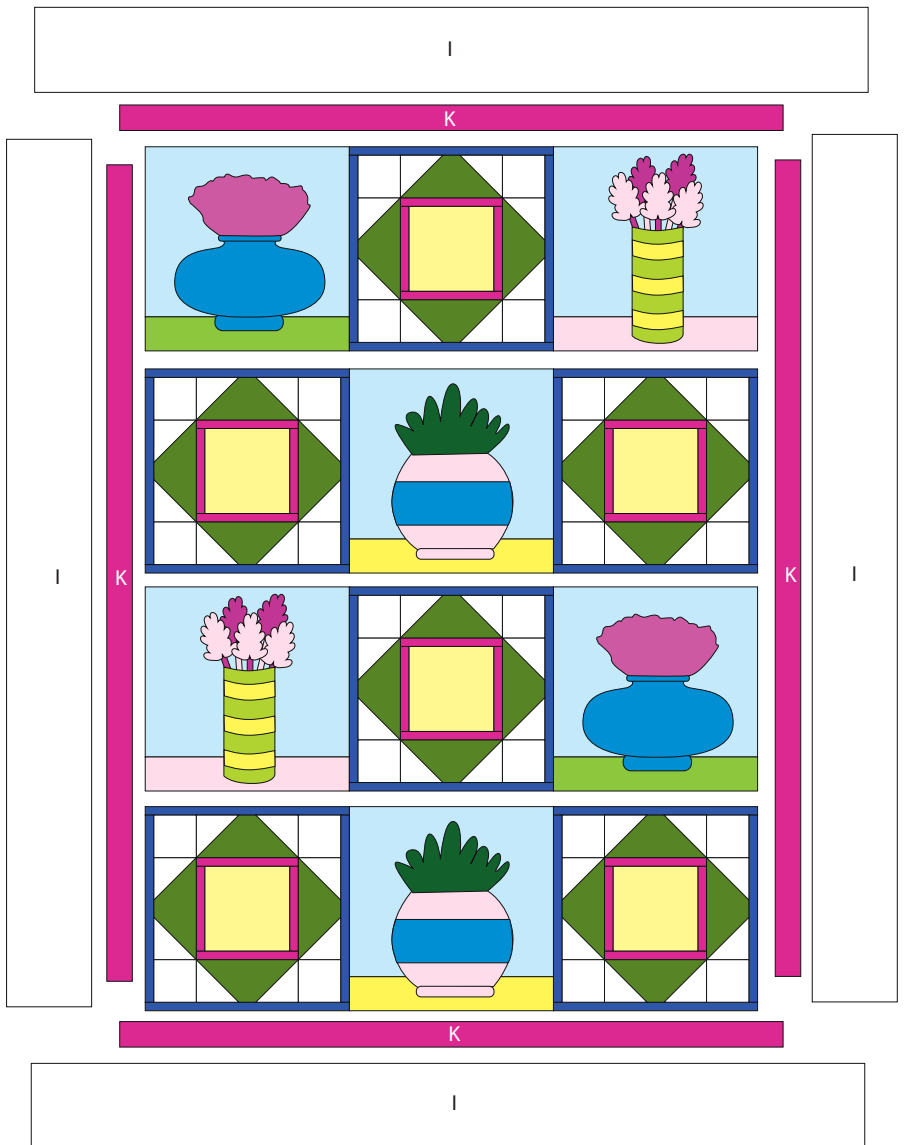
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19. Sew one Block Three, one Block Four and one Block One together in that order to make Row Three.
20. Sew the rows together lengthwise, in numerical order, to make the Center Block.
21. Sew one 2" x 48 1/2" Fabric K strip to each side of the Center Block. Sew one 2" x 39 1/2" Fabric K strip to the top and to the bottom of the Center Block.
22. Sew one 5 1/2" x 51 1/2" Fabric I strip to each side of the Center Block. Sew one 5 1/2" x 49 1/2" Fabric I strip to the top and to the bottom of the Center Block to make the quilt top.
23. Layer and quilt as desired.
24. Sew the six 2 1/2" x WOF Fabric M strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half, lengthwise with wrong sides together, and press.
25. Bind as desired.



Quilt Layout

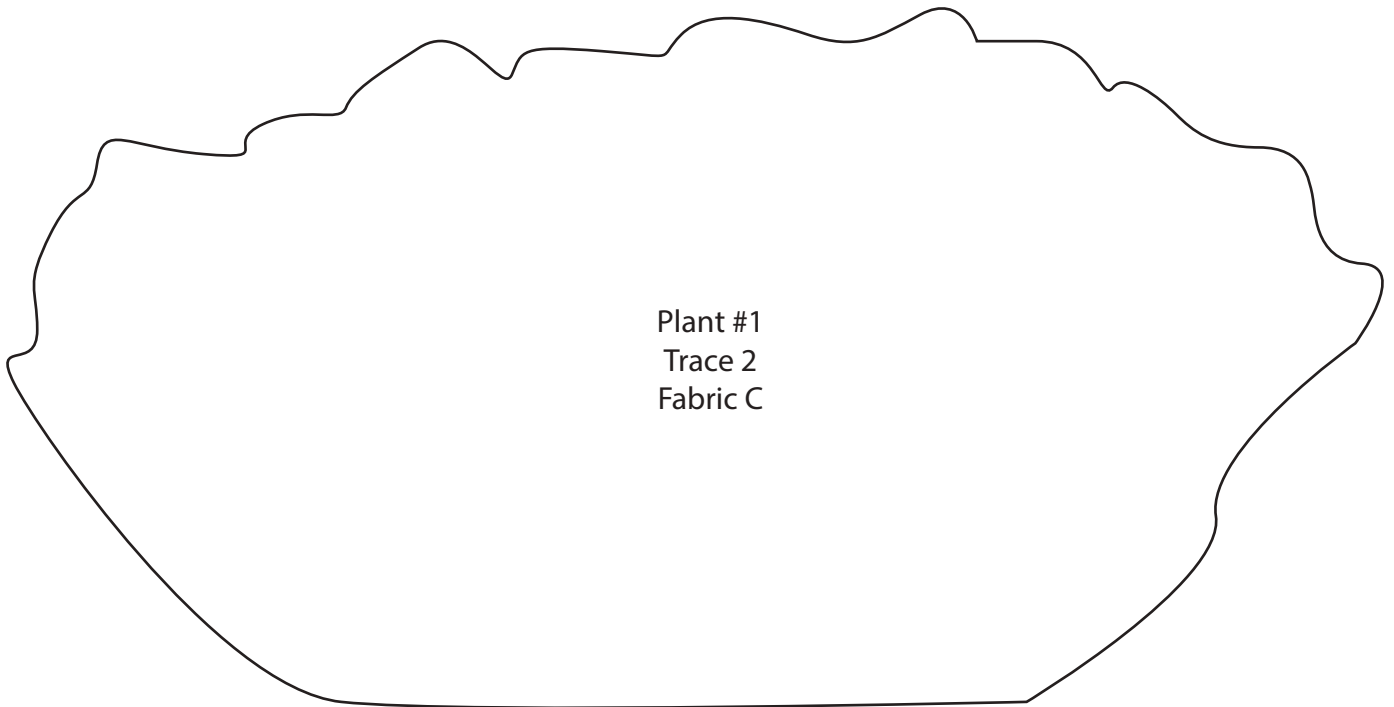


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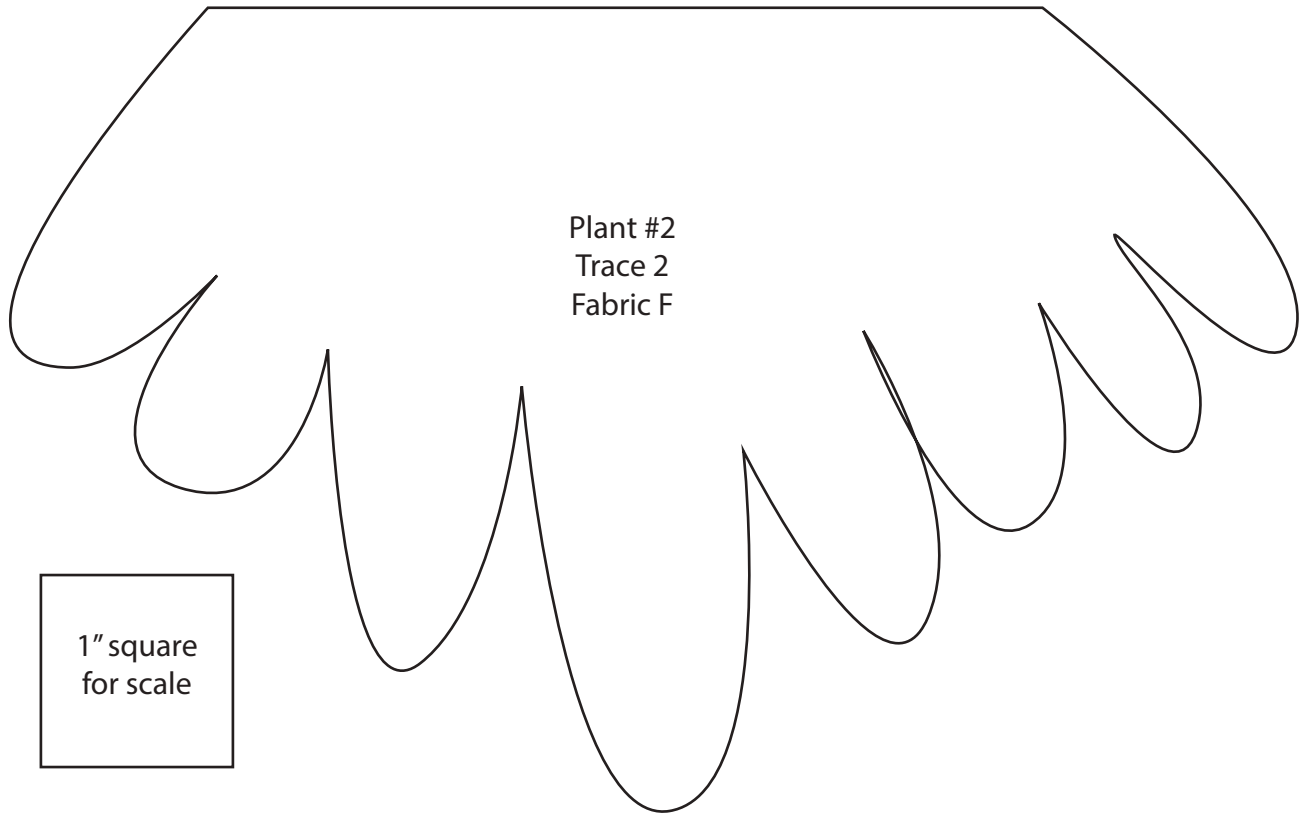
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Plant #1  
Trace 2  
Fabric C



Plant #2  
Trace 2  
Fabric F

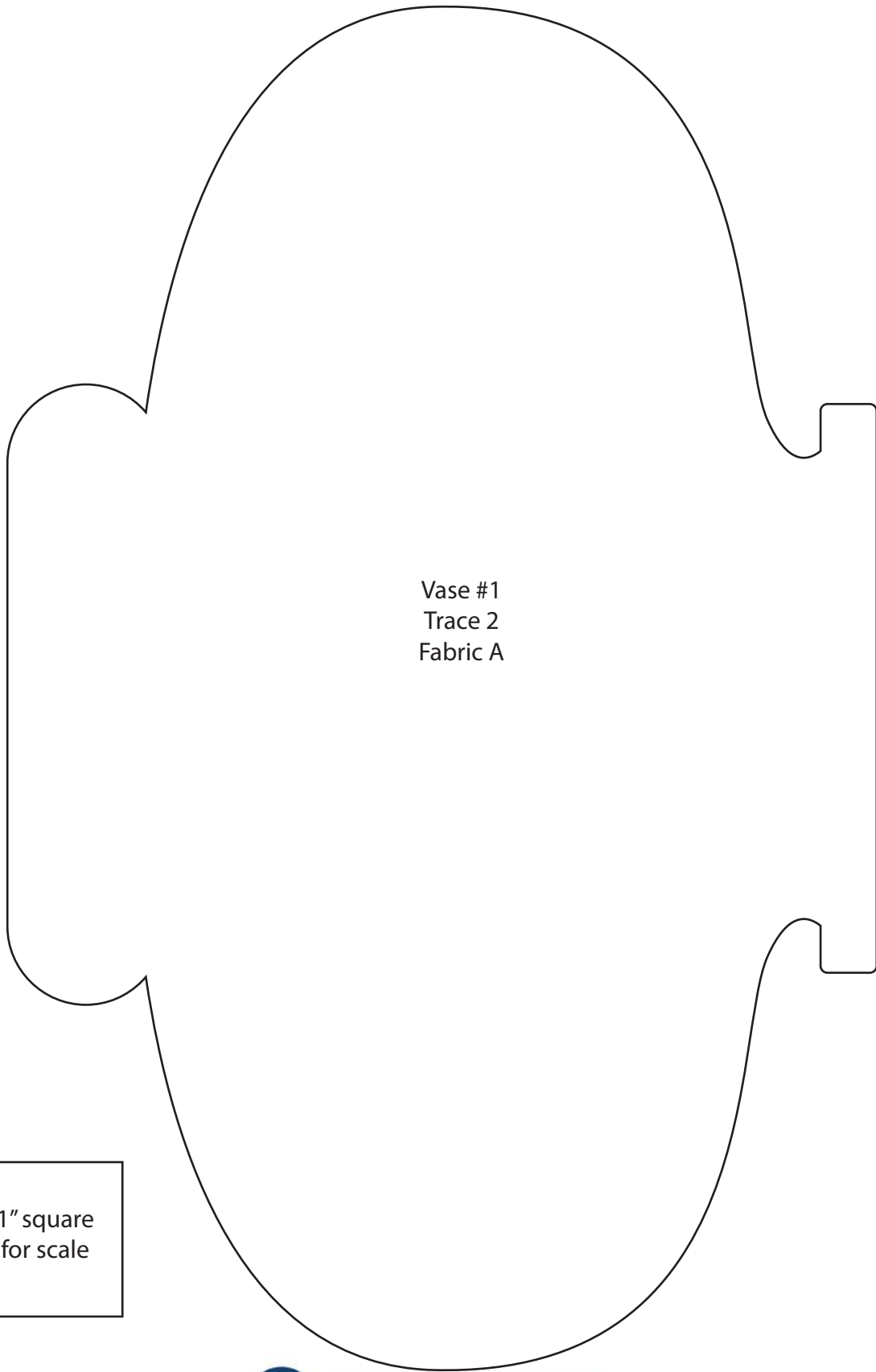


1" square  
for scale



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Vase #1  
Trace 2  
Fabric A

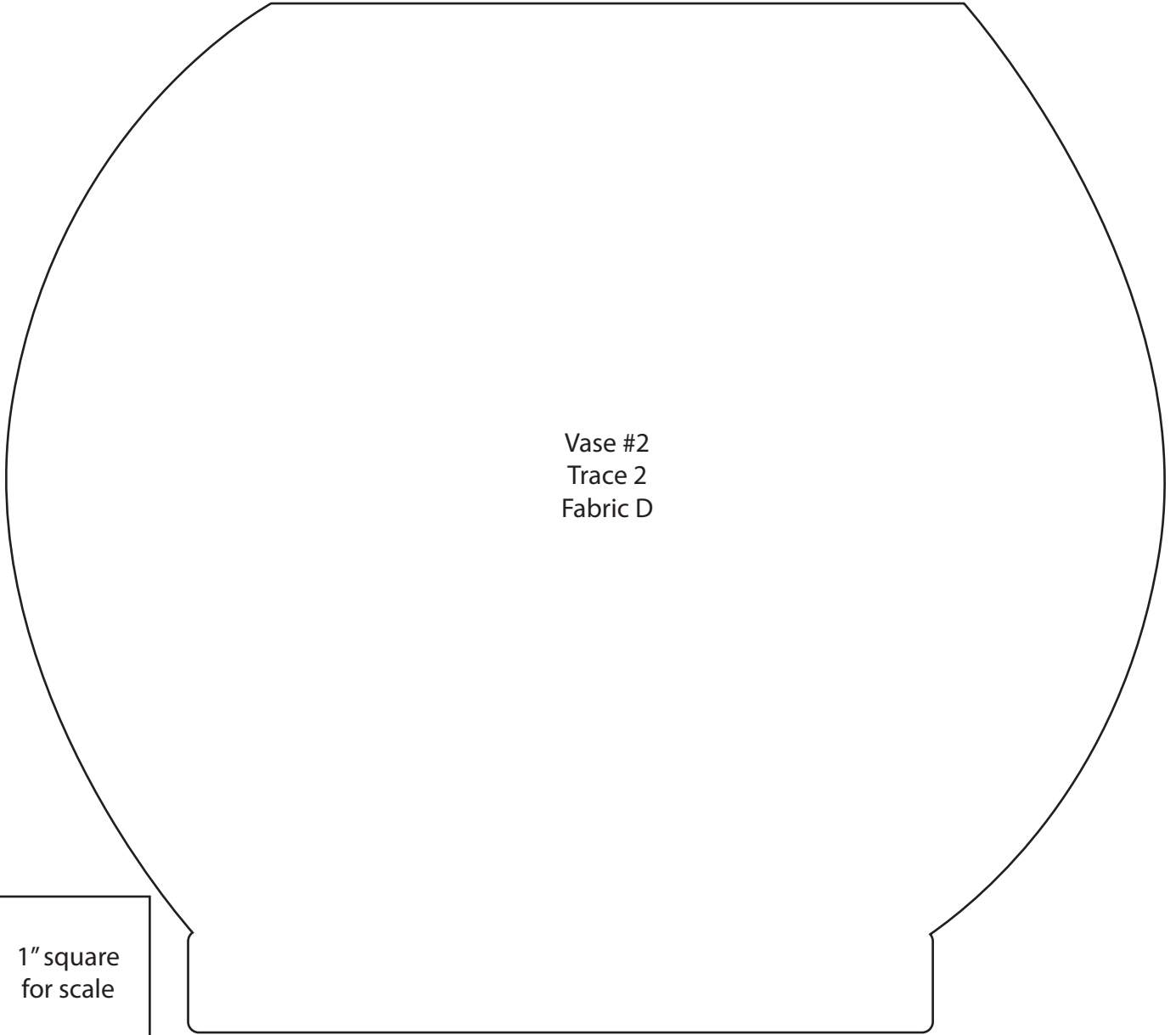


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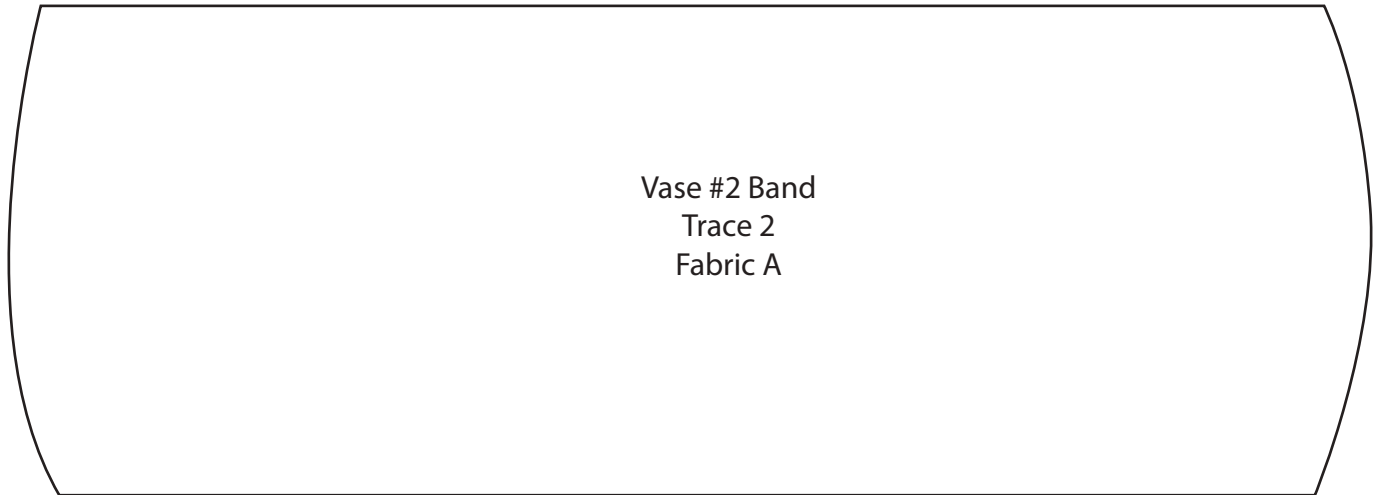
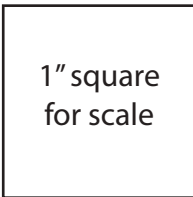
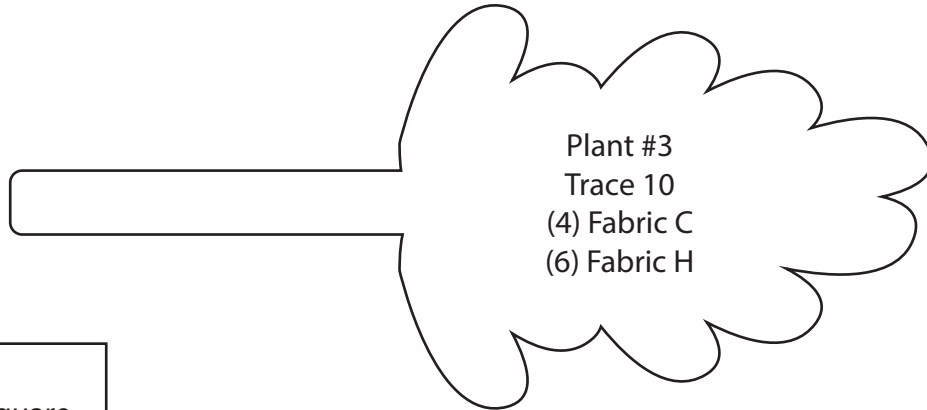


Vase #2  
Trace 2  
Fabric D

1" square  
for scale

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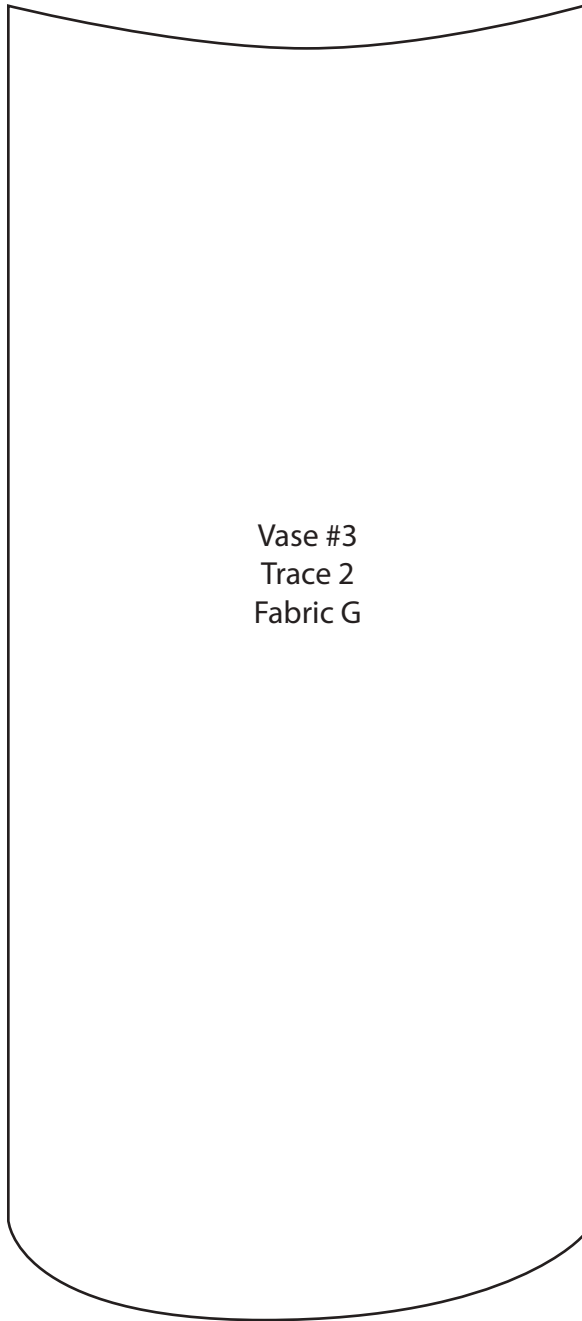


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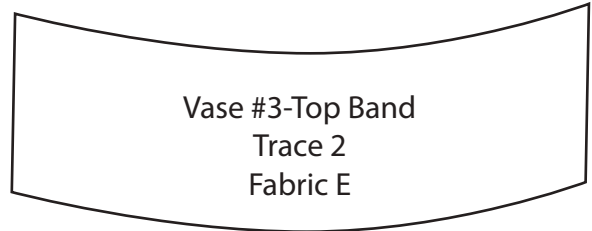
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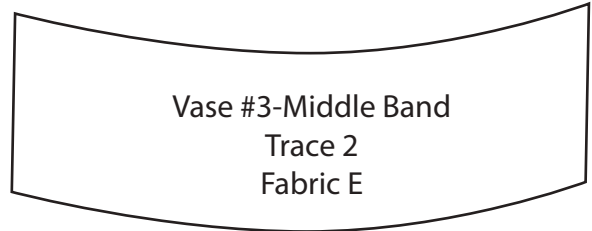
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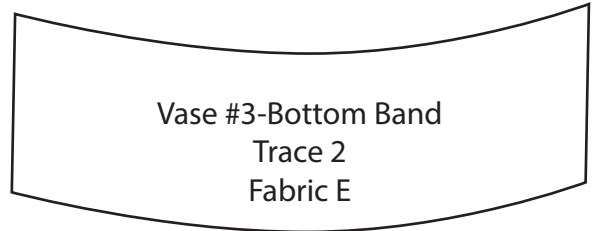
Vase #3  
Trace 2  
Fabric G



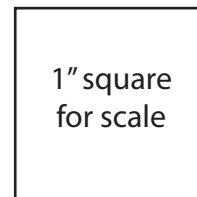
Vase #3-Top Band  
Trace 2  
Fabric E



Vase #3-Middle Band  
Trace 2  
Fabric E



Vase #3-Bottom Band  
Trace 2  
Fabric E



1" square  
for scale

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