

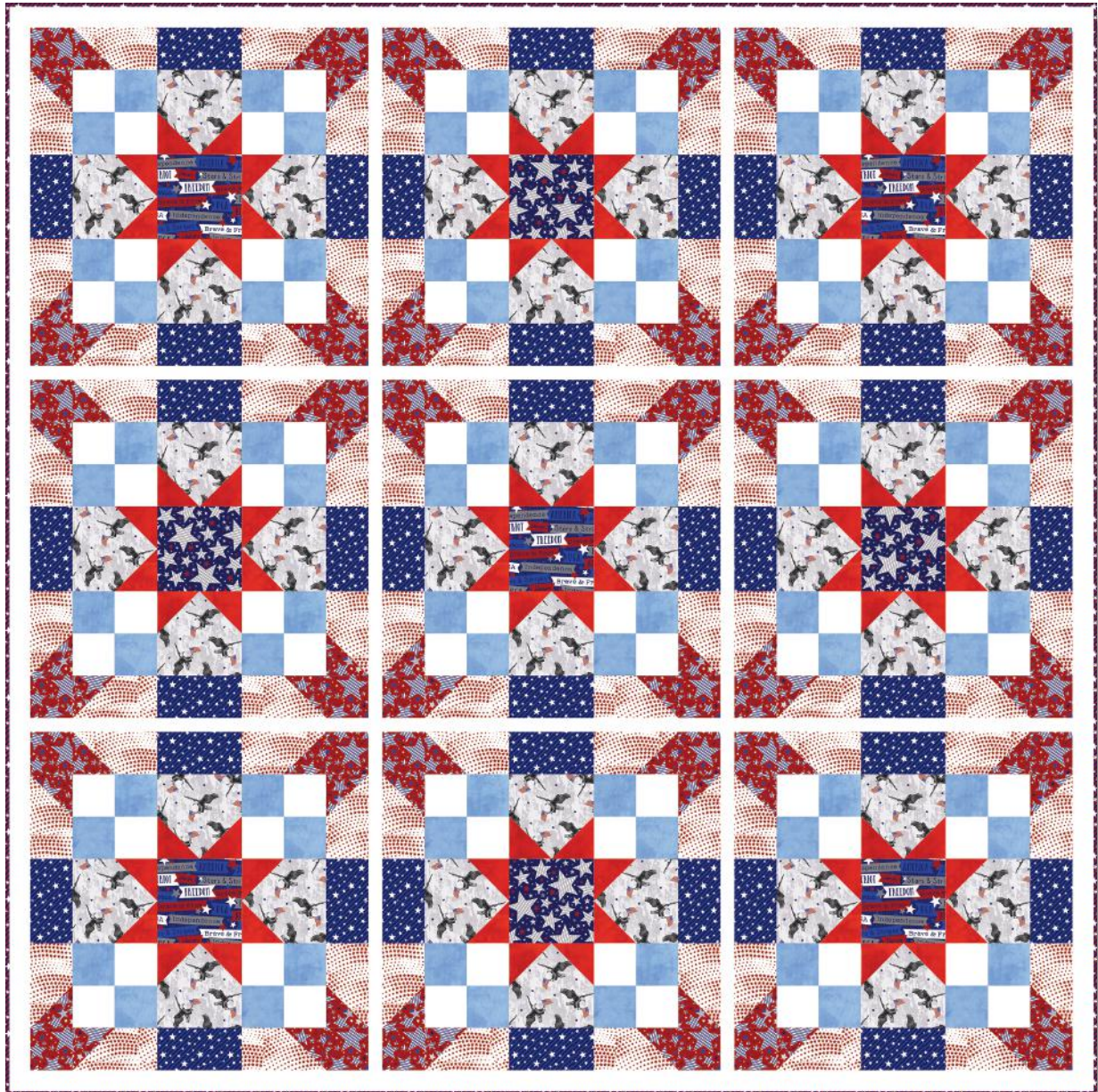
Brave and Free

Featuring the Brave and Free Collection by Whistler Studios

Quilt Design by Heidi Pridemore

Pattern by Heidi Pridemore of The Whimsical Workshop

Quilt Size: 77" x 77"



Please Note: Quilt Image shown is a digital representation, fabric look may vary on your project. Check www.windhamfabrics.com Free Project section online to see if there are any pattern updates before you start your quilt project.



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Estimated Fabric Requirements:

- 1/4 yard – 50119-2 Navy
- 2/3 yard – 37098-16 Cherry
- 1 1/4 yards – 50121-5 Grey
- 2/3 yard – 50122-4 Blue/Navy
- 1 1/4 yards – 50123-1 White
- 1 yard – 50120-3 Red
- 1 1/2 yards – 35370S-1 White
- 2/3 yard – 37098-32 Lt. Blue
- 1/4 yard 50120-2 – Navy
- 2/3 yard 50122-3 Red/Navy
- 4 3/4 yards – 50118-X Multi



50119-2 Navy
(A)



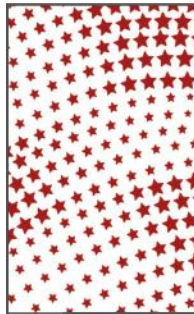
37098-16 Cherry
(B)



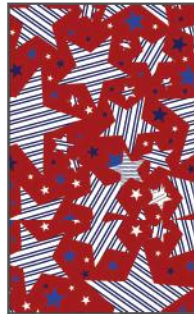
50121-5 Grey
(C)



50122-4 Blue/Navy
(D)



50123-1 White
(E)



50120-3 Red
(F)



35370S-1 White
(G)



37098-32 Lt. Blue
(H)



50120-2 – Navy
(I)



50122-3 Red/Navy
(J)



50118-X Multi
(Backing)



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Cutting Instructions:

Fabric A: Words - Navy

- Cut one 6 ½" x Width of Fabric (WOF) strip. Sub-cut the strip into five 6 ½" squares.

Fabric B: Palette - Cherry

- Cut six 3 ½" x WOF strips. Sub-cut the strips into seventy-two 3 ½" squares.

Fabric C: Eagles - Grey

- Cut six 6 ½" x WOF strips. Sub-cut the strips into thirty-six 6 ½" squares.

Fabric D: Stars & stripes – Blue/Navy

- Cut six 3 ½" x WOF strips. Sub-cut the strips into thirty-six 3 ½" x 6 ½" strips.

Fabric E: Mini Stars - White

- Cut twelve 3 ½" x WOF strips. Sub-cut the strips into seventy-two 3 ½" x 6 ½" strips.

Fabric F: Large Stars - Red

- Cut nine 3 ½" x WOF strips. Sub-cut the strips into (108) 3 ½" squares.

Fabric G: Optic - White

- Cut six 3 ½" x WOF strips.
- Cut four 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut two 2" x 77 ½" strips.
- Cut four 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut two 2" x 74 ½" strips.
- Cut four 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut two 1 ½" x 74 ½" strips.
- Cut six 1 ½" x 24 ½" WOF strips.

Fabric H: Palette – Lt. Blue

- Cut six 3 ½" x WOF strips.

Fabric I: Large Stars - Navy

- Cut one 6 ½" x WOF strip. Sub-cut the strip into four 6 ½" squares.

Fabric J: Stars & Stripes – Red/Navy

- Cut eight 2 ½" x WOF strips for the binding.

Backing: Boxes - White

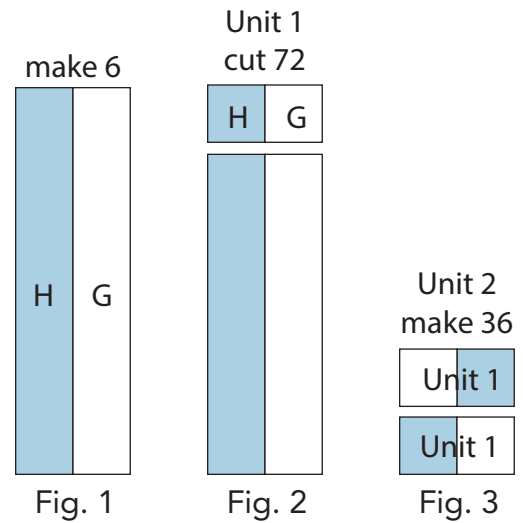
- Cut two 84" x WOF strips. Sew the strips together and trim to 84" x 84" for the pieced back.

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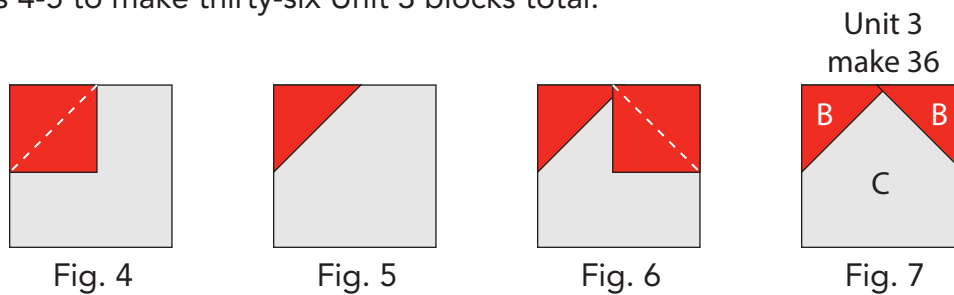
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Block Assembly:

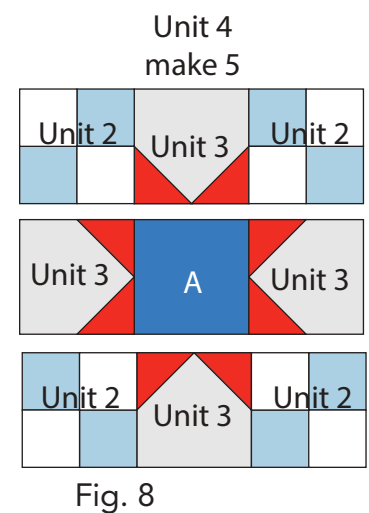
1. Sew one 3 1/2" x WOF Fabric H strip and (1) 3 1/2" x WOF Fabric G strip together lengthwise to make one HG strip set (Fig. 1). Repeat to make six HG strip sets total.
2. Cut the HG strip sets into seventy-two 3 1/2" x 6 1/2" Unit 1 strips (Fig. 2).
3. Sew two Unit 1 strips together to make one Unit 2 block (Fig. 3). Repeat to make thirty-six Unit 2 blocks total.



4. Place one 3 1/2" Fabric B square on the top left corner of one 6 1/2" Fabric C square, right sides together (Fig. 4). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 4). Flip open the triangle formed and press (Fig. 5). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.
5. Follow Figure 6 for the seam direction to add a 3 1/2" Fabric B square to the upper right corner of the 6 1/2" Fabric C square to make one Unit 3 block (Fig. 7).
6. Repeat Steps 4-5 to make thirty-six Unit 3 blocks total.



7. Paying attention to the orientation of the units, sew one Unit 2 block to each side of one Unit 3 block to make the top row. Repeat to make the bottom row. Sew one Unit 3 block to each side of one 6 1/2" Fabric A square. Sew the three rows together to make one Unit 4 block (Fig. 8). Repeat to make five Unit 4 blocks total.



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8. Paying attention to the orientation of the units, sew one Unit 2 block to each side of one Unit 3 block to make the top row. Repeat to make the bottom row. Sew one Unit 3 block to each side of one 6 1/2" Fabric I square. Sew the three rows together to make one Unit 5 block (Fig. 9). Repeat to make four Unit 5 blocks total.

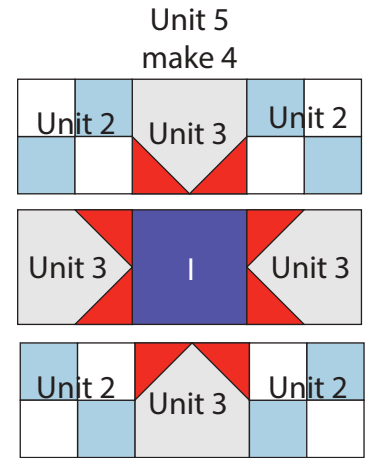


Fig. 9

9. Place one 3 1/2" Fabric F square on the left side of one 3 1/2" x 6 1/2" Fabric E strip, right sides together (Fig. 10). Sew across the diagonal of the square from the upper left corner to the lower right corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make one Unit 6 strip (Fig. 11). Repeat to make thirty-six Unit 6 strips total.



Fig. 10

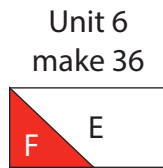


Fig. 11



Fig. 12

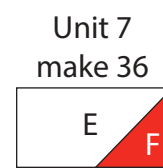


Fig. 13

10. Place one 3 1/2" Fabric F square on the right side of one 3 1/2" x 6 1/2" Fabric E strip, right sides together (Fig. 12). Sew across the diagonal of the square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make one Unit 7 strip (Fig. 13). Repeat to make thirty-six Unit 7 strips total.

11. Sew one Unit 6 strip, one 3 1/2" x 6 1/2" Fabric D strip and one Unit 7 strip together end to end and in that order to make one Unit 8 strip (Fig. 14). Repeat to make eighteen Unit 8 strips. Pay attention to the orientation of the strips.

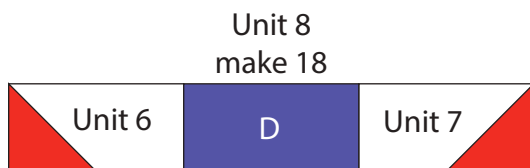


Fig. 14

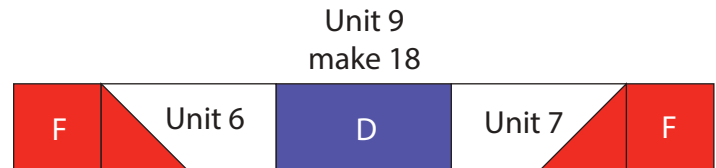


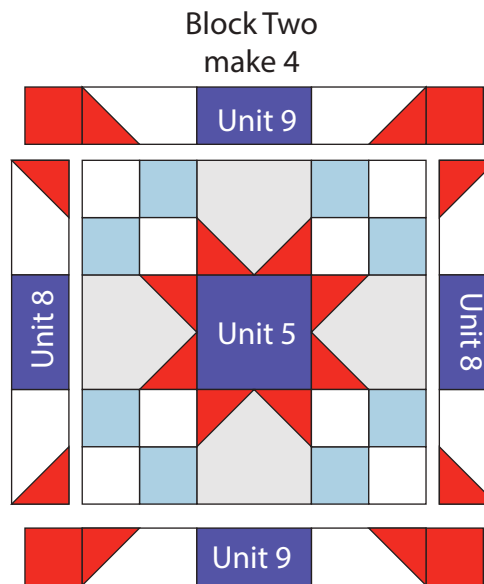
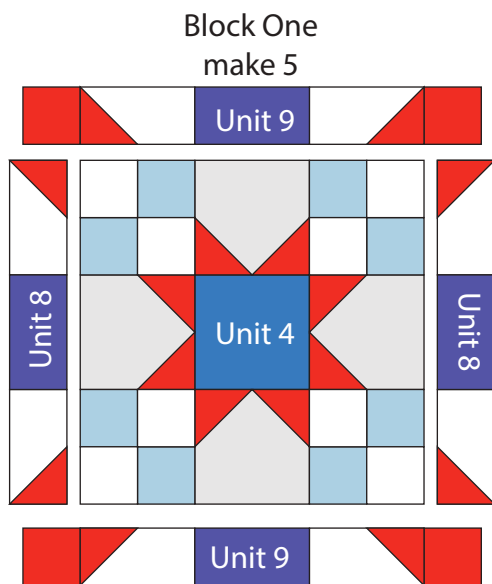
Fig. 15

12. Sew one Unit 6 strip, one 3 1/2" x 6 1/2" Fabric D strip and one Unit 7 strip together end to end and in that order. Sew one 3 1/2" Fabric F square to each end of the sewn strip to make one Unit 9 strip (Fig. 15). Repeat to make eighteen Unit 9 strips. Pay attention to the orientation of the strips.

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13. Sew one Unit 8 strip to each side of one Unit 4 block. Sew one Unit 9 strip to the top and to the bottom of the Unit 4 block to make one Block One square (Fig. 16). Repeat to make five Block One squares total.
14. Sew one Unit 8 strip to each side of one Unit 5 block. Sew one Unit 9 strip to the top and to the bottom of the Unit 5 block to make one Block Two square (Fig. 17). Repeat to make four Block Two squares total.



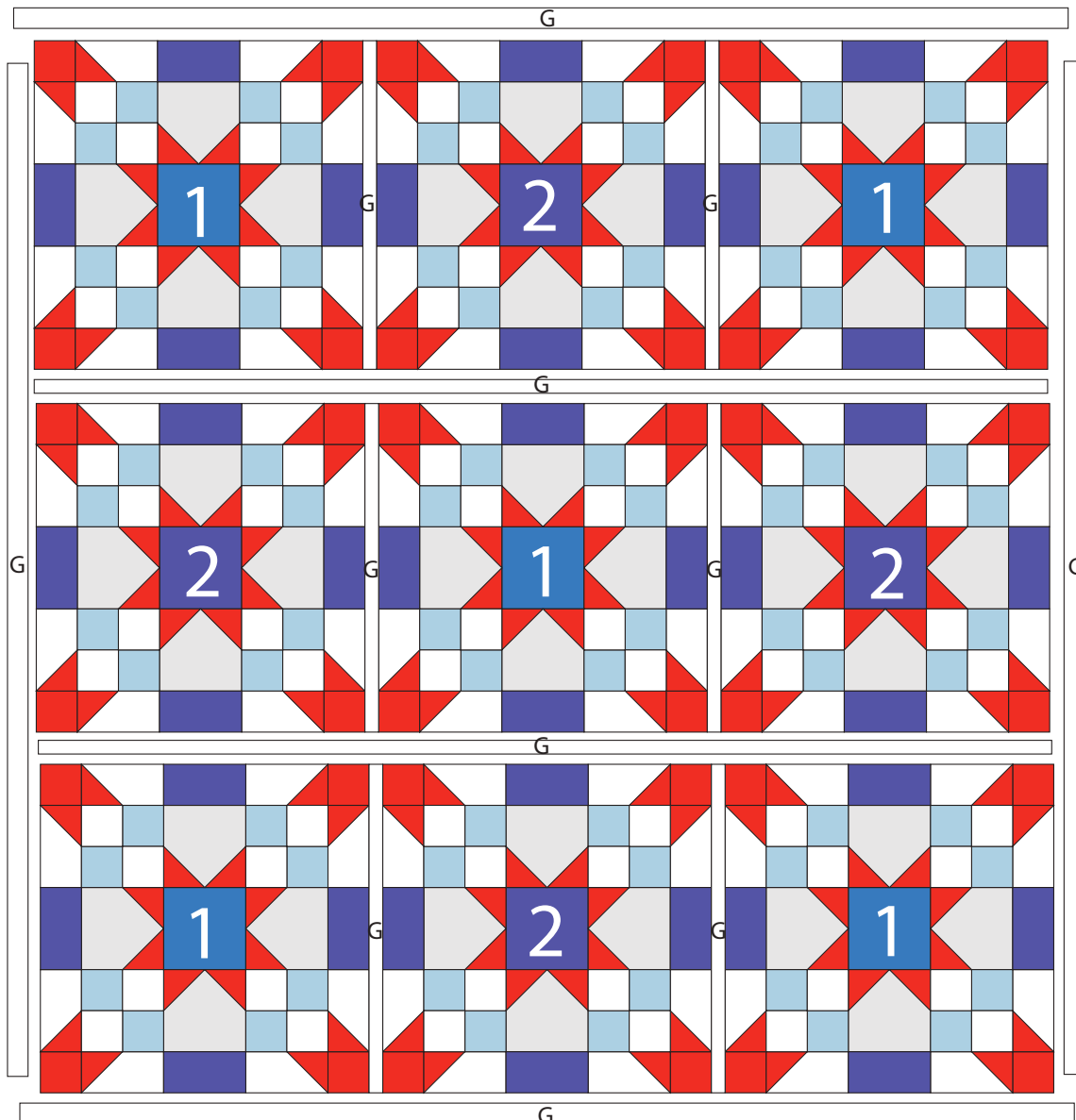
Quilt Top Assembly – Refer to the Quilt Layout while assembling the quilt top:

15. Sew one Block One square, one $1\frac{1}{2}'' \times 24\frac{1}{2}''$ Fabric G strip, one Block Two square, one $1\frac{1}{2}'' \times 24\frac{1}{2}''$ Fabric G strip and one Block One square together in that order to make Row One. Repeat to make Row Three.
16. Sew one Block Two square, one $1\frac{1}{2}'' \times 24\frac{1}{2}''$ Fabric G strip, one Block One square, one $1\frac{1}{2}'' \times 24\frac{1}{2}''$ Fabric G strip and one Block Two square together in that order to make Row Two.
17. Sew the three rows, in numerical order, and two $1\frac{1}{2}'' \times 74\frac{1}{2}''$ Fabric G strips together lengthwise and alternating them to make the Center Block.
18. Sew one $2'' \times 74\frac{1}{2}''$ Fabric G strip to each side of the Center Block. Sew one $2'' \times 77\frac{1}{2}''$ Fabric G strip to the top and to the bottom of the Center Block to make the quilt top.

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19. Layer and quilt as desired.
20. Sew the eight 2 1/2" x WOF Fabric J strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half, lengthwise with wrong sides together, and press.
21. Bind as desired.



Quilt Layout

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